



INSPIRED
SENIOR LIVING

June 2025

Assisted Living

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:30 Seated Ballet with Harlan (MT) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 KARAOKE with Harlan (MT)	10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Residents' Food Meeting (MT) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Book Club's Distiributiton Meeting (MT) 11:00 No Appointment shuttle services available on this day, back to regular schedule from the following week. (SU) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 5:00 Hazelton Disco (MR) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 Summer Concert with young talents! (LL) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Movie Night- HER (2013) (2ND)	10:00 Story Telling (2ND) 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:30 Seated Ballet with Harlan (MT) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 KARAOKE with Harlan (MT)	10:00 Individual Visits (2ND) 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Observing the Grazing Goats at the Brick Works. (Out) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:00 Meet me at the MOMA: Anges Martin. (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR) 7:00 Bingo with Abtin (AS)	10:00 Individual Visits (SUI) 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 5:00 Hazelton Disco (MR) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
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15	16	17	18	19	20	21



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10:45 Hand Massage (2ND) 22 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 23 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 3:00 June Birthday Party with Patricia Duffy (2LL) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Story Telling (2ND) 24 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:00 Living, Loving, Local: Strawberries. (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:30 Seated Ballet with Harlan (MT) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 KARAOKE with Harlan (MT) 7:00 Movie Night- Edge Of Tomorrow (2014) (2ND)	10:00 Individual Visits (2ND) 25 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Book Club Discussion (MT) 11:00 Outing to the Toronto Bluffs Park. (Out) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 26 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:00 Residents Council Meeting (MT) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:00 Meet me at the MOMA: Georg Baselitz. (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (RR)	10:00 Individual Visits (SUI) 27 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 5:00 Hazelton Disco (MR) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:45 Hand Massage (2ND) 28 11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
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Locations Legend	
2nd Floor (2ND)	Meeting Room (MR)
Movie Theatre (MT)	Annex Bar (AB)
111 Art Studio (AS)	Lower Lobby (LL)
Sign-up (SU)	Outside (Out)
Bedford Bridge Lounge (BR)	Patio (P)
Suites (SUI)	Lower Lobby and 2nd (2LL)

Calendar Legend
Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program