



INSPIRED  
SENIOR LIVING

# July 2026

## Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH



| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Saturday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <div><p>Canada Day</p></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <div><p>Canada Day 1</p><p>10:00 Sign Up for Programs &amp; Outings ONLY TIME (PL)</p><p>10:15 Seated Yoga With Deborah (CK)</p><p>10:30 Go4Life Walking Grp (L)</p><p>2:00 Travelling Trolley with Shantel &amp; Athena: Maple Butter Tart with Ice Cream on top (17th Floor to 11th Floor) (IS)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 Travelling Trolley with Shantel &amp; Athena: Maple Butter Tart with Ice Cream on top (10th Floor to 3rd Floor) (IS)</p><p>6:30 Movie Night: The Night of The Hunter (TH)</p><p>7:00 Canada Day Entertainment with Anat Kriger (CK)</p></div> | <div><p>10:00 Outing to Trinity Presbyterian Church for the Encore Band Concert (Sign Up Required) (L) 2</p><p>10:00 Exercises with Athena (CK)</p><p>10:30 Thursday Trivia with Allan (BAR)</p><p>2:00 Musical Hang Man with Shantel &amp; Athena (CK)</p><p>2:00 Ted Talk Thursday Features: The Art of Turning “No” into Success by Hayk Simonyan   How to Speak so People Remember You by Yasir Khan (TH)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:30 Cryptograms with Jasnoor (PL)</p><p>5:30 Paraffin Wax Treatment (PL)</p><p>6:30 Bridge Night (GR)</p><p>6:30 Movie Night: Life of Pi (TH)</p><p>7:00 Loonie Bingo with Athena (CK)</p></div>                                          | <div><p>10:00 Go4Life Walking Grp (L) 3</p><p>10:00 Tai Chi Class with Shiva (CK)</p><p>10:30 Quiddler with Athena (GR)</p><p>10:45 Drumfit Classics with Shantel (PL)</p><p>11:30 Summer BBQ Style Lunch (DR)</p><p>2:00 Council's Pick Movie Fridays: Inside Man (TH)</p><p>2:00 Friday Afternoon Bingo with Athena (CK)</p><p>3:00 Afternoon Tea Social/ Pub Afternoon Red Wine Sangria (3T)</p><p>3:00 Karaoke Sing A Long (3T)</p><p>6:30 Movie Night: Inside Man (TH)</p></div>                                                                                                                                                                              | <div><p>10:00 Exercises with Athena (CK) 4</p><p>10:30 Quiddler (Self-Directed) (GR)</p><p>10:45 Drumfit Classics with Athena (PL)</p><p>1:00 FIFA 2026 World Cup Series: Canada vs Morocco Watch Party (PL)</p><p>1:30 Go4Life Walking Grp (L)</p><p>2:00 Saturday Afternoon Entertainment: André Rieu Live in Vienna (TH)</p><p>3:00 Euchre (GR)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:30 Fit Minds-Stay Sharp (CK)</p><p>6:30 Movie Night: Aberdeen (TH)</p></div>                                                                                                    |
| <div><p>Activity Packages Available At Reception 5</p><p>10:00 Virtual Full Length Tai Chi Class   Piedmont Healthcare (PL)</p><p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p><p>10:30 Sunday Trivia with Allan (BAR)</p><p>2:00 Scrabble Self Directed (GR)</p><p>2:00 Opera Gala: Opera Festival Ausgewählter Werke 23 AGO 2025 (TH)</p><p>2:00 Loonie Bingo with Cleopatra (CK)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>6:30 Movie Night: Robin Hood: Prince of Thieves (TH)</p></div>                            | <div><p>Access Abilities Service Clinic Sign Up @ Reception (2:30PM to 4:00PM) (S) 6</p><p>10:00 Exercises with Shantel (CK)</p><p>10:45 Drumfit Classics with Shantel (PL)</p><p>1:30 Go4Life Walking Grp (L)</p><p>1:30 Meet Me at the MoMa Presentation with Mai Vy - Lawren Stewart Harris (PL)</p><p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p><p>2:00 Musical Movie Mondays: Chorus Line (TH)</p><p>2:00 Meet Me at the MoMa Painting Session (PL)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:30 Java Music Club Sing A-long (CK)</p><p>6:30 Movie Night: Chorus Line (TH)</p></div> | <div><p>10:00 Gentle Fitness (CK) 7</p><p>10:00 Outing: Toronto Premium Outlets Outdoor Mall Group 1 (Sign up Required) (L)</p><p>10:45 Falls Prevention Exercise Class (CK)</p><p>2:00 Euchre (GR)</p><p>2:00 Ballet Masterpiece: The Nutcracker Ballet – Premier 2025   Full Classical Ballet Performance   Imperial Classical Ballet (TH)</p><p>2:00 Learn to Play Quiddler with Athena (PL)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:30 Spelling Bee Challenge (CK)</p><p>6:30 Movie Night: Dodgeball (TH)</p></div> | <div><p>10:00 Outing: Toronto Premium Outlets Outdoor Mall Group 2 (Sign up Required) (L) 8</p><p>10:15 Seated Yoga With Deborah (CK)</p><p>10:30 Go4Life Walking Grp (L)</p><p>2:00 Classic Movie Wednesdays: Drive (TH)</p><p>2:00 Crafty Wednesdays with Athena: Fan Painting (Sign Up Required) (CK)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:30 Resident Food Meeting with Crystel (CK)</p><p>6:30 Movie Night: Drive (TH)</p></div>                                                                                                                                                   | <div><p>10:00 Gentle Fitness (CK) 9</p><p>10:30 Thursday Trivia with Shantel (BAR)</p><p>10:45 Falls Prevention Exercise Class (CK)</p><p>2:00 Ted Talk Thursday Features: How to Be Confident (Even If You're Not) by Montana von Fliss   The Science Behind Dramatically Better Conversations by Charles Duhigg (TH)</p><p>2:00 Musical Hang Man with Shantel &amp; Athena (BAR)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 Health and Wellness Meeting with Cleopatra (CK)</p><p>3:30 Cryptograms with Shantel (PL)</p><p>5:30 Paraffin Wax Treatment (PL)</p><p>6:30 Bridge Night (GR)</p><p>6:30 Movie Night: Noah (TH)</p><p>7:00 Loonie Bingo with Athena (CK)</p></div>                | <div><p>8:30 Summer Events: Breakfast with the Managers (BAR) 10</p><p>10:00 Go4Life Walking Grp (L)</p><p>10:00 Exercises with Athena (PL)</p><p>10:30 Church Service with Msgr. Pat (CK)</p><p>10:30 Quiddler with Athena (GR)</p><p>10:45 Drumfit Classics with Shantel (PL)</p><p>2:00 Council's Pick Movie Fridays: Gatsby (TH)</p><p>2:00 Salsa Dancing with Amir (CK)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 Friday Afternoon Bingo with Shantel &amp; Athena featuring Rum Punch (3T)</p><p>3:00 Karaoke Sing A Long (3T)</p><p>4:30 Living Loving Local Theme Dinner - Featuring Raspberries (DR)</p><p>6:30 Movie Night: Gatsby (TH)</p></div> | <div><p>National Mojito Day! 11</p><p>10:00 Exercises with Athena (CK)</p><p>10:30 Quiddler (Self-Directed) (GR)</p><p>10:45 Drumfit Classics with Athena (PL)</p><p>1:30 Go4Life Walking Grp (L)</p><p>2:00 Scattergories with Athena (CK)</p><p>2:00 Saturday Afternoon Entertainment: 2CELLOS - LIVE at Sydney Opera House (Full Concert) (TH)</p><p>3:00 Euchre (GR)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 3 Different ways to Make a Mojito Demo with Athena (CK)</p><p>3:30 Fit Minds-Stay Sharp with Mai-Vy (CK)</p><p>6:30 Movie Night: Adrift (TH)</p></div> |
| <div><p>Activity Packages Available At Reception 12</p><p>10:00 Virtual Full Length Tai Chi Class   Piedmont Healthcare (PL)</p><p>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</p><p>10:30 Sunday Trivia with Allan (BAR)</p><p>2:00 Scrabble Self Directed (GR)</p><p>2:00 Opera Gala: Porgy And Bess at Polish National Opera in Warsaw (Full Play) made for Living Arts Inc. (TH)</p><p>2:00 Loonie Bingo with Lette (CK)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>6:30 Movie Night: Maid in Manhattan (TH)</p></div> | <div><p>10:00 Exercises with Shantel (CK) 13</p><p>10:45 Drumfit Classics with Shantel (PL)</p><p>1:30 Go4Life Walking Grp (L)</p><p>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</p><p>2:00 Musical Movie Mondays: Pitch Perfect (TH)</p><p>2:00 Painting with Lynn (Sign Up Required) (CK)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 Tech Corner with Stephen Velasco and Co from Silver Wiazrd Sign Up Required (3:00PM to 4:00PM) (PL)</p><p>3:30 Java Music Club Sing A-long (CK)</p><p>6:30 Movie Night: Pitch Perfect (TH)</p></div>                                                  | <div><p>Summerfest Celebration 14</p><p>10:00 Gentle Fitness (CK)</p><p>10:45 Falls Prevention Exercise Class (CK)</p><p>2:00 Euchre (GR)</p><p>2:00 Ballet Masterpiece: La Bayadère   Eva Sergeyenkova &amp; Dmitry Smilevski   25 Jan 2026   Bolshoi Theatre (TH)</p><p>2:00 Canterbury Place Anniversary featuring Entertainment with Kenn Lewis (2:00PM to 4:00PM) (CD)</p><p>2:00 Golden Moments Launch Ceremony (CD)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>6:30 Movie Night: The Upside (TH)</p></div>            | <div><p>Summerfest Celebration 15</p><p>10:15 Seated Yoga With Deborah (CK)</p><p>10:30 Go4Life Walking Grp (L)</p><p>2:00 Classic Movie Wednesdays: The Dodsworth (TH)</p><p>2:00 Mixology Class with Shantel &amp; Ryan (Sign Up Required) (BAR)</p><p>3:00 Canterbury Place Bake Sale (CK)</p><p>3:00 Afternoon Tea Social (CK)</p><p>6:30 Movie Night: The Dodsworth (TH)</p></div>                                                                                                                                                                                                          | <div><p>Summerfest Celebration 16</p><p>9:30 Outing to St. Jacobs Farmer Market (Sign Up Required) (L)</p><p>10:00 Gentle Fitness (CK)</p><p>10:30 Thursday Trivia with Athena (BAR)</p><p>10:45 Falls Prevention Exercise Class (CK)</p><p>2:00 Ted Talk Thursday Features: The Skill of Self Confidence by Dr. Ivan Joseph   The First 20 hours - How to Learn Anything by Josh Kaufman (TH)</p><p>2:00 Soft Bowling with Athena (3T)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:30 Blindfolded Bliss Chocolate and Coffee Tasting Experience (Sign Up Required) (PL)</p><p>6:30 Bridge Night (GR)</p><p>6:30 Movie Night: The Prestige (TH)</p><p>7:00 Loonie Bingo with Athena (CK)</p></div> | <div><p>Summerfest Celebration 17</p><p>Hearing Clinic (Sign Up @ Reception, 1:00 - 4:00 p.m.) (GR)</p><p>Anne Marie Fifth Avenue Jewelry - Vendor (11:00AM-3:00PM) (TH)</p><p>10:00 Go4Life Walking Grp (L)</p><p>10:00 Exercises with Athena (CK)</p><p>10:30 Quiddler (Self-Directed) (GR)</p><p>10:45 Drumfit Classics with Shantel (PL)</p><p>2:00 Council's Pick Movie Fridays: Scent of A Woman (PL)</p><p>2:00 Mini Golf Tournament (3T)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 Living, Loving, Local Jam Session: Make Your Own Raspberry Jam (Sign Up Required) (CK)</p><p>6:30 Movie Night: Scent of A Woman (TH)</p></div>                   | <div><p>10:00 Exercises with Athena (CK) 18</p><p>10:30 Quiddler (Self-Directed) (GR)</p><p>10:45 Drumfit Classics with Athena (PL)</p><p>1:30 Go4Life Walking Grp (L)</p><p>2:00 Saturday Afternoon Entertainment: HAUSER - Live in Zagreb Full Classical Concert (TH)</p><p>2:00 Saturday Afternoon Bingo with Athena (CK)</p><p>3:00 Euchre (GR)</p><p>3:00 Afternoon Tea Social (BAR)</p><p>3:00 Getting to Know Mai-Vy (Student)- Presentation (PL)</p><p>3:30 Fit Minds-Stay Sharp (CK)</p><p>6:30 Movie Night: Mr. and Mrs. Smith (TH)</p></div>                          |



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| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Saturday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <div>Activity Packages Available At Reception <b>19</b></div> <div>10:00 Virtual Full Length Tai Chi Class   Piedmont Healthcare (PL)</div> <div>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</div> <div>10:30 Sunday Trivia with Allan (BAR)</div> <div>2:00 Scrabble Self Directed (GR)</div> <div>2:00 Opera Gala: Riga Opera Festival Concert 2018 / Rigas Operas Festivala 2018 Gala Koncerts (TH)</div> <div>2:00 Loonie Bingo with Shantel (CK)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>6:30 Movie Night: Central Intelligence (TH)</div> | <div>Access Abilities Service Clinic Sign Up @ Reception (2:30PM to 4:00PM) (S) <b>20</b></div> <div>10:00 Exercises with Shantel (CK)</div> <div>10:45 Drumfit Classics with Shantel (PL)</div> <div>1:30 Go4Life Walking Grp (L)</div> <div>1:30 Meet Me at the MoMa Presentation with Antoinette - Winnifred Petcheymarsh (PL)</div> <div>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</div> <div>2:00 Musical Movie Mondays: Pitch Perfect 2 (TH)</div> <div>2:00 Meet Me at the MoMa Painting Session (PL)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:30 Java Music Club Sing A-long (CK)</div> <div>6:30 Movie Night: Pitch Perfect 2 (TH)</div> | <div>10:00 Gentle Fitness (CK) <b>21</b></div> <div>10:45 Falls Prevention Exercise Class (CK)</div> <div>11:30 Cooking and Connections with Chef Crystel (Sign Up Required) (PDR)</div> <div>12:00 Outing: Lunch at Petit Potato Group 1 (Sign Up Required) (O)</div> <div>2:00 Euchre (GR)</div> <div>2:00 Ballet Masterpiece: DON QUIXOTE Stanislavsky Theater Ballet w/ Sergei Polunin &amp; Erika Mikirticheva (2014) (TH)</div> <div>2:00 Artful Enrichment Workshop: Summer Sunset Silhouetter (PL)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:00 Getting to Know Jasnoor (Student)-Presentation (CK)</div> <div>3:30 Spelling Bee Challenge (PL)</div> <div>6:30 Movie Night: Color Book (TH)</div>          | <div>10:15 Seated Yoga With Deborah (CK) <b>22</b></div> <div>10:30 Go4Life Walking Grp (L)</div> <div>12:00 Outing: Lunch at Petit Potato Group 2 (Sign Up Required) (L)</div> <div>2:00 Classic Movie Wednesdays: Before The Revolution (TH)</div> <div>2:00 Artsy Wednesdays with Athena:Color Fusion Workshop Learn how to mix paint colours. (CK)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:30 Life Enrichment Meeting (CK)</div> <div>6:30 Movie Night: Before The Revolution (TH)</div> | <div>Full Evacuation Testing Day! <b>23</b></div> <div>10:00 Gentle Fitness (CK)</div> <div>10:30 Thursday Trivia with Shantel (BAR)</div> <div>10:45 Falls Prevention Exercise Class (CK)</div> <div>2:00 Ted Talk Thursday Features: Brain Hack: 6 Secrets to Learning Faster, backed by Neuroscience by Lila Landowski   You are contagious by Vanessa Van Edwards (TH)</div> <div>2:00 Full Evacuation Test (CD)</div> <div>3:00 Thursday Entertainment with The West Enders (CD)</div> <div>5:30 Paraffin Wax Treatment (PL)</div> <div>6:30 Bridge Night (GR)</div> <div>6:30 Movie Night: Devil Wears Prada (TH)</div> <div>7:00 Loonie Bingo with Athena (CK)</div>        | <div>8:30 Summer Events: Breakfast with the Managers (BAR) <b>24</b></div> <div>10:00 Go4Life Walking Grp (L)</div> <div>10:00 Exercises with Athena (CK)</div> <div>10:30 Quiddler with Athena (GR)</div> <div>10:45 Drumfit Classics with Shantel (PL)</div> <div>1:00 Outing to Cirque Du Soleil (Sign Up Required) (L)</div> <div>2:00 Council's Pick Movie Fridays: Mary Queen of Scots (TH)</div> <div>2:00 Friday Afternoon Bingo with Adrienn (CK)</div> <div>3:00 Afternoon Tea Social/ Pub Afternoon Featuring Paloma (BAR)</div> <div>3:00 Karaoke Sing A Long (3T)</div> <div>6:30 Movie Night: Mary Queen of Scots (TH)</div> | <div>10:00 Exercises with Athena (CK) <b>25</b></div> <div>10:30 Quiddler (Self-Directed) (GR)</div> <div>10:45 Drumfit Classics with Athena (PL)</div> <div>1:30 Go4Life Walking Grp (L)</div> <div>2:00 Scattergories with Athena (CK)</div> <div>2:00 Saturday Afternoon Entertainment: Pittsburgh Symphony Orchestra Live from Berlin, Opening Concert of Musikfest Berlin 2013 (TH)</div> <div>3:00 Euchre (GR)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:30 Fit Minds-Stay Sharp (CK)</div> <div>6:30 Movie Night: Unsung Hero (TH)</div> |
| <div>Activity Packages Available At Reception <b>26</b></div> <div>10:00 Virtual Full Length Tai Chi Class   Piedmont Healthcare (PL)</div> <div>10:30 Manor Road United Church YouTube Service (All Welcome) (TH)</div> <div>10:30 Sunday Trivia with Allan (BAR)</div> <div>11:30 BRUNCH (DR)</div> <div>2:00 Scrabble Self Directed (GR)</div> <div>2:00 Opera Gala: LE PROPHÈTE Bard SummerScape Opera 2024 (TH)</div> <div>2:00 Loonie Bingo with Loida (PL)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>6:30 Movie Night: Sleepless in Seattle (TH)</div>           | <div>10:00 All Residents Information Meeting (CK) <b>27</b></div> <div>1:30 Go4Life Walking Grp (L)</div> <div>2:00 Bridge Game (2:00pm to 4:00pm) (GR)</div> <div>2:00 Musical Movie Mondays: Whitney Houston: I Wanna Dance With Somebody (TH)</div> <div>2:00 Painting with Lynn (Sign Up Required) (CK)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:00 Tech Corner with Stephen Velasco and Co from Silver Wiazrd Sign Up Required (3:00PM to 4:00PM) (PL)</div> <div>3:30 Getting to Know Antoinette (Student)-Presentation (CK)</div> <div>6:30 Movie Night: Whitney Houston: I Wanna Dance With Somebody (TH)</div>                          | <div>FOOTCARE CLINIC (Sign Up @ Reception) (IS) <b>28</b></div> <div>10:00 Gentle Fitness (CK)</div> <div>10:00 Outing to Walmart (Sign Up Required) Group 1 (L)</div> <div>10:45 Falls Prevention Exercise Class (CK)</div> <div>2:00 Euchre (GR)</div> <div>2:00 Ballet Masterpiece: Swan Lake Ballet - Premier 2025 - Full Ballet Performance - Pyotr Tchaikovsky (TH)</div> <div>2:00 Outing to Walmart (Sign Up Required) Group 2 (L)</div> <div>2:00 Tote Bag Painting with Susan from ArtGrow Creative (Sign Up Required) (PL)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:30 Spelling Bee Challenge (CK)</div> <div>6:30 Movie Night: Flipper (TH)</div> <div>7:00 Sing A-long with Patricia Duffy (PL)</div> | <div>10:15 Seated Yoga With Deborah (CK) <b>29</b></div> <div>10:30 Go4Life Walking Grp (L)</div> <div>2:00 Classic Movie Wednesdays: South Pacific (TH)</div> <div>2:30 Outing - Picnic at Dempsey Park for a Paint and Sip (Sign Up Required) (L)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>6:30 Movie Night: South Pacific (TH)</div>                                                                                                                                                         | <div>10:00 Gentle Fitness (CK) <b>30</b></div> <div>10:30 Thursday Trivia with Shantel (BAR)</div> <div>10:45 Falls Prevention Exercise Class (CK)</div> <div>2:00 Ted Talk Thursday Features: Intermittent Fasting: Transformational Technique   Surviving to Thriving by Cynthia Thurlow (TH)</div> <div>2:00 Getting To Know Cleopatra Blanatac, Health and Wellness Mananger (PL)</div> <div>3:00 Afternoon Tea Social (BAR)</div> <div>3:00 Celebrating July Birthdays with Kelly Davis (CK)</div> <div>5:30 Paraffin Wax Treatment (PL)</div> <div>6:30 Bridge Night (GR)</div> <div>6:30 Movie Night: It Takes Two (TH)</div> <div>7:00 Loonie Bingo with Athena (CK)</div> | <div>Avon Body Care Vendor (11:00AM to 3:00PM) (TH) <b>31</b></div> <div>10:00 Go4Life Walking Grp (L)</div> <div>10:00 Exercises with Athena (CK)</div> <div>10:30 Quiddler with Athena (GR)</div> <div>10:45 Drumfit Classics with Shantel (PL)</div> <div>2:00 Council's Pick Movie Fridays: Respect (PL)</div> <div>2:00 Living, Loving, Local Chef's Demo with Crystel - Featuring Raspberries (CK)</div> <div>3:00 Afternoon Tea Social/ Pub Afternoon Featuring French 75 (3T)</div> <div>3:00 Karaoke Sing A Long (3T)</div> <div>6:30 Movie Night: Respect (TH)</div>                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |



Fashion Day

Be

Supported

### Locations Legend

Country Kitchen (CK)  
Theatre (TH)  
Piano Lounge (PL)  
Bar (BAR)  
Games Room (GR)  
Lobby (L)  
3rd Floor Terrace (3T)

Canterbury Driveway (CD)  
In Suite (IS)  
Dining Room (DR)  
Salon (S)  
Private Dining Room (PDR)  
Outside (O)

### Calendar Legend

Outing  
Special Program  
Cruise Week  
Living, Loving, Local  
Signature Program