

GILMORE GARDENS WEEKENDER HIGHLIGHTS



August 8th, 2025

IN HOUSE NEWS

It is with sadness that we wish to announce the passing of our resident, Sam DeVerteuil. Marilyn, his wife, and family would like to invite any of our residents who knew him to a Memorial Mass at St Joseph the Worker Parish on Tuesday, August 19th from 11:00AM-12:00PM and afterwards to meet family and have refreshments at a Reception. We will have the bus available to drive our residents to the service. The bus will leave Gilmore Gardens at 10:30AM and pick up from the church at 12:30PM. Please let Reception know if you would like to attend.

We have had our first winner for the **Resident Survey** Early Bird Draw Prize! Resident, Enid M has won a basket of goodies! Well done and thank you, Enid and everyone else who has taken time to do their survey! **We have 3 more prizes to be won** so make sure you complete and submit your Resident Survey by the deadline of Monday, August 11th!

A gentle reminder to our residents to please put back any **Gilmore Gardens Library** books you have taken off the shelf to read or browse through. We have a resident volunteer who takes care of all the new incoming books and sorts out the older books. It would, however, be appreciated if books could be replaced on the shelf from where it came.



Please note: We will not be taking any lunch guests on Thursday, August 14th due to a staff Lunch & Learn meeting taking place that day. Thank you for understanding!

REMINDERS

It's the **Roll A Trump Game** on Saturday, August 9th at 1:30PM in the Activity Room. Throw the balls at the holes on the board and see if you're a winner!

Make your shopping list and sign up for a seat on the bus for our **Bus Outing: Shopping Trip to FreshCo** on Monday, August 11th at **11:30AM**. For the month of August, the Monday Shopping Trips will leave at 11:30AM. Please wait in the Fireside Lounge.

We have **Trivia: Finish the Saying** on Monday, August 11th at 2:00PM in the Activity Room. We are all aware of many, well known sayings – come and see which ones you can recognize when certain words are missing!

Ears to You Hearing Health Check is here on Tuesday, August 12th from 9:30AM in the Beauty Salon. If you would like to make an appointment, please sign up in the Activity Room or let Reception know. Thank you!

Come for an interesting **Wellness Session: "How to Protect One's Identity in the Digital Age"** **Talk by Nurse Next Door** on Tuesday, August 12th at 1:30PM in the Activity Room.

Make sure you add your name for our **Bus Outing: Picnic at Garry Point with Pizza!** on Wednesday, August 13th at 11:30AM. We will provide the tasty slices of pizza for you to enjoy whilst you watch the comings and goings at Garry Point! You can, of course, bring your own lunch if you prefer!





Bring on the Tequilla! We will be celebrating summer at **Happy Hour with Margaritas!** on Wednesday, August 13th at 3:00PM on the Patio (outside the Activity Room). We will be serving alcoholic and non-alcoholic Margaritas so you can pick which ever takes your fancy!

If you are an animal lover, you will not want to miss us for a **Pet & Friends Visit** on Thursday, August 14th at 2:00PM in the **Fireside Lounge**. Come and say hello and give one of the 2 friendly dogs a welcoming pat!



We have **Entertainment with Music Variations** on Friday, August 15th at 2:00PM on the Country Kitchen Patio. Afterwards, enjoy a glass of complimentary fruit punch or purchase a glass of wine or beer at **Happy Hour** from 3:00PM-4:00PM on the West Patio (outside the Activity Room) where you can enjoy tasty appetizers from our Kitchen every Friday!

Weekly Calendar for August 9th – 15th, 2025

Saturday, August 9 th		Sunday, August 10 th		
8:30AM	Nails with Angie	10:00AM	Armchair Exercise Video	
10:00AM	Armchair Exercise Video	10:30AM	GPUC Worship Service	
11:00AM	Tai Chi	11:00AM	Gentle Fit with Winnie	
1:30PM	Roll A Trump	1:30PM	Tech Time with Erin	
6:00PM	Mah Jong	7:30PM	Sing Along with Roger	
7:00PM	Movie Night: Judy			
Monday August 11 th	Tuesday August 12 th	Wednesday August 13 th	Thursday August 14 th	Friday August 15 th
10:00AM Chair Fitness	9:30AM Ears to You Hearing Health Check (by appt)	10:00AM Chair Fitness	Hairdresser	10:00AM Osteofit with Robin Masters
11:00AM Go4Life Walking Club	10:00AM Armchair Video	10:30AM Catholic Prayer & Communion	10:00AM Chair Fitness: Strength & Balance	11:00AM Play Reading with Stephen
11:00AM Armchair Exercise Video	11:30AM Meditation	11:00AM RMS Ukulele Lessons	11:00AM Beginner Mah Jong	11:00AM Trivia with Jill
11:30AM Bus Outing: Shopping Trip to FreshCo	1:30PM Wellness Session: "How to Protect One's Identity in the Digital Age" Talk by NND	11:30AM Bus Outing: Picnic at Garry Point with Pizza!	11:00AM Go4Life Walking Club	
1:30PM Meet Me at The MoMA: Jasper Johns	2:45PM Fit Minds	1:30PM Chair Yoga with Lauren Video	11:00AM Armchair Video	2:00PM Entertainment with Music Variations
	6:00PM Mah Jong	1:30PM Billiards		3:00PM Happy Hour
2:00PM Trivia: Finish The Saying	7:00PM Crib/Chess	3:00PM Happy Hour with Margaritas!	2:00PM Pet & Friends Visit Fireside Lounge	3:30PM Table Tennis
7:30PM Bingo		7:00PM Rummikub	7:00PM Game of Hearts	6:00PM Mah Jong

