



INSPIRED
SENIOR LIVING

June 2025

Memory Care Households

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:30 Go For Life Walking Club (2FH) 3:00 Afternoon Movie Matinee With Popcorn (2MP) 6:30 Card Game Night (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 2 10:30 BINGO! (2K) 11:00 Manicure Monday! (2LR) 1:00 Summer Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	10:00 Music and Movement (2MP) 3 10:30 Nature Bingo! (2MP) 1:30 Crafters Corner! (2MP) 2:30 Spring Tea Party! (2K) 3:30 Summer Nail Polish Change On The Patio! (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	10:00 Morning Yoga and Stretch Exercise (2MP) 4 10:30 Number Bingo! (2K) 1:30 Entertainment With Marcus On The Patio! (2FP) 2:30 Fresh Fruit & Fit Minds! (2K) 3:30 Sing A Long Afternoon (2K) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 5 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 2:30 Tea & Treats! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	10:00 Drum Fit Exercise Class (2DR) 6 10:30 School Days Bingo! (2K) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	10:00 Virtual Sing A Long (2LR) 7 11:00 GO 4 Life Walking Club (ML) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
10:00 Virtual Church Service (2LR) 8 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 3:00 Afternoon Movie Matinee With Popcorn (2MP) 6:30 Card Game Night (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 9 10:30 BINGO! (2K) 11:00 Manicure Monday! (2LR) 1:00 Summer Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	10:00 Music and Movement (2MP) 10 10:30 Nature Bingo! (2MP) 1:30 Crafters Corner! (2MP) 2:30 Spring Tea Party! (2K) 3:30 Summer Nail Polish Change On The Patio! (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	10:00 Morning Yoga and Stretch Exercise (2MP) 11 10:30 Number Bingo! (2K) 1:30 Science Fun With Friends! (2K) 2:30 Fresh Fruit & Fit Minds! (2K) 3:30 Sing A Long Afternoon (2K) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 12 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Live Entertainment! with Judy McCoubrey (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	10:00 Drum Fit Exercise Class (2DR) 13 10:30 School Days Bingo! (2K) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	10:00 Virtual Sing A Long (2LR) 14 11:00 GO 4 Life Walking Club (ML) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
Happy Father's Day! (AF) 15 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:30 Entertainment With Love Sound (2K) 3:00 Afternoon Movie Matinee With Popcorn (2MP) 6:30 Card Game Night (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 16 10:30 BINGO! (2K) 11:00 Manicure Monday! (2LR) 1:00 Summer Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	10:00 Music and Movement (2MP) 17 10:30 Nature Bingo! (2MP) 1:30 Crafters Corner! (2MP) 2:30 Spring Tea Party! (2K) 3:30 Summer Nail Polish Change On The Patio! (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	10:00 Morning Yoga and Stretch Exercise (2MP) 18 10:30 Number Bingo! (2K) 1:30 Science Fun With Friends! (2K) 2:30 Fresh Fruit & Fit Minds! (2K) 3:30 Sing A Long Afternoon (2K) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 19 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	10:00 Drum Fit Exercise Class (2DR) 20 10:30 School Days Bingo! (2K) 1:30 Artful Enrichment Program (2DR) 2:30 Ice Cream Truck Visit! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	10:00 Virtual Sing A Long (2LR) 21 11:00 GO 4 Life Walking Club (ML) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Virtual Church Service (2LR) 22 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 3:00 Afternoon Movie Matinee With Popcorn (2MP) 6:30 Card Game Night (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 23 10:30 BINGO! (2K) 11:00 Manicure Monday! (2LR) 1:00 Summer Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	10:00 Music and Movement (2MP) 24 10:30 Nature Bingo! (2MP) 1:30 Afternoon Entertainment With Zack (2K) 2:30 Summer Tea Party! (2K) 3:30 Summer Nail Polish Change On The Patio! (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	10:00 Morning Yoga and Stretch Exercise (2MP) 25 10:30 Number Bingo! (2K) 1:30 Science Fun With Friends! (2K) 2:30 Fresh Fruit & Fit Minds! (2K) 3:30 Sing A Long Afternoon (2K) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	10:00 Sing Fit *New Signature Program* (2MP) 26 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	10:00 Drum Fit Exercise Class (2DR) 27 10:30 School Days Bingo! (2K) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	10:00 Virtual Sing A Long (2LR) 28 11:00 GO 4 Life Walking Club (ML) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)

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Locations Legend	
2nd Floor Kitchen (2K)	2nd Floor Dining Room (2DR)
2nd Floor Multi-Purpose Room (2MP)	Outing (RSVP)
2nd Floor Living Room (2LR)	2nd Floor Patio (2FP)
2nd Floor Hallways (2FH)	Main Lobby (ML)
	All Floors (AF)

Calendar Legend
Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program