



INSPIRED
SENIOR LIVING

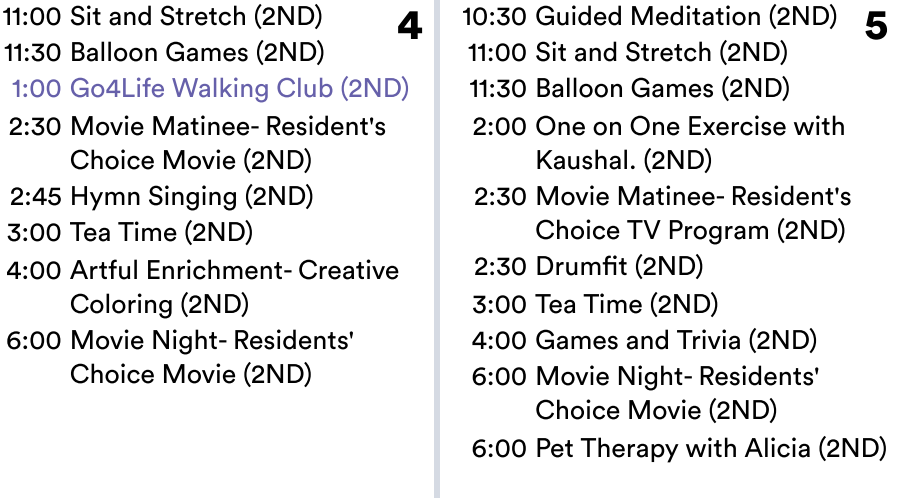
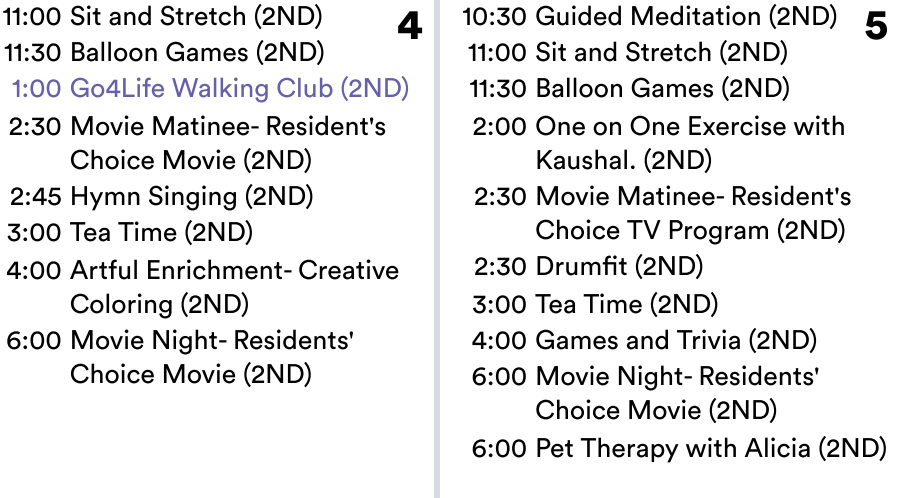
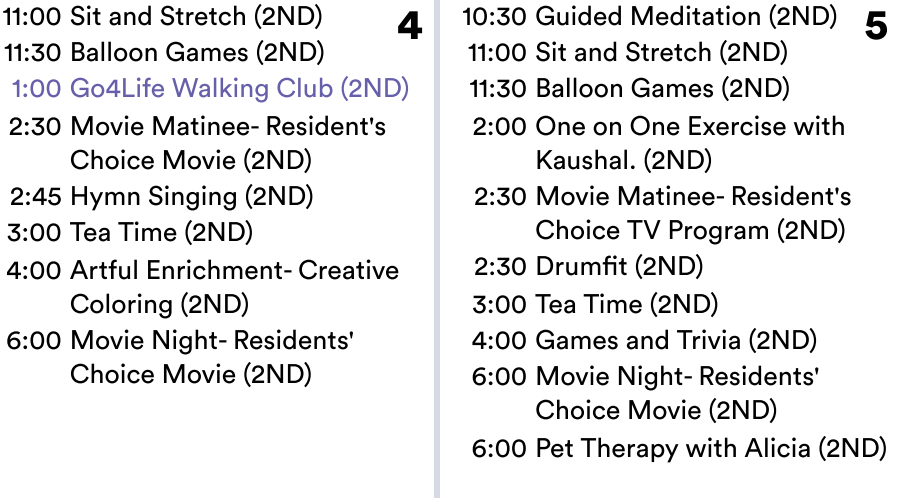
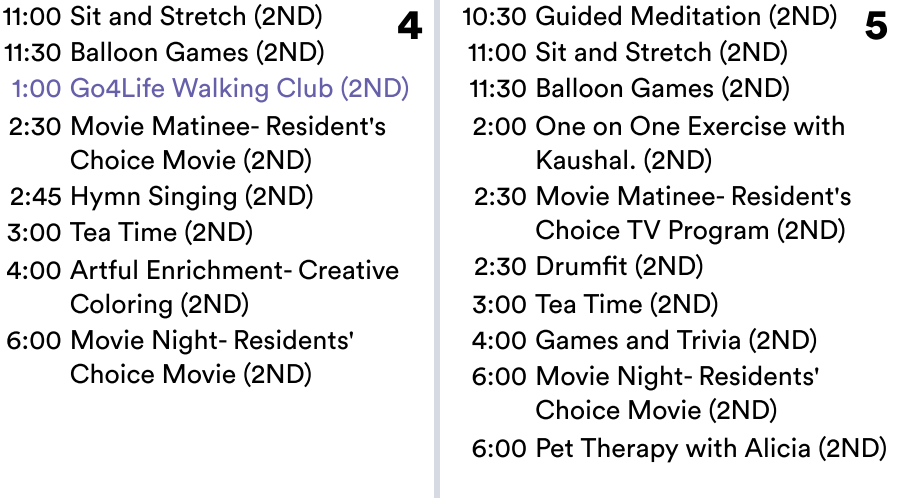
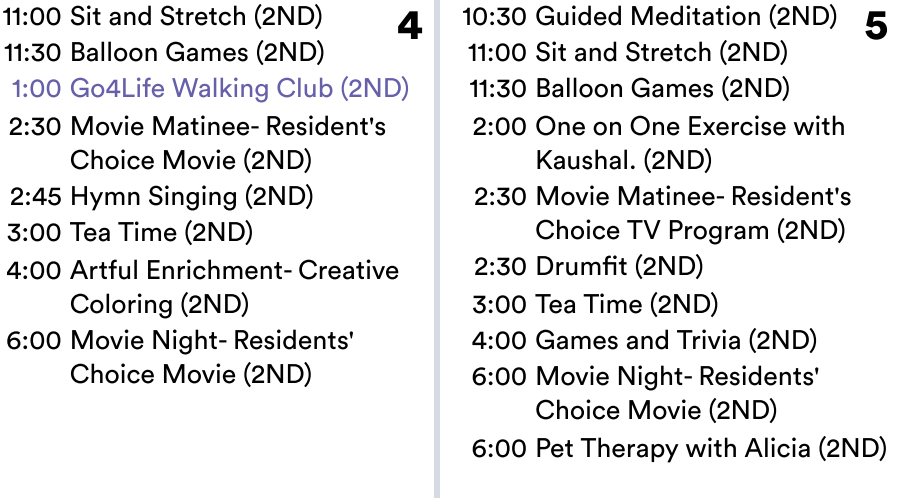
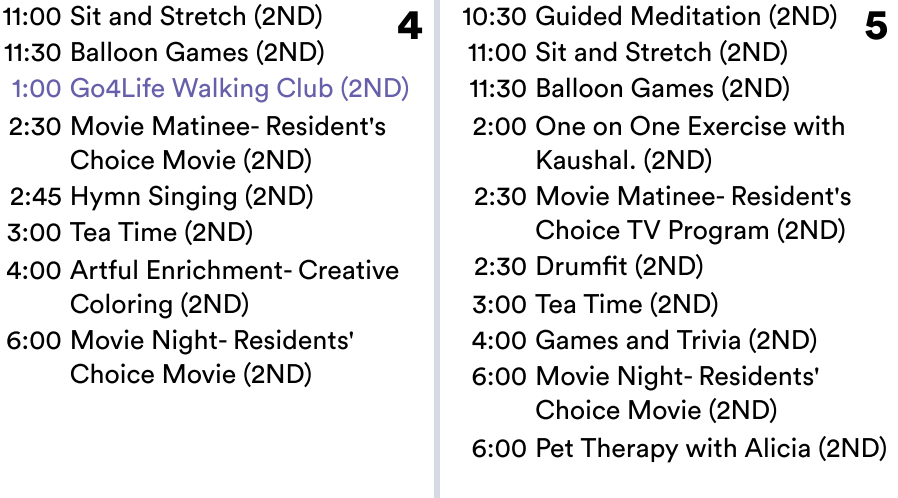
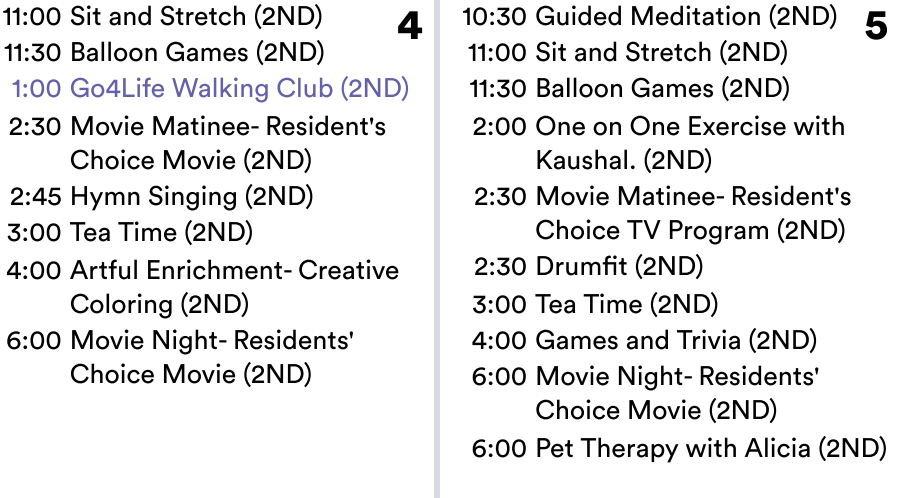
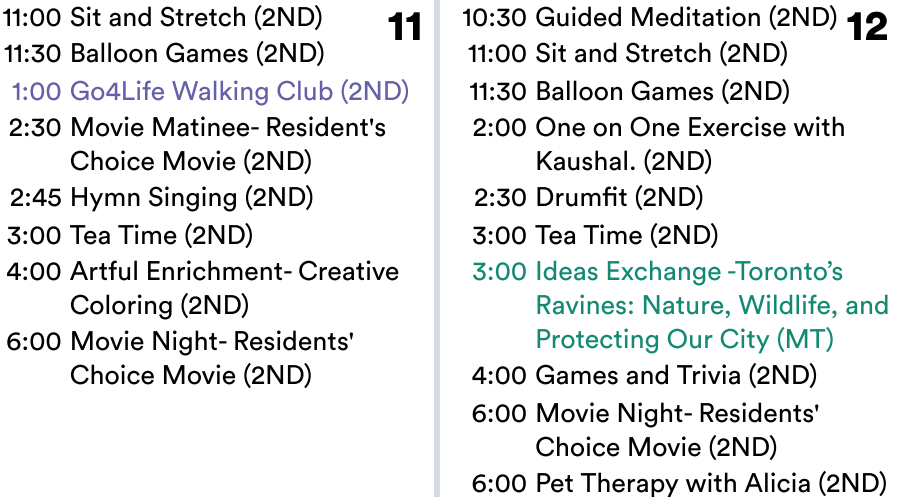
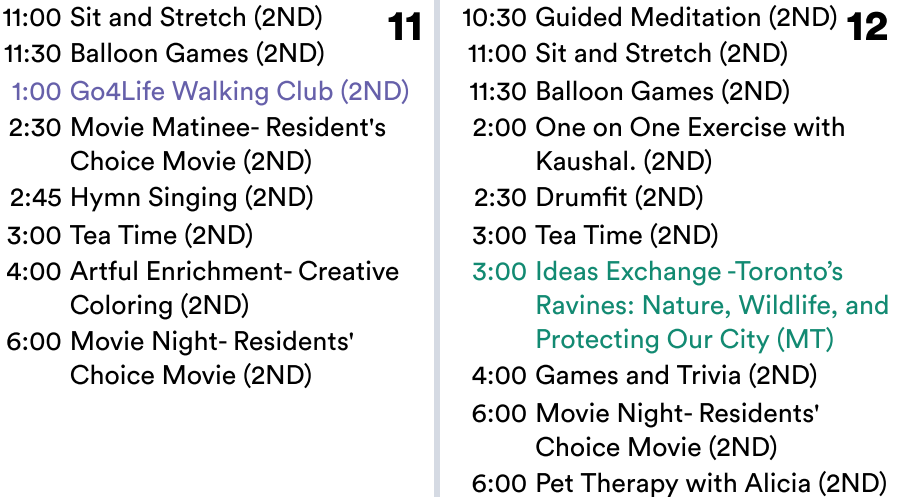
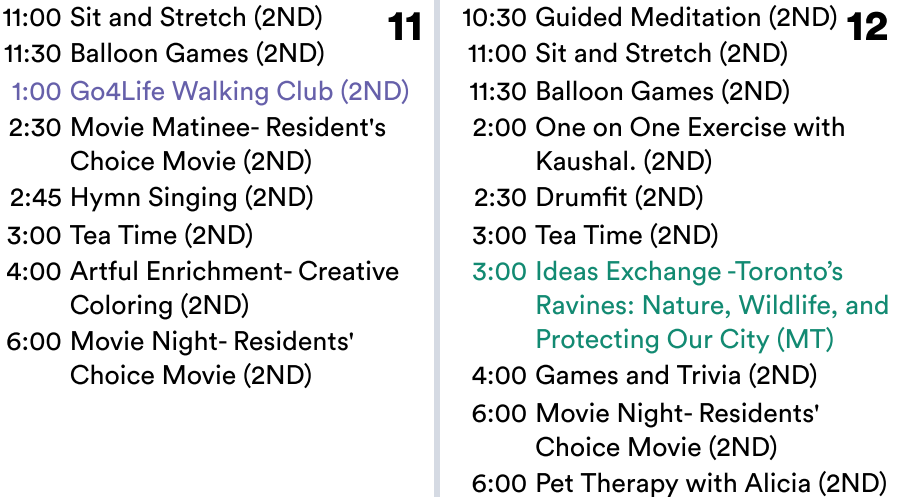
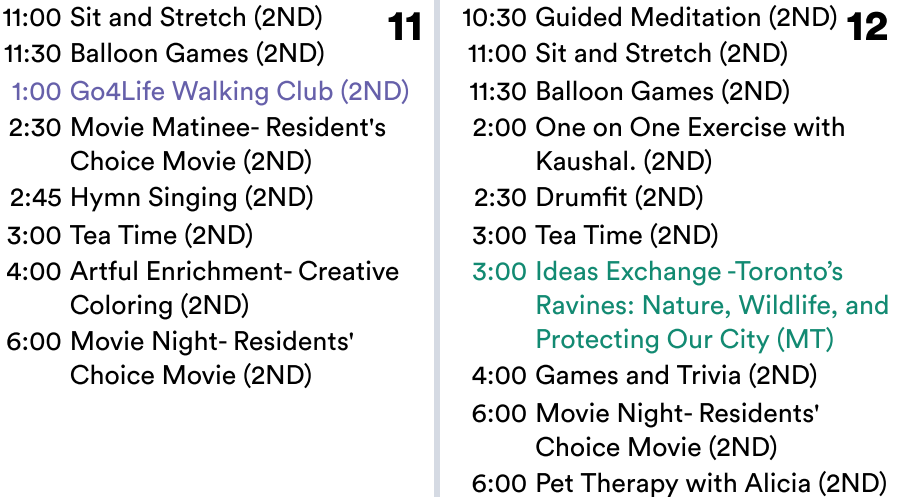
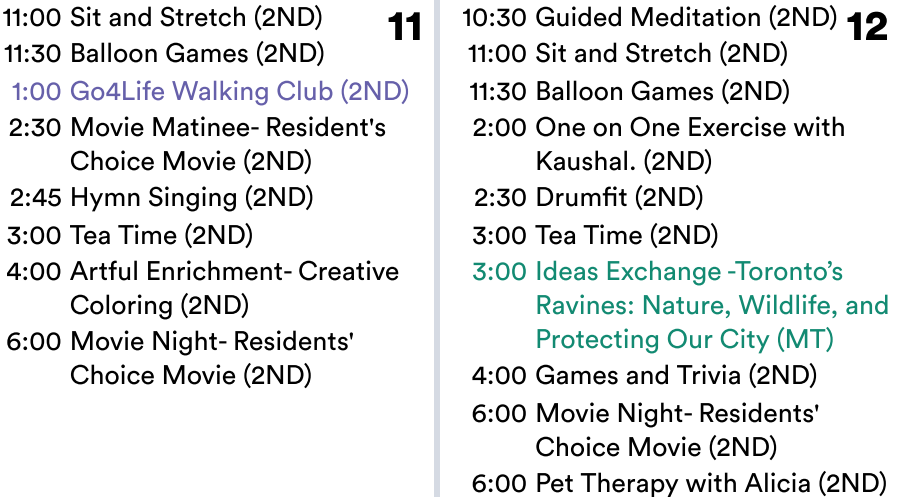
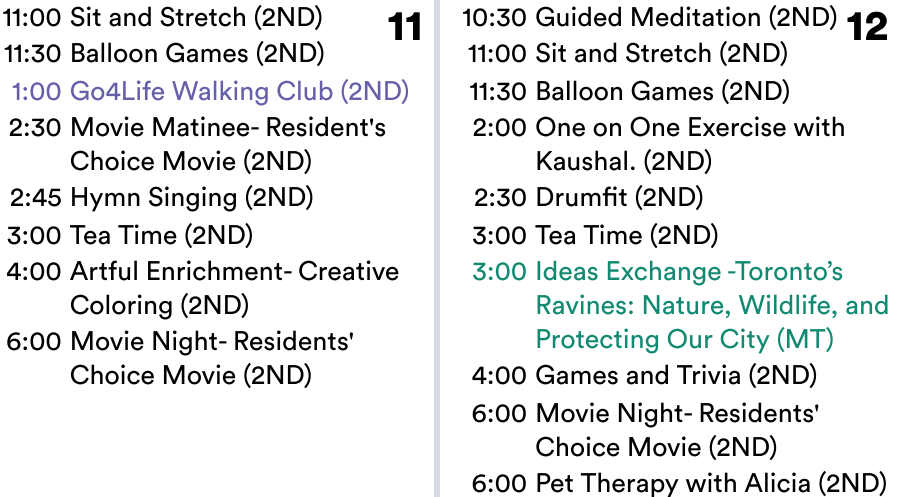
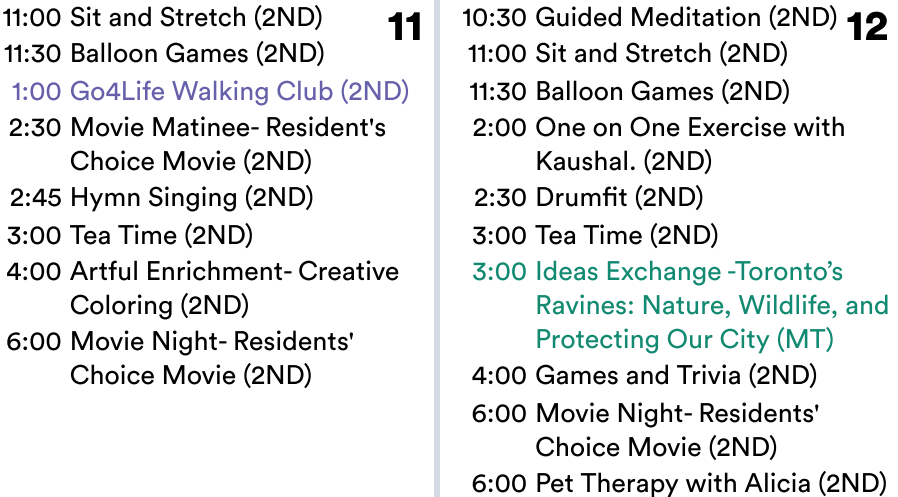
2026

January Assisted Living

Hazelton Place Retirement



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 National Popcorn Day 11:00 Sit and Stretch (2ND) 4 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	 National Chocolate Cake Day 10:30 Guided Meditation (2ND) 5 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND)	 National Chocolate Cake Day 10:45 Hand Massage (2ND) 6 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	 National Chocolate Cake Day 10:00 Individual Visits (2ND) 7 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Communion Service with Liska. (STG) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR)	 National Chocolate Cake Day 10:00 Individual Visits (2ND) 8 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	 National Chocolate Cake Day 11:00 Sit and Stretch (2ND) 2 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	 National Chocolate Cake Day 11:00 Sit and Stretch (2ND) 3 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour [Subject to Toronto Public Health's approval] (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
 National Chocolate Cake Day 11:00 Sit and Stretch (2ND) 11 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	 National Chocolate Cake Day 10:30 Guided Meditation (2ND) 12 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Drumfit (2ND) 3:00 Ideas Exchange -Toronto's Ravines: Nature, Wildlife, and Protecting Our City (MT) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND)	 National Chocolate Cake Day 10:30 Moving Stories: Dance Class (2ND) 13 10:45 Hand Massage (2ND) 11:30 Pass the Ball Game (2ND) 11:30 Sit and Stretch (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	 National Chocolate Cake Day 10:00 Individual Visits (2ND) 14 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 1:30 Meet me at the MOMA Artist Presentation: Pacita Abad (MT) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR)	 National Chocolate Cake Day 10:00 Individual Visits (2ND) 15 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	 National Chocolate Cake Day 11:00 Sit and Stretch (2ND) 9 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Hazelton Choir Group with Ernesto (STG)	 National Chocolate Cake Day 11:00 Sit and Stretch (2ND) 10 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Sit and Stretch (2ND) 18 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 January Birthday Party (LL) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 19 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:30 Martin Luther King Jr Documentary Documentary (MT) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND)	10:45 Hand Massage (2ND) 20 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:30 Living, Loving, Local: beans and lentils. (MT) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 21 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Residents' General/Council Meeting (MT) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR)	10:00 Individual Visits (2ND) 22 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	11:00 Sit and Stretch (2ND) 23 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Hazelton Choir Group with Ernesto (STG)	11:00 Sit and Stretch (2ND) 24 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
11:00 Sit and Stretch (2ND) 25 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 Jordan Klapman and Robbie Burns Concert (LL) 3:00 National Hot Chocolate Day1 come and enjoy a warm cozy afternoon with us. (LL) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 26 11:00 Sit and Stretch (2ND) 11:00 National Popcorn Day. (LL) 11:30 Balloon Games (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 Pet Therapy with Alicia (2ND)	10:45 Hand Massage (2ND) 27 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:00 Chair Zumba (Active Aging week) (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 28 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:30 Current Events Discussion with Patrick Gossage (MR)	10:00 Individual Visits (2ND) 29 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR)	11:00 Sit and Stretch (2ND) 30 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	11:00 Sit and Stretch (2ND) 31 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)



Locations Legend	
2nd Floor (2ND)	Bedford Bridge Lounge (BR)
Movie Theatre (MT)	Lower Lobby (LL)
Annex Bar (AB)	St. George Lounge (STG)
Meeting Room (MR)	
111 Art Studio (AS)	

Calendar Legend
Outing
Special Program
Cruise Week
Living, Loving, Local Signature Program