



INSPIRED
SENIOR LIVING

June 2025

Independent & Assisted Living

Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 Non-Denominational Church Service (T) 1 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Catholic Church Service with Deacon David (T) 3:00 Grandchildren Movie Matinee With Popcorn *RSVP* (T) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 2 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)	National Donut Day! (PB) 3 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise (3FL) 11:00 Chair Yoga (CK) 11:00 Walmart Shopping *Shuttle Service* (RSVP) 1:00 Pass The Ace (PB) 2:00 Artful Enrichment Program Live Workshop: Shaded Flower Patch *RSVP* (T) 3:15 Tim Horton's Cocktail Hour Featuring Donuts! (PB) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 4 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Entertainment With Marcus On The Patio! (P) 3:15 Horse Races! 50 Cents A Bet! (CK) 4:30 Chef's Private Dinner *RSVP* (PDR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Casual Thursday! (AF) 5 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise (3FL) 11:00 Falls Prevention Education with CareRX Pharmacy (T) 2:00 Summer Patio Party With Davis! (P) 7:00 Resident Movie Pick (T)	BBQ Lunch Friday! (DR) 6 10:00 Group 1 -Morning Spa For The Ladies! *Hair & Nails Done By Holy Trinity Students* RSVP (CK) 11:30 Group 2 -Morning Spa For The Ladies! *Hair & Nails Done By Holy Trinity Students* RSVP (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Guest Speaker Tajie: What's Going On With The Economy? (T) 3:00 Cocktail Hour Featuring Strawberry Daiquiri's (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages 7 Available in Mailroom (ML) 10:00 Summer Scavenger Hunt Saturdays! *Pick Up Your Sheets At Reception* (ML) 2:00 Loonie Bingo With Russ! (CK) 3:00 Resident Run Patio Games (PLP) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 8 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Watermelon & Ladder Toss With Sonia! (PLP) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 9 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 10 10:00 Assisted Living Exercise (3FL) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:45 Price Is Right *Everything Summer* (CK) 3:00 Jeopardy Competition With Carp Commons!!! Our Sister Property! (T) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	*Special Living,Loving,Local Dinner Tonight! * (DR) 11 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Summer Nail Polish Change *RSVP* (P) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Ladies Breakfast Today! (DR) 12 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise (3FL) 11:00 Drum Fit Exercise Class (CK) 11:45 Sabella's Italian Lunch Outing *RSVP* (RSVP) 2:15 Live Entertainment! with Judy McCoubrey (CK) 3:15 Bocce Game! *Parking Lot Patio* (PLP) 6:45 Summer Campfire S'mores & Sing A Long With Sonia (P) 7:00 Resident Movie Pick (T)	Wear Blue In Support Of Men's Health Day! (AF) 13 BBQ Lunch Friday! (DR) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Grade 8 Choir Performance! *Fieldcrest Elementary School* (PLP) 3:00 Blue Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages 14 Available in Mailroom (ML) 10:00 Summer Scavenger Hunt Saturdays! *Pick Up Your Sheets At Reception* (ML) 2:00 Loonie Bingo With Russ! (CK) 3:00 Resident Run Patio Games (PLP) 7:00 Resident Movie Pick (T)
Happy Father's Day! (ML) 15 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 11:00 Father's Day Brunch! R.S.V.P At Reception For Guests! (DR) 1:00 Fit Minds Stay Sharp (CK) 2:15 Entertainment With Love Sound (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 16 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 6:45 Summer Campfire S'mores & Sing A Long With Elise (P) 7:00 Resident Movie Pick (T)	Eraida's Seamstress Services *Alvaro's Mom* (ML) 17 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise (3FL) 11:00 Chair Yoga (CK) 11:00 Rosary With Father John (T) 1:00 Pass The Ace (PB) 2:00 Strawberry High Tea In The Garden *RSVP* (P) 3:15 Culinary Meeting With Jeremy (T) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	Vendor: Maria's Jewlery (ML) 18 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:30 Summer Nail Polish Change *RSVP* (P) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 19 10:00 Assisted Living Exercise (3FL) 11:00 Drum Fit Exercise Class (CK) 11:00 Georgian Downs Casino Outing *RSVP* (RSVP) 1:30 Artful Enrichment Program: Summer Garden Pot Painting *RSVP* (CK) 3:00 Personalized Pizza Making *RSVP* (CK) 4:30 Personalized Pizza Night Party For Those Who Made A Pizza! (CK) 7:00 Resident Movie Pick (T)	1st Day Of Summer! *Wear Your Bright Colours* (ML) 20 BBQ Lunch Friday! (DR) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 11:30 Boston Pizza Lunch Outing & Entertainment *RSVP* (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:00 Full Building Evacuation & Ice Cream Truck Visit (PLP) 3:00 Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages 21 Available in Mailroom (ML) 10:00 Summer Scavenger Hunt Saturdays! *Pick Up Your Sheets At Reception* (ML) 2:00 Loonie Bingo With Russ! (CK) 3:00 Resident Run Patio Games (PLP) 7:00 Resident Movie Pick (T)



INSPIRED
SENIOR LIVING

June 2025

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Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 Non-Denominational Church Service (T) 22 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Ladder Toss Competiton With Sonia! (PLP) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	National Pink Day! Wear Your Pink Shirts! (AF) 23 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)	Vendor: Mary Kay (ML) 24 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise (3FL) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 2:15 June Resident & Staff Birthday Celebration With Entertainment By Zack On The Patio (CK) 3:15 Summer Nail Polish Change *RSVP* (P) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 25 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Resident Forum With All Department Managers (CK) 4:00 Book Club With Shelley (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 6:45 Campfire Night With Smores & Campfire Songs *RSVP* (P) 7:00 Resident Movie Pick (T)	National Bingo Day! (AF) 26 Men's Breakfast Today! (DR) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise (3FL) 11:00 Drum Fit Exercise Class (CK) 11:00 BINGO IN SUTTON! (RSVP) 1:30 Artful Enrichment Program: Summer Pot Planting (CK) 3:15 Bocce Game! *Parking Lot Patio* (PLP) 7:00 Resident Movie Pick (T)	Mobile Eye Exam Clinic *Make Appointments At Reception* (S) 27 Mobile Hearing Clinic With Martin 1:30pm *Make Appointments At Reception* (S) BBQ Lunch Friday! (DR) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Staff & Resident Craft Afternoon: Citrus Tea Towels *RSVP* (CK) 3:00 Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 28 10:00 Summer Scavenger Hunt Saturdays! *Pick Up Your Sheets At Reception* (ML) 2:00 Loonie Bingo With Russ! (CK) 3:00 Resident Run Patio Games (PLP) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 29 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Ladder Toss Competiton With Sonia! (PLP) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Casual Monday! (AF) 30 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:00 Guest Speaker: Lianne Harris-The 1700's (T) 6:45 Campfire Night With Smores & Campfire Songs *RSVP* (P) 7:00 Resident Movie Pick (T)	 June		SUNDAY JUNE 15  Father's Day		



Locations Legend	
Theater (T)	Dining Room (DR)
Country Kitchen (CK)	Games Room (GR)
Main Lobby (ML)	Outing (RSVP)
3rd Floor Lounge (3FL)	All Floors (AF)
Pub/Bistro (PB)	Spa (S)
Parking Lot Patio (PLP)	Private Dining Room (PDR)
Patio (P)	

Calendar Legend
Outing
Special Program
Vendor
Holidays
New Program
Sign up Required
Theme Day
Cruise Week
Living, Loving, Local
Signature Program
Active Week