

## Menu for the Week of July 6 - July 12, 2026

*Menu items are subject to change due to availability of product. \*Please check the Daily Menu Board\**

### DINNER

#### OMELETTE OF THE WEEK: GREEK STYLE (TOMATO, ONION, FETA CHEESE)

	06-Jul	07-Jul	08-Jul	09-Jul	10-Jul	11-Jul	12-Jul
Week 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	ITALIAN MINISTRONE SOUP	LEEK, BACON & POTATO SOUP	CAULIFLOWER & CHORIZO SOUP	CLAM CHOWDER SOUP	<b>*LLL: RASPBERRY*</b> BORSCHT SOUP WITH SOUR CREAM	CHICKEN NOODLE SOUP	CREAM OF ASPARAGUS SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	BOCCONCINI, TOMATO, CUCUMBER ON ICEBERG LETTUCE	AVOCADO & PROSCIUTTO SALAD ON ICEBERG	SLICED *PEACHES & *BLUEBERRIES ON ICEBERG LETTUCE SALAD	MIXED GREENS WITH RED GRAPES, *RASPBERRIES & BLUE CHEESE	LLL: BLUEBERRY & RASPBERRY SALAD WITH RASPBERRY VINAIGRETTE	WARM CALAMARI SALAD WITH RANCH DRESSING	CRISPY BACON, HARD BOILED EGGS ON ICEBERG LETTUCE
Entrée 1	GRILLED MINI BURGER SLIDERS WITH FRENCH FRIES	BRAISED LAMB & VEGETABLE STEW ON EGG NOODLES	OVERNIGHT ROASTED PORK BELLY WITH STEAMED RICE	PAN FRIED VEAL LIVER WITH SAUTEED ONIONS, GRAVY	MAUI SHORT RIBS WITH STEAMED RICE	BEEF & VEGETABLE POT PIE WITH GRAVY	GRILLED VEAL FLANK STEAK WITH BALSAMIC GLAZE
Entrée 2	MARINATED AND ROASTED CHICKEN BREAST WITH HOISIN SAUCE	SANTE FE CHICKEN BREAST	SWEET CURRY CHICKEN WITH BASMATI RICE	BAKED MACARONI & CHEESE	LLL: ROASTED CHICKEN LEGS WITH CITRUS RASPBERRY COULIS	ROASTED CHICKEN DRUMSTICKS WITH CREAMY MUSHROOM SAUCE	CHICKEN FINGERS WITH CAESAR SALAD, PLUM SAUCE
Entrée 3	BAKED MAPLE GLAZED SOCKEYE SALMON FILET	SEAFOOD COQUILLE ST. JAQUES (BABY SHRIMPS, SCALLOPS, MUSHROOMS, WHITE WINE SAUCE)	SALMON BURGER WITH FRENCH FRIES	POACHED BASA FILET WITH YOGHURT DILL SAUCE	GRILLED SALMON FILET WITH TARTAR SAUCE	POTATO CRUSTED COD FILET WITH TARTAR SAUCE	WINE & BUTTER STEAMED CLAMS WITH GARLIC BREAD
Starch	STEAMED WHITE POTATOES WITH DILL	ROASTED YAM POTATOES	POTATO LYONNAISE	MASHED POTATOES	POTATO PATTIES	BAKE 1/2 POTATO WITH SOUR CREAM	ROASTED RED POTATOES
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	BABY CARROTS	BOK CHOY	YELLOW BEANS	BAKED TOMATOES	BROCCOLI FLORETS	SPAGHETTI SQUASH	YELLOW BEANS
Vegetable	ROASTED TURNIPS	CORN NIBLETS	BRAISED RED CABBAGE	GREEN BEANS	SLICED BEETS	PEAS	HONEY CARROTS
FEATURED Dessert	BAKED CUSTARD BREAD PUDDING WITH CHOCOLATE SAUCE	CARROT CAKE	PECAN STREUSEL CAKE	MARIO'S GELATO ICE CREAM	RASPBERRY CHEESECAKE ICE CREAM WITH CARAMEL CHOCOLATE SEA SALT COOKIES	INDIVIDUAL COCONUT PUDDING	PEACH MELBA WITH RASPBERRY COULIS



\* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES  
AVOCADO  
BEANS & LENTILS  
BEETS

BLACKBERRIES  
BLUEBERRIES  
BRAN & OAT  
BROCCOLI

CAULIFLOWER  
CHERRIES  
CRANBERRIES  
EGGS

FATTY FISH  
NUTS  
PEACHES  
RASPBERRIES

SPINACH  
STRAWBERRIES  
SQUASH  
TOMATO  
YOGURT

