



INSPIRED
SENIOR LIVING

June 2025

Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Nails by Angie "The Candy Shop"- Manicures and Pedicures available (\$45)- Sign up at reception (CRM) 10:00 Morning Excercise (GAR) 2:00 Musical Performance by Leading Tone Education Society (FL) 3:30 Coloring (GAR) 1	10:00 Seniors Yoga Session- Video (GAR) 11:00 Seniors Drama- Skit Reading (GAR) 2:00 Crafting for Seniors- Decoupage Floral Vases (GAR) 3:30 1 on 1 visits (RES) 6:45 Evening Movie (GAR) 2	10:00 Morning Excercise (GAR) 11:00 Penny Ante Game (GAR) 2:00 Giant Connect 4 (GAR) 3:30 Random Trivia and Facts (GAR) 6:30 Evening Manicures (GAR) 6:45 Evening Movie (GAR) 3	10:00 Morning Excercise (GAR) 11:00 Morning Word Games (GAR) 2:00 Bingo (GAR) 4:00 What Would You Do? A Discussion Group (GAR) 6:45 Evening Movie (GAR) 4	10:00 Morning Excercise (GAR) 11:00 Giant Crosswords (GAR) 1:30 Richmond Singers Ensemble (DR) 3:00 Getting to "gnome you" game (GAR) 4:00 Lemonade Social (CTY) 6:45 Evening Movie (GAR) 5	10:00 Music Therapy Session 1 with Lorri (GAR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 2:00 Live music by the Music Variations (FL) 3:30 Friday afternoon Farkle (GAR) 6:45 Evening Movie (GAR) 6	10:00 Morning Word Games (GAR) 11:00 Balloon Badminton (GAR) 1:30 Performance by Childlike Faith Academy Theatre and Dance School (FL) 6:45 Evening Movie (GAR) 7
World Ocean Day 10:00 Armchair Yoga (Virtual) (GAR) 11:00 Catholic Communion- Virtual (GAR) 2:00 Sunday Funday Bingo! (GAR) 3:30 Ocean Facts, Trivia & Discussions (GAR) 6:45 Evening Movie (GAR) 8	10:00 Rise & Shine Exercises (GAR) 11:00 Fit Minds- Animal Quiz (GAR) 2:00 Virtual New Game- Obie (GAR) 3:30 Helping Hands (GAR) 6:45 Evening Movie (GAR) 9	10:00 Bowling Fun! (GAR) 11:00 Drama Club- Skit Readings (GAR) 2:00 Gardenside Resident Council Meeting (GDR) 3:00 Armchair Travel: Under the Sea (GAR) 6:30 Evening Manicures (GAR) 6:45 Evening Movie (GAR) 10	10:00 Morning Excercise (GAR) 11:00 Morning Word Games (GAR) 2:00 Bingo (GAR) 4:00 Cold drink social and random trivia in the garden (CTY) 6:45 Evening Movie (GAR) 11	10:00 Let's Play Petanque! (GAR) 11:00 All About Orchids (GAR) 2:00 Balloon Games (GAR) 3:30 Java Music Club (GAR) 6:45 Evening Movie (GAR) 12	10:00 Music Therapy Session 1 with Lorri (GAR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 2:00 Scenic Drive (Outi) 6:45 Evening Movie (GAR) 13	10:00 Morning Word Games (GAR) 11:00 Bowling Fun! (GAR) 3:00 Artfull Painting Class (GAR) 4:00 One to One In Room Visits (AA) 6:45 Evening Movie (GAR) 14
10:00 Rise & Shine Exercises (GAR) 11:00 Catholic Communion- Virtual (GAR) 12:00 Father's Day BBQ in the Courtyard - Burgers and Beer - Sign up with reception (CTY) 2:00 Sunday Funday Bingo! (GAR) 3:30 Doughnuts, Dads & Fun Discussions/Memories (GAR) 6:45 Evening Movie (GAR) 15	10:00 Armchair Yoga (Virtual) (GAR) 11:00 Fit Minds- Word In A Word Game (GAR) 2:00 What's the Buzz About Bees & Honey Tasting? (GAR) 3:30 Afternoon Trivia (GAR) 4:00 1 on 1 visits (RES) 6:45 Evening Movie (GAR) 16	10:00 Rise & Shine Exercises (GAR) 11:00 Virtual New Game- Obie (GAR) 2:00 Monthly Birthday Party with Live Music by Arbutus Holiday (GDR) 3:30 Afternoon Manicures (GAR) 6:45 Evening Movie (GAR) 17	10:00 Morning Excercise (GAR) 11:00 Morning Word Games (GAR) 2:00 Bingo (GAR) 6:45 Evening Movie (GAR) 7:00 Megan's Pub Night! (DR) 18	10:00 Morning Excercise (GAR) 11:00 Giant Crosswords (GAR) 2:00 Let's create sunflowers! Group Art Project (GDR) 3:30 Ice Cream social (GAR) 6:45 Evening Movie (GAR) 19	10:00 Music Therapy Session 1 with Lorri (GAR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 4:00 Friday afternoon Farkle (GAR) 6:45 Evening Movie (GAR) 20	10:00 Morning Excercise (GAR) 6:45 Evening Movie (GAR) 21
10:00 Armchair Yoga (Virtual) (GAR) 11:00 Catholic Communion- Virtual (GAR) 2:00 Sunday Funday Bingo! (GAR) 3:30 Helping Hands (GAR) 6:45 Evening Movie (GAR) 22	10:00 Rise & Shine Exercises (GAR) 11:00 Fit Minds- True or False (GAR) 2:00 Living Loving Local- Strawberries (GAR) 3:30 Strawberry Ice Cream In The Gardens (GSG) 6:45 Evening Movie (GAR) 23	10:00 Rise and Shine Exercises (GAR) 11:00 Morning Sing-along With Instruments (GAR) 2:00 Roll - O - Trump (GAR) 3:30 Afternoon Manicures (GAR) 6:45 Evening Movie (GAR) 24	10:00 Morning Excercise (GAR) 11:00 Morning Word Games (GAR) 2:00 Bingo (GAR) 4:00 Cool Drink Social (GAR) 6:45 Evening Movie (GAR) 25	10:30 Morning Excercise (GAR) 11:15 Farkle (GAR) 2:00 Afternoon Art Project (GDR) 3:30 Afternoon Trivia (GAR) 6:45 Evening Movie (GAR) 26	10:00 Music Therapy Session 1 with Lorri (GAR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 2:00 Scenic Drive (Outi) 6:45 Evening Movie (GAR) 27	10:00 Morning Word Games (GAR) 11:00 Balloon Games (GAR) 2:00 Popsicles and trivia in the Garden (CTY) 3:30 Therapeutic Colouring (GAR) 6:45 Evening Movie (GAR) 28
10:00 Morning Excercise (GAR) 11:00 Catholic Communion- Virtual (GAR) 6:45 Evening Movie (GAR) 29	10:00 Armchair Yoga (Virtual) (GAR) 11:00 Childhood Games Reminiscing (GAR) 2:00 Table Top Games (GAR) 3:30 Conversations & Visits in The Gardens (GSG) 6:45 Evening Movie (GAR) 30	 Senior's Month	 SUNDAY JUNE 15 Father's Day	 FRIDAY JUNE 13 Men's Health (Wear Blue Day)		Locations Legend Gardenside Lounge (GAR) Carnation Room (CRM) Courtyard (CTY) Gardenside Dining Room (GDR) Fireside Lounge (FL) Residents Room (RES) Dogwood Room (DR) Outing (Outi) Gardenside Backyard (GSG) All Around (AA)