

Weekly Menu Week 2

July 27 Verona 28 29 Lunch 30 31 Saturday 1 Sunday 2							
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Beef & Noodle	Potato Leek	Chicken Noodle	Cream of Vegetable	PICNIC DAY!	Cauliflower Cheddar	Chefs Choice
Entrée 1	* Egg Salad on Croissant	Tuna Casserole	Seafood salad lettuce Wrap with Shredded Carrot & Pickled Red Onion	Cottage Cheese & Melon & Banana Bread Plate	Beef Tacos	Scrambled Eggs & Bacon	* Chef Salad Ham Turkey Tomato Egg Cheese
side	Sweet Potato Fries	Spring Salad	Scone	0	Tater Tots	Hashbrowns	* Multigrain Dinner Roll
Entrée 2	Chicken Pot Pie	* Sante Fe Chicken Salad Bowl Rice Black Bean Corn Avocado Tomato	Turkey Burger Swiss Cheese Cranberry Mayo	French Beef Dip Sandwich	0	Smoked Salmon Bagel with Chive Cream Cheese	Chicken Fingers & Fries Plum Sauce
Side	Sweet Potato Fries	* Multigrain Dinner Roll	Macaroni Salad	French Fries	0	Parisienne Potatoes	0
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner							
Appetizer	Mozza Sticks	* Bruschetta	Tempura Yams	Deep Fried Wontons Sweet & Sour Sauce	Carrot Pineapple Raisin Salad	* Melon Salad with Pumpkin Seed and Feta	Battered Mushrooms Ranch Dip
Entrée 1	* Chicken Thighs Florentine	Shrimp with Pesto Linguine, Parmesan, Garlic Bread	Roast Beef Gravy	Sweet & Sour Chicken Breast Peppers & Pineapple	Shrimp Brochette Chive Beurre Blanc	Beef Stew	Mild Spiced Jerk Pork Tenderloin Mango Salsa
Side	Mashed Potatoes	0	Mashed Potatoes	Steamed Rice	Roasted Potatoes	Mini Roasted Red Potatoes	Mashed Potatoes
Entrée 2	Pork Schnitzel Gravy	* Baked Salmon Dill Sauce	Italian Sausage Fried Onions	Beef & Noodle Stir Fry	Bacon Wrapped Mustard & Herb Pork Medallion	Roasted Half Cornish Hen with Garlic Herb Sauce	Filet of Haddock Parisienne Tartar Sauce
Side	Mashed Potatoes	Rice Pilaf	Mashed Potatoes	0	Roasted Potatoes	Mini Roasted Red Potatoes	Steamed Rice
Vegetable	Braised Red Cabbage	Yellow Waxed Beans	Green Beans	Stir Fry Vegetables	Asparagus	* Broccoli	Baby Carrots
Vegetable	* Seasoned Broccoli	Seasoned Peas	Diced Carrots	0	Roasted Carrots	Buttered Corn	French Green Beans
Dessert	* Blueberry Pie	German Chocolate Cake	Panna Cotta with Mandarin Oranges	Warm Bread Pudding	Cheesecake with Cherry Compote	Ice Cream & Cookies	Assorted Desserts

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health

Breakfast - Daily menu choices - Eggs, Cereal, Fresh Fruit, Yogurt, , Juice, Milk, Coffee and Tea