



INSPIRED
SENIOR LIVING



Menu for the Week of August 25 - August 31, 2025

Menu items are subject to change due to availability of product. * Please check the Daily Menu Board*

Dinner

OMELET OF THE WEEK: HAM & CHEESE

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	POTATO LEEK SOUP	COUNTRY VEGETABLE SOUP	HOT & SOUR SOUP	BOK CHOY & SHIITAKE MUSHROOM SOUP	* HAWAIIAN DINNER * CREAMY HAWAIIAN COCONUT CHICKEN SOUP	CHICKEN NOODLE SOUP	CARROT & GINGER SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	FRESH APPLES & MANGO ON ICEBERG LETTUCE	CAESAR SALAD	SPINACH SALAD WITH PINEAPPLE & ROASTED COCONUT	SNAP PEAS & RADISH SALAD	HAWAIIAN SALAD WITH COLESLAW DRESSING	ICEBERG LETTUCE WITH WALNUTS, GRAPES,*RASPBERRIES	POTATO SALAD
Entrée 1	BAKED SAUSAGES ROLLS WITH MASHED POTATOES & GRAVY	OVERNIGHT ROASTED PORK BELLY	BRAISED CURRIED LAMB WITH MANGO CHUTNEY & RICE	EGGS BENEDICT WITH HOLLANDAISE SAUCE	ROASTED MAUI SHORT RIBS	BRATWURST SAUSAGES WITH SAUERKRAUT	BBQ PULLED PORK SANDWICH WITH COLESLAW & FRENCH FRIES
Entrée 2	ROASTED TURKEY BREAST WITH STUFFING & GRAVY	COCONUT BREADED CHICKEN BREAST WITH HONEY MUSTARD SAUCE	ROASTED CHICKEN DRUMSTICKS WITH GRAVY	ROASTED GAME HEN WITH GRAVY	HAWAIIAN STYLE CHICKEN & VEGETABLE ON RICE	CHICKEN BURRITO WITH SOUR CREAM & SALSA	MARINATED & ROASTED CHICKEN THIGHS WITH GRAVY
Entrée 3	BREADED SOLE FILET - THE MEDITERRANEAN WAY	SEAFOOD LINGUINE GARLIC BREAD	POTATO CRUSTED COD FILET WITH TARTAR SAUCE	PRAWN FRIED NOODLES	CEDAR PLANK GRILLED SALMON FILET & PINEAPPLE SALSA	GARLIC PRAWNS SKEWERS WITH LEMON WEDGE	PAN FRIED LOBSTER CAKE WITH TARTAR SAUCE
Starch	MASHED POTATOES	PARSLIED BOILED POTATOES	POTATO PATTIES	MASHED SWEET POTATOES	ROASTED YAM POTATOES	ROASTED POTATOES	POTATO LYONNAISE
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	CARROTS	MIXED	BROCCOLI FLORETS	BUTTERED CORN	BBQ BOK CHOY	BAKED TOMATO	WHOLE GREEN BEANS
Vegetable	PEAS	VEGETABLES	SLICED BEETS	ZUCCHINI	CORN ON THE COB	CAULIFLOWER	SPAGHETTI SQUASH
FEATURED Dessert	CHEESECAKE WITH RASPBERRY SAUCE	CHOCOLATE ÉCLAIR	BANANA FLAMBE	TRIPLE CHOCOLATE FUDGE CAKE	BLACK CHERRY ICE CREAM WITH WHITE CHOCOLATE- MACADAMIA COOKIES (SF)	CHOCOLATE CREAM PIE	PECAN STREUSEL CAKE

* Menu item contains a Superfood.

Choose Superfoods more often for optimal
health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT

