



INSPIRED
SENIOR LIVING

October 2025

Independent & Assisted Living

Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 MONDAY OCT 13 Thanksgiving		Locations Legend Country Kitchen (CK) Theater (T) Main Lobby (ML) 3rd Floor Lounge (3FL) All Floors (AF) Pub/Bistro (PB) Outing (RSVP) Games Room (GR) Dining Room (DR) Parking Lot Patio (PLP) Spa (S) Private Dining Room (PDR)	Special Pancake Breakfast! *Senior Day* 8AM (CK) 1 Wear Your Pink! Breast Cancer Awareness Month (AF) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Retro Revival Outing *RSVP* (RSVP) 3:00 Fall Nail Polish Change *RSVP* (GR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Theme Day! Wear Your Country Clothes! (ML) 2 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 1:30 Artful Enrichment Program! (CK) 2:00 Holland Gardens Annual Fall Fair Event *Bring Your Friends* (PLP) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)	Hearing Aid Clinic With Martin 1:30-3:30pm (S) 3 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Turkey Races! 50 Cents A Bet! (CK) 3:00 New Resident Cocktail Hour With Shelley! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 4 National Cinnamon Bun Day! (AF) 10:00 Morning Coffee & Chat With Elise (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Cinnamon Buns & Java Music Club! (3FL) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 5 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Catholic Church Service with Deacon David (T) 2:30 Ladder Toss Competiton With Sonia! (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Active Aging Week (AF) 6 10:00 Assisted Living Exercise Class (3FL) 10:00 Special Jeopardy For Active Week! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Manicure Monday *RSVP* (GR) 7:00 Resident Movie Pick (T)	Active Aging Week (AF) 7 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:45 Chair Yoga IL & AL (CK) 11:30 Little Saigon 88 Lunch Outing *RSVP* (RSVP) 1:00 Pass The Ace (PB) 2:00 Create Your Own Fall Tote Bag *RSVP* (CK) 3:00 Fall Cooking Demonstration With Jeremy (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)	Active Aging Week (AF) 8 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 The Peppershaker Band! (CK) 4:30 Chef's Private Dinner *RSVP* (PDR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Active Aging Week (AF) 9 Ladies Breakfast Today! (DR) Backwards Day! Wear Your Clothes Backwards & Backwards Lunch (AF) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 1:30 The Price Is Right! *Halloween & Grocery Items* (CK) 2:45 Balloon Volleyball Competiton! (CK) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)	Active Aging Week (AF) 10 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Turkey Races! 50 Cents A Bet! (CK) 3:00 Cocktail Hour Featuring Julianna's Crustless Pumpkin Pie! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 11 10:00 Morning Coffee & Chat With Elise (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)
Happy Thanksgiving! - Brunch 11:00am-1:00pm *RSVP At Reception* (DR) 12 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 2:15 Entertainment With Kelly Davies! (CK) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Happy Thanksgiving! *No Exercise Today Due To Holiday* (AF) 13 Thanksgiving Scavenger Hunt Sheets Available At Reception *Winner Gets A Prize* (AF) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Afternoon Movie Matinee With Popcorn (T) 7:00 Resident Movie Pick (T)	Vendor: Maria's Jewelry (ML) Living, Loving, Local Pumpkin Themed Dinner (CK) 14 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 10:30 Upper Canada Mall Outing *RSVP* (RSVP) 10:45 Chair Yoga IL & AL (CK) 1:00 Pass The Ace (PB) 2:00 Mixed Flower Hat Wreath (CK) 3:00 Fall Nail Polish Change *RSVP* (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 15 10:00 Assisted Living Exercise Class (3FL) 10:00 Fall Themed Bake Sale! (ML) 11:00 Strength and Endurance Exercise Class (CK) 11:00 Fall Colour Tour & Lunch At Webbers *RSVP* (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:00 Fall Beer & Food Pairing With Julianna & Jeremy *RSVP* (CK) 3:15 The Friendly Debate! (T) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	World Food Day!- Dress In Your Cultural Wear (AF) 16 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 BINGO IN SUTTON! (RSVP) 11:00 Drum Fit IL & AL (CK) 1:30 Artful Enrichment Program! (CK) 3:00 Resident Forum With All Department Managers Featuring Apple Cider! (CK) 6:30 Cribbage Night (CK) 6:30 Chocolate Fondue Evening Event With Sonia *RSVP* (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 17 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 18 10:00 Morning Coffee & Chat With Elise (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 Non-Denominational Church Service (T) 19 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:30 Ladder Toss Competiton With Sonia! (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Theme Day: Cozy Sweater Day! (ML) 20 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry! (CK) 3:00 Manicure Monday *RSVP* (GR) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 21 10:00 Assisted Living Exercise Class (3FL) 11:00 Rosary With Father John (T) 11:00 Chair Yoga IL & AL (CK) 11:00 Fall Colour Tour & Lunch *RSVP* (RSVP) 1:00 Pass The Ace (PB) 2:00 3D Ghost Painting Workshop (CK) 3:00 Everything Pumpkin Social! (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 22 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 12:30 The Banting House Outing *RSVP* (RSVP) 1:00 GO 4 Life Walking Club (ML) 1:30 Artful Enrichment Program: The Cat & The Moon Painting Class *RSVP* (CK) 2:45 Halloween Floral Arrangements (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Men's Breakfast Today! (DR) 23 10:00am Jelly Bean Jewlery Vendor (CK) 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 11:00 Shoppers Drug Mart Outing *RSVP* (RSVP) 2:15 Staff & Resident October Birthday Tea Celebration With Entertainment By Marcus (CK) 3:15 The Friendly Debate! (T) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)	10:00 Jeopardy! (T) 24 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 25 10:00 Morning Coffee & Chat With Elise (T) 11:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Russ! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 26 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:30 Ladder Toss Competiton With Sonia! (T) 6:30 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	Halloween Game Week! (AF) 27 10:15 Halloween Team Scavenger Hunt *Meet In Your Teams In The Lobby* (CK) 11:00 Strength and Endurance Exercise Class (CK) 11:30 Assisted Living Exercise Class (3FL) 1:00 GO 4 Life Walking Club (ML) 2:00 Halloween Themed Bingo With Terry (CK) 3:00 Guest Speaker: Lianne Harris: Pirates & Plunder (T) 7:00 Resident Movie Pick (T)	Halloween Game Week! (AF) 28 10:15 Halloween Game: Find The Swallowed Key (CK) 11:00 Chair Yoga IL & AL (CK) 11:30 Assisted Living Exercise Class (3FL) 1:00 Pass The Ace (PB) 2:00 Halloween Game: Sweep The Pumpkin (CK) 3:00 Halloween Game: Pumpkin Carving Competition (CK) 6:30 Card Game Night (PB) 7:00 Resident Movie Pick (T)	Halloween Game Week! (AF) 29 10:15 Halloween Game: Witch Hat Ring Toss Competition (CK) 11:00 Strength and Endurance Exercise Class (CK) 11:30 Assisted Living Exercise Class (3FL) 1:00 GO 4 Life Walking Club (ML) 1:30 Halloween Game: Ghosty Races! Bring Your \$\$ (CK) 2:45 Halloween Themed Nail Polish Change! *RSVP* (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Halloween Game Week! (AF) 30 10:15 Halloween Game: What's In The Mystery Box (CK) 11:00 Georgian Downs Casino Drop Off (RSVP) 11:00 Drum Fit IL & AL (CK) 11:30 Assisted Living Exercise Class (3FL) 1:30 Halloween Game: Unwrap The Mummy (CK) 2:45 Halloween Jeopardy Competition! (T) 6:30 Cribbage Night (CK) 7:00 Resident Movie Pick (T)	Halloween Game Week! (AF) 31 Happy Halloween! Wear Your Halloween Costume! Best Dress Wins A Prize (ML) 10:15 Halloween Game: Pumpkin Contest & Best Dressed!! (CK) 11:00 Strength and Endurance Exercise Class (CK) 11:30 Assisted Living Exercise Class (3FL) 1:00 GO 4 Life Walking Club (ML) 2:00 Monster Mash Halloween Party & Entertainment By Just The Two Of Us (CK) 7:00 Resident Movie Pick (T)	Be Bold



Locations Legend	
Country Kitchen (CK)	Outing (RSVP)
Theater (T)	Games Room (GR)
Main Lobby (ML)	Dining Room (DR)
3rd Floor Lounge (3FL)	Parking Lot Patio (PLP)
All Floors (AF)	Spa (S)
Pub/Bistro (PB)	Private Dining Room (PDR)

Calendar Legend
Outing
Special Program
Vendor
Theme Day
Living, Loving, Local
Signature Program