



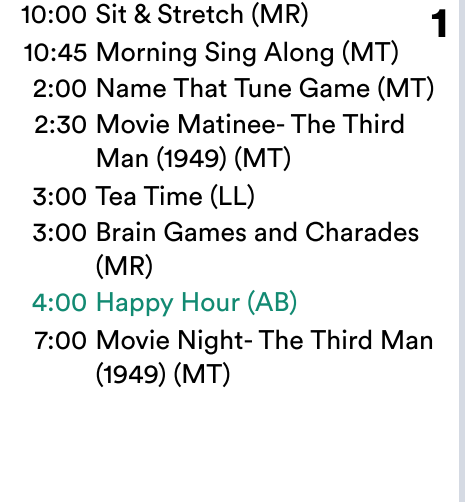
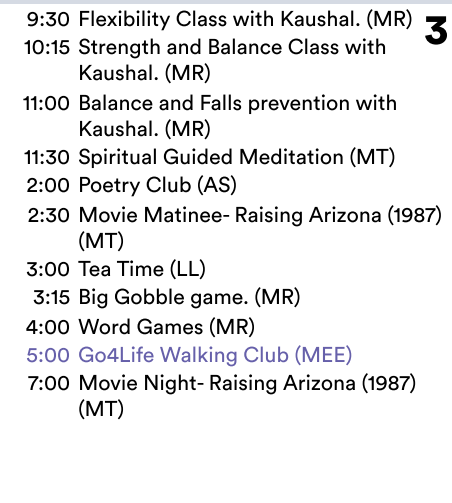
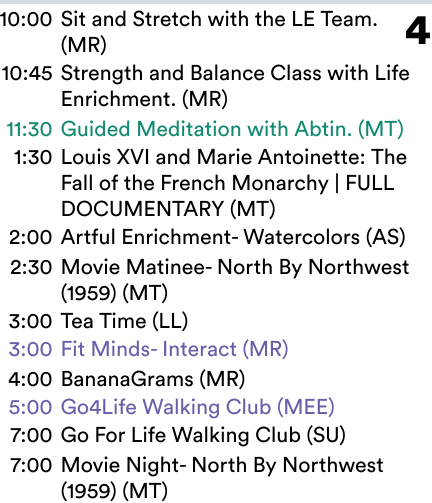
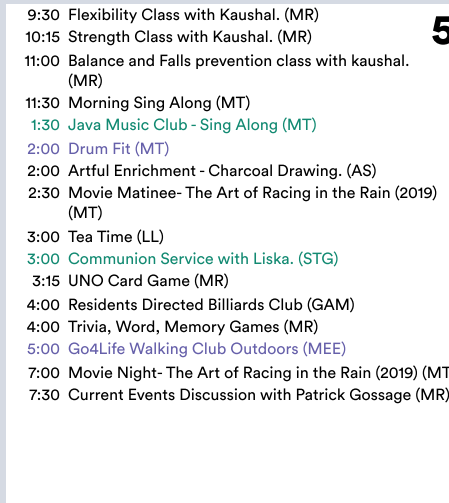
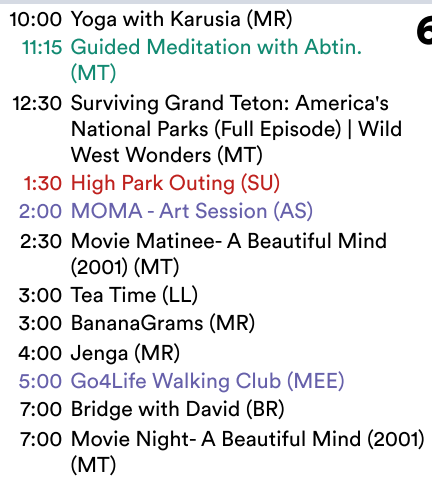
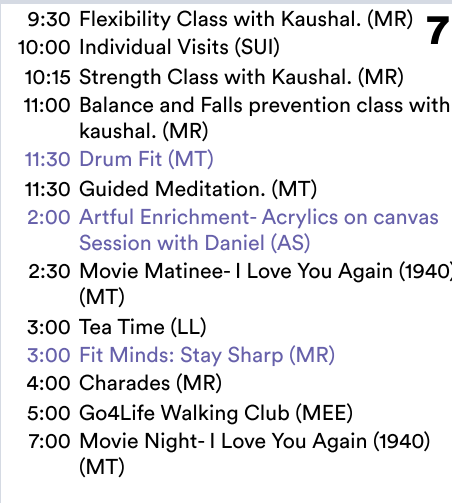
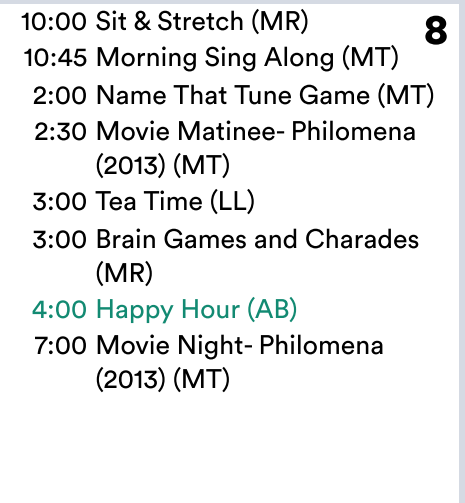
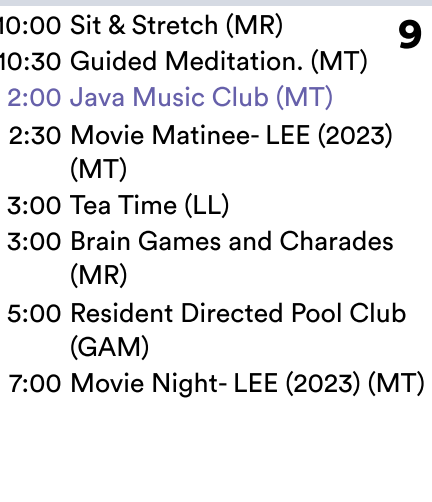
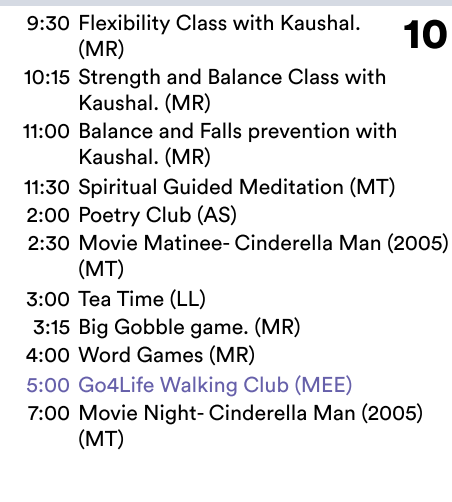
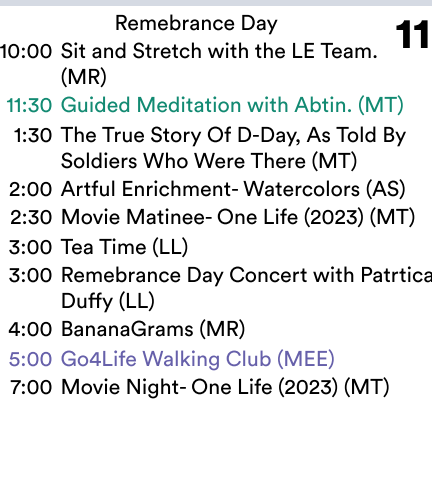
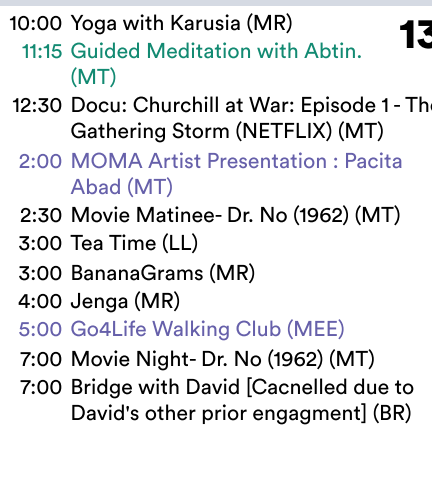
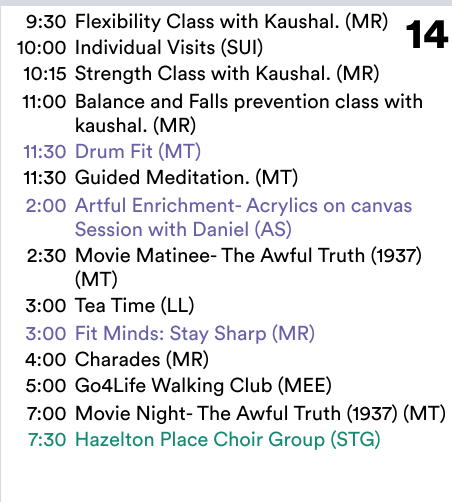
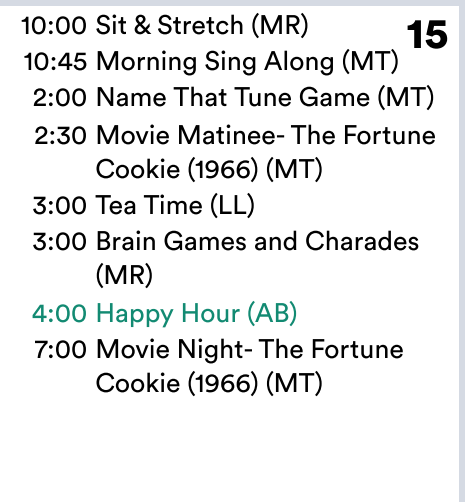
INSPIRED
SENIOR LIVING

November 2025

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Movember Daylight Saving Time Ends 2 10:00 Sit & Stretch (MR) 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Widow Cliquot (2023) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Widow Cliquot (2023) (MT)	 Monday 9:30 Flexibility Class with Kaushal. (MR) 3 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Raising Arizona (1987) (MT) 3:00 Tea Time (LL) 3:15 Big Gobble game. (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Raising Arizona (1987) (MT)	 Tuesday 10:00 Sit and Stretch with the LE Team. (MR) 4 10:45 Strength and Balance Class with Life Enrichment. (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Louis XVI and Marie Antoinette: The Fall of the French Monarchy FULL DOCUMENTARY (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- North By Northwest (1959) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 BananaGrams (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Go For Life Walking Club (SU) 7:00 Movie Night- North By Northwest (1959) (MT)	 Wednesday 9:30 Flexibility Class with Kaushal. (MR) 5 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Morning Sing Along (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- The Art of Racing in the Rain (2019) (MT) 3:00 Tea Time (LL) 3:00 Communion Service with Liska. (STG) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:00 Trivia, Word, Memory Games (MR) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- The Art of Racing in the Rain (2019) (MT) 7:30 Current Events Discussion with Patrick Gossage (MR)	 Thursday TUESDAY NOV 11 Remembrance Day 10:00 Yoga with Karusia (MR) 6 11:15 Guided Meditation with Abtin. (MT) 12:30 Surviving Grand Teton: America's National Parks (Full Episode) Wild West Wonders (MT) 1:30 High Park Outing (SU) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- A Beautiful Mind (2001) (MT) 3:00 Tea Time (LL) 3:00 BananaGrams (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- A Beautiful Mind (2001) (MT)	 Friday 9:30 Flexibility Class with Kaushal. (MR) 7 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS) 2:30 Movie Matinee- I Love You Again (1940) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- I Love You Again (1940) (MT)	 Saturday 10:00 Sit & Stretch (MR) 1 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- The Third Man (1949) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- The Third Man (1949) (MT)
 Sunday 10:00 Sit & Stretch (MR) 2 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Widow Cliquot (2023) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Widow Cliquot (2023) (MT)	 Monday 9:30 Flexibility Class with Kaushal. (MR) 3 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Raising Arizona (1987) (MT) 3:00 Tea Time (LL) 3:15 Big Gobble game. (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Raising Arizona (1987) (MT)	 Tuesday 10:00 Sit and Stretch with the LE Team. (MR) 4 10:45 Strength and Balance Class with Life Enrichment. (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Louis XVI and Marie Antoinette: The Fall of the French Monarchy FULL DOCUMENTARY (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- North By Northwest (1959) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 BananaGrams (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Go For Life Walking Club (SU) 7:00 Movie Night- North By Northwest (1959) (MT)	 Wednesday 9:30 Flexibility Class with Kaushal. (MR) 5 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Morning Sing Along (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- The Art of Racing in the Rain (2019) (MT) 3:00 Tea Time (LL) 3:00 Communion Service with Liska. (STG) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:00 Trivia, Word, Memory Games (MR) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- The Art of Racing in the Rain (2019) (MT) 7:30 Current Events Discussion with Patrick Gossage (MR)	 Thursday 10:00 Yoga with Karusia (MR) 6 11:15 Guided Meditation with Abtin. (MT) 12:30 Surviving Grand Teton: America's National Parks (Full Episode) Wild West Wonders (MT) 1:30 High Park Outing (SU) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- A Beautiful Mind (2001) (MT) 3:00 Tea Time (LL) 3:00 BananaGrams (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- A Beautiful Mind (2001) (MT)	 Friday 9:30 Flexibility Class with Kaushal. (MR) 7 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS) 2:30 Movie Matinee- I Love You Again (1940) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- I Love You Again (1940) (MT)	 Saturday 10:00 Sit & Stretch (MR) 8 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Philomena (2013) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Philomena (2013) (MT)
 Sunday 10:00 Sit & Stretch (MR) 9 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- LEE (2023) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- LEE (2023) (MT)	 Monday 9:30 Flexibility Class with Kaushal. (MR) 10 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Cinderella Man (2005) (MT) 3:00 Tea Time (LL) 3:15 Big Gobble game. (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Cinderella Man (2005) (MT)	 Tuesday Remembrance Day 11 10:00 Sit and Stretch with the LE Team. (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 The True Story Of D-Day, As Told By Soldiers Who Were There (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- One Life (2023) (MT) 3:00 Tea Time (LL) 3:00 Remembrance Day Concert with Patrica Duffy (LL) 4:00 BananaGrams (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- One Life (2023) (MT)	 Wednesday 9:30 Flexibility Class with Kaushal. (MR) 12 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:00 Dufferin Mall Outing (MEE) 11:30 Morning Sing Along (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- Sliding Doors (1998) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:00 Trivia, Word, Memory Games (MR) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Sliding Doors (1998) (MT) 7:30 Current Events Discussion with Patrick Gossage (MR)	 Thursday 10:00 Yoga with Karusia (MR) 13 11:15 Guided Meditation with Abtin. (MT) 12:30 Docu: Churchill at War: Episode 1 - The Gathering Storm (NETFLIX) (MT) 2:00 MOMA Artist Presentation : Pacita Abad (MT) 2:30 Movie Matinee- Dr. No (1962) (MT) 3:00 Tea Time (LL) 3:00 BananaGrams (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Dr. No (1962) (MT) 7:00 Bridge with David [Cacnelled due to David's other prior engagment] (BR)	 Friday 9:30 Flexibility Class with Kaushal. (MR) 14 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS) 2:30 Movie Matinee- The Awful Truth (1937) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- The Awful Truth (1937) (MT) 7:30 Hazelton Place Choir Group (STG)	 Saturday 10:00 Sit & Stretch (MR) 15 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- The Fortune Cookie (1966) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- The Fortune Cookie (1966) (MT)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sit & Stretch (MR) 16 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Odd Couple (1968) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Odd Couple (1968) (MT)	9:30 Flexibility Class with Kaushal. (MR) 17 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Close Encounter Of The Third Kind (1977) (MT) 3:00 Tea Time (LL) 3:15 Big Gobble game. (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Close Encounter Of The Third Kind (1977) (MT)	10:00 Sit and Stretch with the LE Team. (MR) 18 11:30 Guided Meditation with Abtin. (MT) 1:30 Living Loving Local: Tomato (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Official Secrets (2019) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 BananaGrams (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Official Secrets (2019) (MT)	9:30 Flexibility Class with Kaushal. (MR) 19 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Morning Sing Along (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- It Happened One Night (1934) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:00 Trivia, Word, Memory Games (MR) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- It Happened One Night (1934) (MT) 7:30 Current Events Discussion with Patrick Gossage (MR)	10:00 Yoga with Karusia (MR) 20 11:15 Guided Meditation with Abtin. (MT) 12:00 Lunch at Red Lobster (Out) 12:30 Docu: Churchill at War: Episode 2 - His Finest Hour (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- The Day The Earth Stood Still (1951) (MT) 3:00 Tea Time (LL) 3:00 BananaGrams (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- The Day The Earth Stood Still (1951) (MT)	9:30 Flexibility Class with Kaushal. (MR) 21 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS) 2:30 Movie Matinee- For Your Eyes Only (1981) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 3:00 November Birthdays Party with Patricia Duffy (LL) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- For Your Eyes Only (1981) (MT)	10:00 Sit & Stretch (MR) 22 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Cactus Flower (1969) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Cactus Flower (1969) (MT)
10:00 Sit & Stretch (MR) 23 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Charade (1963) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Charade (1963) (MT)	9:30 Flexibility Class with Kaushal. (MR) 24 10:15 Strength and Balance Class with Kaushal. (MR) 11:00 Balance and Falls prevention with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 2:00 Poetry Club (AS) 2:30 Movie Matinee- State Of Play (2009) (MT) 3:00 Tea Time (LL) 3:15 Big Gobble game. (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- State Of Play (2009) (MT)	10:00 Sit and Stretch with the LE Team. (MR) 25 11:30 Guided Meditation with Abtin. (MT) 1:30 Docu: Churchill at War: Episode 3 - The Day Of Destiny (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Gentlemen Prefer Blondes (1953) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 BananaGrams (MR) 4:00 Shaya Petroff Concert (STG) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Gentlemen Prefer Blondes (1953) (MT)	9:30 Flexibility Class with Kaushal. (MR) 26 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Morning Sing Along (MT) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- The Little Drummer Girl (1984) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 4:00 Trivia, Word, Memory Games (MR) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- The Little Drummer Girl (1984) (MT) 7:30 Current Events Discussion with Patrick Gossage (MR)	10:00 Yoga with Karusia (MR) 27 11:15 Guided Meditation with Abtin. (MT) 12:30 Docu: Churchill at War: Episode 4 - Out Of The Storm (MT) 2:00 MOMA Artist Presentation: David Hockney (MT) 2:30 Movie Matinee- The Women (1939) (MT) 3:00 Tea Time (LL) 3:00 BananaGrams (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- The Women (1939) (MT)	9:30 Flexibility Class with Kaushal. (MR) 28 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance and Falls prevention class with kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 2:00 Artful Enrichment- Acrylics on canvas Session with Daniel (AS) 2:30 Movie Matinee- A Private War (2018) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- A Private War (2018) (MT) 7:30 Hazelton Choir Group with Ernesto (STG)	10:00 Sit & Stretch (MR) 29 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Adam's Rib (1949) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Adam's Rib (1949) (MT)
10:00 Sit & Stretch (MR) 30 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Goldfinger (1964) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Goldfinger (1964) (MT)	WEDNESDAY NOV 12 National Social Hour Day			Locations Legend Movie Theatre (MT) Meeting Room (MR) Lower Lobby (LL) Meet at Front Desk (MEE) 111 Art Studio (AS) Games Room (GAM) Annex Bar (AB) St. George Lounge (STG) Bedford Bridge Lounge (BR) Suites (SUI) Sign-up (SU) Outside (Out)		Calendar Legend Outing Special Program Cruise Week Living, Loving, Local Signature Program