



INSPIRED
SENIOR LIVING

September 2025

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SUNDAY SEPT 7 Grandparent's Day	10:15 Helping Hands at the Barn (BN) 1 11:00 Fitness (CE) 12:30 Barn Visit (BN) 3:00 House Visit (AL) 4:15 Helping Hands at the Barn (OCC) 5:30 Sports Highlights (OCC)	10:15 Helping Hands at the Barn (BN) 2 10:30 Drumfit (OCC) 12:30 Barn Visit (BN) 1:15 Helping Hands - Mail Delivery (OCC) 1:30 Coffee and Friends (OCC) 3:00 House Visit with Nik (AR) 3:15 Sing Fit (CE) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	10:15 Music with Meg (AL) 3 10:30 Can Fit Pro: Chair Yoga (OCC) 11:00 Music with Meg (AR) 12:30 Barn Visit (BN) 1:30 Coffee and Friends (OCC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 6:00 Games Night: Jeopardy (OCC)	10:00 Green Care Farm (BN) 4 10:00 Helping Hands - Water Plants and Gardening (BN) 10:15 Barn Visit: Collecting Chicken Eggs (BN) 10:15 Helping Hands: Staining Garden Beds (BN) 11:00 Outdoor Yoga with Natalie (BN) 11:30 Walk 4 Life: Goat Walking Club (BN) 12:30 Coffee & Friends (OCC) 1:00 Bicycle Rides with Natalie (VC) 1:30 Music with Meg (CE) 2:00 Helping Hands - Baking Maple Leaf Cookies (HO) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 6:00 Java Music Club with Hannah (AR)	10:00 Helping Hands - Baking Maple Leaf Cookies (HA) 5 10:30 CanFit Pro: Disco Fitness (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Java Music Club with Special Host (OCC) 3:00 Walk 4 Life: Nature Scavenger Hunt (AH) 3:00 House Visit with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 5:30 Movie Night (OCC)	10:30 Drumfit with Hannah (OCC) 6 11:30 Lunch Date (CECY) 12:30 Coffee and Word Games (OCC) 2:00 Active Game: Outdoor Bocce Ball (LWN) 3:15 Barn Visit (BN) 6:00 Creative Hands: Arts and Crafts (ArSt)
Grandparent Day (OCC) 7 10:00 Walk 4 Life: Village Stroll (VC) 10:30 GCF: Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Grandparent's Day - CupCake Walk Game and Intergenerational Craft (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	10:00 Prayer Group (AL) 8 10:00 Fitness (CE) 10:15 Helping Hands at the Barn (BN) 11:30 Lunch Group (AL) 12:30 Barn Visit with Natalie (BN) 1:30 Helping Hands - Grocery Delivery (VC) 3:00 House Visit with Natasha (AR) 4:15 Helping Hands at the Barn (OCC) 5:30 Sports Highlights (OCC)	Music with Meg (One to Ones) (AH) 9 10:15 Helping Hands at the Barn (BN) 10:30 Fun & Fitness (OCC) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 1:15 Helping Hands - Mail Delivery (OCC) 1:30 Coffee and Friends (OCC) 3:00 House Visit with Natasha (AL) 3:15 Sing Fit (CE) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	10:15 Music with Meg (AL) 10 10:30 Drum Fit (OCC) 11:00 Music with Meg (AR) 12:30 Barn Visit (BN) 1:30 Coffee and Friends (OCC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:30 Dinner Date (OCC) 6:30 Family Council *Virtual (OCC)	10:00 Helping Hands - Water Plants and Gardening (BN) 11 10:00 Green Care Farm (BN) 10:15 Outdoor Nature Craft: Rock Painting (BN) 11:00 Outdoor Yoga with Natalie (BN) 11:30 Walk 4 Life: Goat Walking Club (BN) 12:30 Coffee & Friends (OCC) 1:00 Bicycle Rides with Natalie (VC) 1:30 Music with Meg (CE) 2:00 Helping Hands - Baking Maple Leaf Cookies (HA) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 6:00 Java Music Club with Hannah (AL)	10:00 Helping Hands - Flower Picking & Arrangements (OCC) 12 10:00 Helping Hands - Baking Maple Leaf Cookies (HO) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visit with Hannah (CE) 3:00 Walk 4 Life: Nature Scavenger Hunt (AH) 3:30 Sing Fit with Hannah (CY) 5:30 Movie Night (OCC)	10:00 Walk 4 Life: Village Strolls (VC) 13 1:00 National Fall Open House (VC) 1:00 Button Maple Leaf Craft (OCC) 1:00 Creative Hands: Making Homemade Maple Hand Scrub (OCC) 1:00 Barn Vist (BN) 1:15 Live Music Performance by John Kairis (VC) 6:00 Creative Hands: Arts and Crafts (ArSt)
10:00 Walk 4 Life: Village Stroll (VC) 14 10:30 GCF: Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	10:00 Prayer Group (AL) 15 10:00 Fitness (CE) 10:15 Helping Hands at the Barn (BN) 11:30 Lunch Group (AL) 12:30 Barn Visit with Natalie (BN) 1:30 Helping Hands - Grocery Delivery (VC) 3:00 House Visits with Natasha (AL) 4:15 Helping Hands at the Barn (OCC) 5:30 Sports Highlights (OCC)	Music with Meg (One to Ones) (AH) 16 International Country Music Day (OCC) 10:15 Helping Hands at the Barn (BN) 10:30 Fun & Fitness (OCC) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 2:00 Happy Hour: Country Music Performance By Matt Symonds (OCC) 3:15 Sing Fit *Country Theme music (CE) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	10:15 Music with Meg (AL) 17 10:30 Drum Fit (OCC) 11:00 Music with Meg (AR) 12:30 Barn Visit (BN) 1:30 Coffee and Friends (OCC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 6:00 Games Night: Bingo! (OCC)	10:00 Helping Hands - Water Plants and Gardening (BN) 18 10:00 Green Care Farm (BN) 10:15 Helping Hands - Planting Flower Bulbs (BN) 10:15 Creavtive Hands: Leaf Mosaic Craft (LWN) 10:45 Helping Hands: Collecting Chicken Eggs (BN) 11:00 Outdoor Yoga with Natalie (BN) 11:30 Walk 4 Life: Goat Walking Club (BN) 12:30 Coffee & Friends (OCC) 1:00 Family Support Group with Karen Tyrell (virtual) (VC) 1:00 Bicycle Rides with Natalie (VC) 1:30 Music with Meg (CE) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 6:00 Java Music Club with Hannah (HA)	10:00 Helping Hands: Baking (AR) 19 10:30 CanFit Pro: Disco Fitness (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visit with Hannah (CE) 3:00 Walk 4 Life: Nature Scavenger Hunt (AH) 3:30 Sing Fit with Hannah (CY) 5:30 Movie Night (OCC)	Oktoberfest (OCC) 20 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CECY) 12:30 Coffee and Word Games (OCC) 2:00 Happy Hour: Oktoberfest (OCC) 3:15 Barn Visit (BN) 6:00 Creative Hands: Arts and Crafts (ArSt)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Walk 4 Life: Village Stroll (VC) 21 10:30 GCF: Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	10:00 Prayer Group (AL) 22 10:00 Fitness (CE) 10:15 Helping Hands at the Barn (BN) 11:30 Lunch Group (AL) 12:30 Barn Visit with Natalie (BN) 1:30 Helping Hands - Grocery Delivery (VC) 2:00 Meet Me at the MOMA - Art Appreciation (Holly) (HO) 4:15 Helping Hands at the Barn (OCC) 5:30 Sports Highlights (OCC)	Music with Meg (One to Ones) (AH) 23 10:15 Helping Hands at the Barn (BN) 10:30 Fun & Fitness (OCC) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 1:15 Helping Hands - Mail Delivery (OCC) 1:30 Coffee and Friends (OCC) 3:00 House Visit with Natasha (AR) 3:15 Sing Fit (CE) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	10:15 Music with Meg (AL) 24 10:30 Drum Fit (OCC) 11:00 Music with Meg (AR) 12:30 Barn Visit (BN) 1:30 Coffee and Friends (OCC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 6:00 Pub Night with Live Music - Brian Zalo (OCC)	10:00 Helping Hands - Water Plants and Gardening (BN) 25 10:00 Green Care Farm (BN) 10:15 Barn Visit: Collecting Chicken Eggs (BN) 10:15 Creative Hands: Autumn Bean Craft (VC) 11:00 Outdoor Yoga with Natalie (BN) 11:30 Walk 4 Life: Goat Walking Club (BN) 12:30 Coffee & Friends (OCC) 1:00 Bicycle Rides with Natalie (VC) 1:30 Music with Meg (CE) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 6:00 Java Music Club with Hannah (HO)	10:00 Helping Hands: Baking (AL) 26 10:30 CanFit Pro: Disco Fitness (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Townhall Meeting (Community Center) (OCC) 2:30 House Visit with Hannah (CE) 2:30 Fit Minds: Coffee Club with Natalie (OCC) 3:00 Walk 4 Life: Nature Scavenger Hunt (AH) 3:30 Sing Fit with Hannah (CY) 5:30 Movie Night (OCC)	10:30 Drumfit with Hannah (OCC) 27 11:30 Lunch Date (CECY) 12:30 Coffee and Word Games (OCC) 2:00 Active Games: Bowling (OCC) 2:00 Afternoon Patio Visit (CECY) 6:00 Creative Hands: Arts and Crafts (ArSt)
10:00 Walk 4 Life: Village Stroll (VC) 28 10:30 GCF: Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	King Charles' Birthday (OCC) 29 10:00 Prayer Group (AL) 10:00 Fitness (CE) 10:15 Helping Hands at the Barn (BN) 11:30 Lunch Group (AL) 12:30 Barn Visit with Natalie (BN) 2:00 Royal King's Birthday High Tea (OCC) 3:15 Sing Fit (CY) 4:15 Helping Hands at the Barn (OCC) 5:30 Sports Highlights (OCC)	National Truth and Reconciliation Day *Wear Orange Shirt Day (VC) 30 10:15 Helping Hands at the Barn (BN) 10:30 Fun & Fitness (OCC) 12:30 Barn Visit (BN) 1:15 Helping Hands - Mail Delivery (OCC) 1:30 Coffee and Friends - Truth and Reconciliation Day Discussion (OCC) 3:00 House Visit with Natasha (AL) 3:15 Sing Fit (CE) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	MONDAY SEPT 30 Day for Truth and Reconciliation		Highlighted Life Enrichment Events/Programs Sunday, September 7th - Grandparent's Day (Cupcake Walk & Intergenerational Craft) 2pm to 3:30pm Wednesday, September 10th - Dinner Date 4:30pm to 6pm RSVP at lem.tvl@verveseniorliving.com by Monday, September 8th Saturday, September 13th - Fall Open House 1pm to 3pm Wednesday, September 24th - Pub Night with Brian Zalo 6pm to 7pm/Community Center Schedule your 1:1 appointment with Dementia Consultant, Karen Tyrell @ Reception	
Be <i>Bold</i>		Oakwood Community Centre (OCC) Barn (BN) Cedar (CE) Alder (AL) Cypress (CY)		Locations Legend Village Community (VC) Arbutus (AR) All Households (AH) Holly (HO) Community Outing (CO) Cedar/Cypress (CECY) Art Studio (ArSt) Hawthorne (HA) Arbutus Lawn (LWN) Lawn (LWN)		Calendar Legend Outing Special Program Cruise Week Living, Loving, Local Signature Program