

MENU FOR THE WEEK OF JULY 27 - AUGUST 2, 2026

Menu items are subject to change due to availability of product. * Please check the Daily Menu Board*

DINNER

OMELET OF THE WEEK: HAM & CHEESE

	27-Jul-26	28-Jul-26	29-Jul-26	30-Jul-26	31-Jul-26	01-Aug-26	02-Aug-26
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	POTATO LEEK	CHORIZO & WHITE BEANS SOUP	COUNTRY VEGETABLES SOUP	HAMBURGER SOUP	THREE MUSHROOM BARLEY SOUP	CHICKEN NOODLE SOUP	CARROT & GINGER SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	FRESH *APPLES & MANGO ON ICEBERG LETTUCE	CAESAR SALAD	*SPINACH SALAD WITH PINEAPPLE & ROASTED COCONUT	CUCUMBER & RADISH SALAD ON ICEBERG LETTUCE	SHREDDED CRAB MEAT & SLICED *EGGS SALAD	ICEBERG LETTUCE WITH WALNUTS, GRAPES, *RASPBERRIES	POTATO SALAD
Entrée 1	BAKED SAUSAGE ROLLS WITH MASHED POTATOES & GRAVY	SALISBURY STEAK MUSHROOM GRAVY	MEXICAN STYLE SPICED BEEF STEW ON RICE & BEANS	BRAISED PORK CHOPS	MEAT CANNELLONI TOMATO SAUCE	BRAISED SWEET & SOUR PORK DRUMMIES	BBQ PULLED PORK SANDWICH WITH ONION RINGS & COLESLAW
Entrée 2	ROASTED TURKEY BREAST WITH STUFFING & GRAVY	COCONUT BREADED CHICKEN BREAST WITH HONEY MUSTARD SAUCE	ROASTED CHICKEN DRUMSTICKS WITH GRAVY	TURKEY POT PIE WITH GRAVY	ROASTED CHICKEN LEGS WITH GRAVY	CHICKEN CAESAR WRAP WITH POTATO SALAD	MARINATED & ROASTED CHICKEN THIGHS WITH GRAVY
Entrée 3	BUTTER BAKED HADDOCK FILET	PRAWNS & SCALLOPS RISOTTO	FISH TACOS WITH CABBAGE SLAW	PRAWNS & VEGETABLES FRIED NOODLES	POACHED SALMON FILET WITH ORANGE SAUCE	PAN FRIED CRAB CAKE WITH TARTAR SAUCE	SEAFOOD LOADED POTATO SKINS WITH REMOULADE SAUCE
Starch	MASHED POTATOES	PARSLIED BOILED POTATOES	POTATOES PATTIES	MASHED SWEET POTATOES	BAKED 1/2 POTATO WITH SOUR CREAM	ROASTED POTATOES	POTATO LYONNAISE
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	CARROTS	ROASTED BRUSSEL SPROUTS	*BROCCOLI FLORETS	BUTTERED CORN	*BEETS	BAKED *TOMATO	WHOLE GREEN *BEANS
Vegetable	PEAS	MASHED CARROTS & TURNIPS	BUTTERNUT *SQUASH	ZUCCHINI	ASPARAGUS	*CAULIFLOWER	SPAGHETTI *SQUASH
FEATURED Dessert	ASSORTED FRUIT *YOGURT PARFAIT	PUMPKIN PIE	BANANA FLAMBE	CARAMEL CHOCOLATE SEA SALT COOKIES WITH ICE CREAM	WILD CHERRY JELLO	FRESH BLUEBERRY TART	MARIO GELATO RUM RAISIN ICE CREAM

* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT

