

the Inspired times

FOCUSING ON THE INSPIRING RETIREMENT JOURNEY AT YOUR VERVE RESIDENCE

INSPIRED SENIOR LIVING WITH



Be Welcomed

Each month we highlight ways we help Verve residents in any of our locations experience the fullness of life in retirement. This month, we're exploring the theme of kindness.

A Fresh Start for a Bright New Year

A new year brings fresh beginnings, the early months of the year are all about starting a new chapter with confidence, comfort, and connection. Whether it's embracing healthier routines, discovering new friendships, or enjoying worry free living, Hazleton Place offers a warm and welcoming place to call home. As the seasons slowly shift toward spring, there's no better time to explore senior living and see how Hazleton Place can make this year brighter, healthier, and full of possibility.

UPCOMING DATES

Jan 26th @ 2 PM The Roaring 20's Event

Feb 17th @ 3 PM Mardi Gras Event

Mar 7th @ 1 PM: Cruise week Open House

 **HAZELTON PLACE**
RETIREMENT RESIDENCE



Experience the Best of Yorkville Living at Hazleton Place

Located on Avenue Rd in the heart of Yorkville, Hazleton Place Retirement Residence offers more than just a comfortable home, it provides access to a thriving community. The surrounding area is filled with beautiful parks, charming local shops, and convenient services that make daily life enjoyable and stress-free. Yorkville itself offers a rich blend of culture, dining, and shopping experiences, from cozy cafés to boutique stores and

art galleries. Residents can enjoy leisurely strolls, explore cultural events, or simply take in the welcoming atmosphere of this vibrant neighborhood. With its combination of convenience, culture, and community, Hazleton Place and Yorkville create the perfect setting for an engaging and fulfilling lifestyle.



Join Us for Our Open House

Hazleton Place Retirement Residence is excited for our upcoming Cruise Week March 6th to 12th, 2026. Join us at our Open House on Saturday, March 7th, from 1:00 to 3:00 PM. We welcome you to tour our residence and learn more about what we offer. We look forward to seeing you.

Please RSVP and get ready for a great time!
416-928-0110

Meet the Heart Behind Our Kitchen

Chef Michael Kirkwood brings a deep passion for food, people, and local ingredients to Hazelton Place. Raised in Ajax Ontario, his appreciation for cooking began at a young age and has developed into a Canadian contemporary style that blends comforting classics with fresh, modern flavors. He is dedicated to using high-quality, seasonal ingredients and believes that great meals should be both nourishing and enjoyable.

With years of culinary experience, Chef Michael values sustainability, thoughtful preparation, and minimizing food waste in the kitchen. He enjoys creating menus that reflect residents' tastes while introducing new flavors in a welcoming and approachable way. Above all, Chef Michael is excited to build community through food and provide memorable dining experiences that support health, comfort, and connection at Hazelton Place.



Chef Michael Kirkwood



*Chef Michael's recipe Watermelon Gazpacho
serves 6, made in 20 min*

Watermelon Gazpacho

Ingredients

- 4 heaping cups cubed seedless watermelon
- 1 English cucumber, diced, reserve half
- 3 medium tomatoes, diced, reserve half
- 1 small red bell pepper, diced, reserve half
- 1 cup chopped green onions, diced, reserve half
- 1 garlic clove and small handful basil
- 3 to 4 tablespoons red wine vinegar
- 3 tablespoons olive oil, plus more for drizzling
- 1 to 2 teaspoons sea salt, or to taste
- ½ teaspoon freshly ground black pepper
- ½ jalapeño pepper

Instructions

Blend half the chopped vegetables with watermelon, garlic, basil, vinegar, olive oil, seasonings, and jalapeño until smooth; adjust seasoning, then stir in remaining vegetables. Chill 3–4 hours or overnight

Art at Hazelton Place: Creativity, Connection, and Purpose

At Hazelton Place, art is not simply an activity; it is a vital part of daily life, self expression, and community connection. Our Art Studio is truly one of a kind, setting us apart from many other retirement homes. It is a vibrant, welcoming space where creativity is encouraged, skills are nurtured, and residents feel empowered to express who they are through art.

Our art programming is thoughtfully designed and deeply rooted in engagement and variety. Art classes are offered four times a week, led in-house by our Life Enrichment team, ensuring residents have frequent, consistent opportunities to explore and develop their artistic interests. In addition, we proudly welcome a professional external art instructor once a month, who specializes in acrylic painting and brings fresh techniques, inspiration, and perspectives to our studio.

Residents are introduced to a wide range of artistic mediums, including watercolour, acrylic, oil painting, ink, mixed media, and papier mâché. This diversity allows participants to experiment freely, discover new talents, and revisit lifelong passions. Whether a resident is picking up a paintbrush for the first time or returning to art after many years, our program meets them where they are, encouraging confidence, curiosity, and joy.

The response from our residents has been overwhelmingly positive. Attendance remains strong, enthusiasm is high, and feedback consistently reflects how meaningful these classes are. Many residents share that art helps them relax, feel accomplished, and connect with others. For some, it becomes a

new routine; for others, a renewed sense of identity and purpose. The studio has grown into a social hub where friendships are formed and creativity is celebrated together.

Each year, from April 27 to May 1, Hazelton Place proudly hosts Artful Enrichment Week, a special event that brings our art program to life in a powerful way. During this week, the Lower Lobby is transformed into a gallery style exhibition, showcasing artwork created by our residents throughout the year. Family members, visitors, and staff are invited to view the collection, offering residents a moment of pride and recognition as their work is displayed and celebrated publicly.

Artful Enrichment Week is more than an exhibition; it is a reflection of our commitment to holistic enrichment, lifelong learning, and resident-centered programming. It honors creativity at every level and highlights the incredible talent, imagination, and stories within our community.

At Hazelton Place, we believe art has the power to inspire, connect, and enrich lives at every age, and our art program is a living example of that belief in action.





Barbara McKenney - Hazelton Place Resident

"Living here at Hazelton Place you have access to so many activities such as physical exercise, and programs which deals with your intelligence and your thoughts. I would definitely recommend Hazelton Place, and this is the top retirement residence in the city of Toronto".



Mary Anne McNally - Hazelton Place Resident

"Food is delicious, Beautiful Garden, Great location, Banks, Florist Shop, Groceries shop, and parks are all within walking distance from the residence. The staff and management team are amazing and offer the best quality service. If you are a piano player, there are 3 grand pianos to use in the common area, and frequent concerts and entertainment happening in the Residence".



Join Us for Lunch and Tour at Hazelton Place!

Enjoy a delicious lunch and tour at Hazelton Place Retirement Community and experience the warmth of our welcoming environment. Take a tour of our beautiful residences, activity areas, and relaxing spaces. Meet our friendly staff and residents and see firsthand why Hazelton Place is the perfect place to call home.

HAZELTON PLACE RETIREMENT RESIDENCE



Email your completed puzzle to us, the first 3 entries received will win a special gift delivered to their home.



K O A X M G U P N Q D S H O V E L C W F I T
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blizzard	frostbite	igloo	skating	snowman
December	frozen	jacket	skiing	snowshoes
February	gloves	January	sleigh	solstice
fireplace	hockey	longjohns	slippery	sweater
flannel	holidays	mitts	snowballs	toboggan
flurries	hot chocolate	scarf	snowboarding	whiteout
frigid	ice	shovel	snowflakes	wintertime



Tree Valley Academy