



MENU FOR THE WEEK OF JULY 13- JULY 19, 2026



Menu items are subject to change due to availability of product. *Please check the Daily Menu Board*

DINNER

OMELETE OF THE WEEK - 2 CHEESE

	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul	19-Jul
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	PORK & BARLEY SOUP	HAMBURGER SOUP	CREAM OF MUSHROOM SOUP	LEMON GRASS GINGER SOUP	PUREED GREEN PEA SOUP	CHICKEN NOODLE SOUP	FRENCH ONION WITH CHEESE CROUTONS SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	SPINACH WITH RASPBERRIES & GOAT CHEESE	GRAPES, MANDARIN ORANGE ON ICEBERG LETTUCE SALAD	BEET SALAD WITH COTTAGE CHEESE	WALDORF SALAD	SALAD WITH FRESH PAPAYA & DRIED CRANBERRIES	GREEN MIX SALAD WITH HONEY DEW, PINEAPPLE & CRANBERRY ON CROISSANT	TANGY PEAR & BLUE CHEESE SALAD
Entrée 1	BRAISED BEEF STROGANOFF WITH EGG NOODLES	CHEF'S SALAD:COLD PLATE (CHOPPED LETTUCE, HARD BOILED EGGS, SWISS CHEESE, JULIENNE HAM, SMOKED TURKEY, CUCUMBER, CHERRY TOMATOES, DRESSING)	BREADED PORK CUTLETS WITH GRAVY	BAKED HAWAIIAN PIZZA WITH TOSSED SALAD	BRAISED CABBAGE ROLLS IN TOMATO SAUCE WITH SOUR CREAM	HAM & CHEESE SANDWICH WITH FRENCH FRIES, COLESLAW	BRAISED VEAL OSSO BUCCO
Entrée 2	ROASTED CHICKEN DRUMSTICKS WITH GRAVY	CHICKEN A LA KING IN PUFF PASTRY	SWEET & SOUR CHICKEN WITH STEAMED RICE	MARINATED & ROASTED CHICKEN LEGS WITH GRAVY	ROASTED CHICKEN BREAST WITH GRAVY	CHICKEN WINGS WITH HONEY-GARLIC SAUCE	MARINATED & ROASTED CHICKEN THIGHS WITH MUSHROOM SAUCE
Entrée 3	LEMON-PEPPER COD LOIN CHIVE CREAM SAUCE	CHINESE STYLE STEAMED COD LOIN WITH GINGER SCALLION SAUCE	POACHED SALMON FILET WITH TARTAR SAUCE	GRILLED HALIBUT FILET WITH LEMON SAUCE	PAN FRIED LOBSTER CAKE WITH TARTAR SAUCE	GARLIC PRAWN SKEWERS WITH LEMON WEDGE	PUB STYLE SEAFOOD BASKETS: BREADED PRAWNS, CALAMARI, ONION RINGS, RANCH DRESSING
Starch	POTATOES PATTIES	ROASTED POTATOES	BOILED YELLOW POTATO WITH DILL	MASHED POTATOES	SCALLOPED POTATOES	POTATO LYONNAISE	BAKED 1/2 POTATO WITH SOUR CREAM
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	BABY CARROTS/PEAS	GREEN BEANS	ROASTED BRUSSEL SPROUTS	*CAULIFLOWER	MIXED VEGETABLES	BUTTERED CORN	SLICED CARROTS
Vegetable	ROASTED ACORN SQUASH	SPAGHETTI *SQUASH	MASHED YELLOW TURNIPS & CARROTS	BROCCOLI FLORETS		BAKED *TOMATO	GREEN BEANS
FEATURED Dessert	INDIVIDUAL TIRAMISU CUPS	INDIVIDUAL BUTTERSCOTCH & CHOCOLATE PUDDING	ASSORTED CAKES	INDIVIDUAL BLUEBERRY TARTS	APPLE & RAISIN CREPES	LEMON MERINGUE PIE	CHOCOLATE ÉCLAIR



* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO

