Verve INSPIRED SENIOR LIVING

October 2025

Memory Care Households

HOLLAND GARDENS RETIREMENT RESIDENCE
INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONDAY OCT 13 Thanksgiving		Locations Legend 2nd Floor Kitchen (2K) 2nd Floor Living Room (2LR) 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Hallways (2FH) 2nd Floor Patio (2FP) Theater (T) Outing (RSVP)	1 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminising (2K) 2:30 Apple Cider & Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	2 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Fall Baking Class! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	3 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	4 10:00 Virtual Sing A Long (2LR) 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
5 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	6 9:30 Sing Fit *New Signature Program* (2MP) 10:30 BINGO! (2K) 1:00 Fall Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Turkey Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	7 9:30 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Crafters Corner! (2MP) 2:30 Smoothies & Story Social (2K) 3:30 Fall Nail Polish Change (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	8 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminising (2K) 2:30 Apple Cider & Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	9 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Fall Baking Class! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	10 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	11 10:00 Virtual Sing A Long (2LR) 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
12 Happy Thanksgiving! (2K) 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:30 Thanksgiving Entertainment With Kelly (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	13 9:30 Sing Fit *New Signature Program* (2MP) 10:30 BINGO! (2K) 2:30 Tea Time & Trivia! (2K) 3:00 Movie & Popcorn Afternoon (T) 6:30 Music & Therapeutic Colouring (2MP)	14 9:30 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Crafters Corner! (2MP) 2:30 Smoothies & Story Social (2K) 3:30 Fall Nail Polish Change (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	15 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminising (2K) 2:30 Apple Cider & Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	16 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Fall Baking Class! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	17 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	18 10:00 Virtual Sing A Long (2LR) 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	**20** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 BINGO! (2K) 1:00 Fall Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	**21** 9:30 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Pumpkin Painting! (2K) 2:30 Smoothies & Story Social (2K) 3:30 Fall Nail Polish Change (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**22** 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminising (2K) 2:30 Apple Cider & Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	**23** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Entertainment With Marcus! (2K) 2:30 October Birthday Celebration! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	**24** 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:30 Movie Night & Popcorn! (2LR)	**25** 10:00 Virtual Sing A Long (2LR) 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
26 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	**27** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 BINGO! (2K) 1:00 Fall Scienic Drive (RSVP) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	**28** 9:30 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Halloween Craft! (2MP) 2:30 Smoothies & Story Social (2K) 3:30 Fall Nail Polish Change (2LR) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**29** 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Number Bingo! (2K) 1:30 Music Playlist Reminising (2K) 2:30 Apple Cider & Fit Minds! (2K) 3:30 GIANT BOWLING! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	**30** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Fall Baking Class! (2K) 2:30 Fancy High Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	**31** Happy Halloween! (2FH) 9:30 Drum Fit Exercise Class (2DR) 10:30 Halloween Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:30 Halloween Party! (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Pumpkin Bowling! (2K) 6:30 Movie Night & Popcorn! (2LR)	Be Bold

Locations Legend

- 2nd Floor Kitchen (2K)
- 2nd Floor Living Room (2LR)
- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Hallways (2FH)
- 2nd Floor Patio (2FP)
- Theater (T)
- Outing (RSVP)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program