



INSPIRED
SENIOR LIVING

June 2025

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sit & Stretch (MR) 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- June Again (2020) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- June Again (2020) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Short Term 12 (2013) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Short Term 12 (2013) (MT)	10:00 Sit and Stretch (MR) 10:45 Strength and Balance Class (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Snowden: An Enemy of the State? (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- The Lady Eve (1941) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 6:00 KARAOKE with Harlan (MT) 7:00 Movie Night- The Lady Eve (1941) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:00 Residents' Food Meeting (MT) 11:30 Morning Sing Along (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- Radio Days (1987) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Radio Days (1987) (MT)	10:00 Yoga with Karusia (MR) 11:00 Book Club's Distiributiton Meeting (MT) 11:00 No Appointment shuttle services available on this day, back to regular schedule from the following week. (SU) 11:15 Morning Sing Along (MT) 12:30 Documentary- How to Become a Tyrant (Ep. 2) (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Dark Victory (1939) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- Dark Victory (1939) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- The Long Walk Home (1990) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 5:00 Hazelton Disco (MR) 7:00 Movie Night- The Long Walk Home (1990) (MT)	10:00 Sit & Stretch (MR) 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- How To Marry A Millionaire (1953) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- How To Marry A Millionaire (1953) (MT)
10:00 Sit & Stretch (MR) 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Little Foxes (1941) (MT) 3:00 Brain Games and Charades (MR) 3:00 Summer Concert with young talents! (LL) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Little Foxes (1941) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- HER (2013) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE)	10:00 Sit and Stretch (MR) 10:45 Strength and Balance Class (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Snowden: An Enemy of the State? (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Another Year (2010) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 6:00 KARAOKE with Harlan (MT) 7:00 Movie Night- Another Year (2010) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:00 Observing the Grazing Goats at the Brick Works. (Out) 11:30 Morning Sing Along (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- Lost In Translation (2003) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Lost In Translation (2003) (MT)	10:00 Yoga with Karusia (MR) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:15 Morning Sing Along (MT) 12:30 Documentary- How to Become a Tyrant (Ep. 2) (MT) 2:00 MOMA - Art Session (AS) 2:00 Meet me at the MOMA: Anges Martin. (MT) 2:30 Movie Matinee- Spencer (2021) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- Spencer (2021) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- Arrival (2016) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 5:00 Hazelton Disco (MR) 7:00 Movie Night- Arrival (2016) (MT)	10:00 Sit & Stretch (MR) 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Mr. Mom (1983) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Mr. Mom (1983) (MT)
10:00 Sit & Stretch (MR) 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- To Olivia (2021) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 3:00 Fathers' Day Celebration with Jordan Klampan (LL) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- To Olivia (2021) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- The Constant Gardener (2005) (MT) 3:00 Tea Time (LL) 3:00 Ideas Exchange - Book publishing (Zoe Johnston) (MT) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- The Constant Gardener (2005) (MT)	10:00 Sit and Stretch (MR) 10:45 Strength and Balance Class (MR) 11:00 Resident General Meeting (MT) 11:30 Guided Meditation with Abtin. (MT) 1:30 Snowden: An Enemy of the State? (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Mr. Turner (2014) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 6:00 KARAOKE with Harlan (MT) 7:00 Movie Night- Mr. Turner (2014) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:00 Outing to the Toronto Islands. (Out) 11:30 Morning Sing Along (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- The Judge (2014) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- The Judge (2014) (MT)	10:00 Yoga with Karusia (MR) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:15 Morning Sing Along (MT) 12:30 Documentary- How to Become a Tyrant (Ep. 2) (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Moon (2009) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- Moon (2009) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 12:00 Annual Hazelton BBQ Party (P) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- Fences (2016) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 5:00 Hazelton Disco (MR) 7:00 Movie Night- Fences (2016) (MT)	10:00 Sit & Stretch (MR) 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- The Happy Prince (2018) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- The Happy Prince (2018) (MT)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sit & Stretch (MR) 22 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Waitress : The Musical (2023) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Waitress : The Musical (2023) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 23 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Blinded By Light (2019) (MT) 3:00 Tea Time (LL) 3:00 June Birthday Party with Patricia Duffy (2LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Blinded By Light (2019) (MT)	10:00 Sit and Stretch (MR) 24 10:45 Strength and Balance Class (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Snowden: An Enemy of the State? (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:00 Living, Loving, Local: Strawberries. (MT) 2:30 Movie Matinee- Edge Of Tomorrow (2014) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 6:00 KARAOKE with Harlan (MT)	9:30 Sit and Stretch with Kaushal. (MR) 25 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:00 Resident Book Club Meeting. (MT) 11:00 Book Club Discussion (MT) 11:00 Outing to the Toronto Bluffs Park. (Out) 11:30 Morning Sing Along (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- Mulholland Drive (2001) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Mulholland Drive (2001) (MT)	10:00 Yoga with Karusia (MR) 26 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:00 Residents Council Meeting (MT) 11:15 Morning Sing Along (MT) 12:30 Documentary- How to Become a Tyrant (Ep. 2) (MT) 2:00 MOMA - Art Session (AS) 2:00 Meet me at the MOMA: Georg Baselitz. (MT) 2:30 Movie Matinee- The Rest of Us (2019) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- The Rest of Us (2019) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 27 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- Prisoners (2013) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 5:00 Hazelton Disco (MR) 7:00 Movie Night- Prisoners (2013) (MT)	10:00 Sit & Stretch (MR) 28 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Begin Again (2013) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Begin Again (2013) (MT)
10:00 Sit & Stretch (MR) 29 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- South Mountain (2019) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- South Mountain (2019) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 30 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- The Sapphires (2012) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night - The Sapphires (2012) (MT)		Senior's Month		FRIDAY JUNE 13 Men's Health (Wear Blue Day)	

SUNDAY
JUN 16

Father's Day

Be Heard

Locations Legend

- Movie Theatre (MT)

Meeting Room (MR)

Lower Lobby (LL)

111 Art Studio (AS)

Meet at Front Desk (MEE)

Games Room (GAM)

Sign-up (SU)
- Bedford Bridge Lounge (BR)

Suites (SUI)

Annex Bar (AB)

Outside (Out)

Patio (P)

Lower Lobby and 2nd (2LL)

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program