

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Civic Holiday		 Eat Outside Day		 Friendship Day		International Mahjong Day 1 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Dart Challenge (ACT) 3:00 Painting with Elizabeth (ACT) 6:00 Mah Jong (FIR)
10:00 Armchair Video (ACT) 2 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Roger (FIR)	BC Day! 3 BC Day Featured Dinner 10:00 Advanced Armchair Video with Curtis (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:00 Armchair Travel: Vancouver Island (FIR) 6:45 Music with Ron (FIR) 7:00 Bingo (ACT)	10:00 Armchair Video (ACT) 4 10:45 Resident Handbook Review with Lorne (FIR) 11:30 Meditation (ACT) 1:30 Chair Yoga with Lynn Walters (ACT) 2:45 Giant Crosswords (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	10:00 Chair Fitness (ACT) 5 10:30 Catholic Prayer & Communion (PRI) 11:30 Bus Outing: Lunch & Shopping at Tsawwassen Mills Mall (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 3:00 Happy Hour (FP) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	8:00 Hair with Farah (SALO) 6 10:00 Chair Fitness: Strength & Balance (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:30 Wellness Session: Vitals Monitoring Clinic with NND & Eyeglass Adjustments by Specsavers (ACT) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	10:00 Osteofit with Robin Masters (ACT) 7 11:00 Play Reading with Stephen (PRI) 11:00 Advanced Armchair Video with Curtis (ACT) 2:00 Entertainment with Jolie Say, Advanced Classical Piano Student (FIR) 3:00 Happy Hour (FP) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	9:00 Nails with Angie (SALO) 8 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Ladder Ball (ACT) 6:00 Mah Jong (FIR) 7:00 Movie Night: The Bourne Supremacy (ACT)
10:00 Armchair Video (ACT) 9 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 11:00 Beginner Mah Jong with Kaela (FIR) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Errol (FIR)	10:00 Chair Fitness (ACT) 10 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Seafair (GG) 2:30 Art History Speaker Anik: The Ultimate Who's Who Guide: How to Identify Saints in Art (ACT) 6:45 Music with Ron (FIR) 7:00 Bingo (ACT)	10:00 Armchair Video (ACT) 11 11:30 Meditation (ACT) 2:45 Fit Minds (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	10:00 Armchair Video (ACT) 12 10:30 Catholic Prayer & Communion (PRI) 11:30 Bus Outing: Picnic at Richmond Nature Park (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 2:00 Book Club Meeting (CL) 3:00 Happy Hour (FP) 6:45 Music with Ron (FIR)	8:00 Hair with Farah (SALO) 13 10:00 Advanced Armchair Video with Curtis (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:15 Visit from Tomorrow's Topkids (ACT) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	Living Loving Local Dinner: Featuring Blueberries 14 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 11:00 Advanced Armchair Video with Curtis (ACT) 2:00 Entertainment with Charles Johnson (CKP) 3:00 Happy Hour (FP) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	9:00 Nails with Angie (SALO) 15 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Roll A Trump Game (ACT) 3:00 Painting with Elizabeth (ACT) 6:00 Mah Jong (FIR)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Armchair Video (ACT) 16 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Roger (FIR)	Richmond Library Books Due 17 10:00 Chair Fitness (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Ironwood (GG) 1:30 Meet Me at the MoMA: Roland Lee (ACT) 2:30 Painting Workshop with Ranu (ACT) 6:45 Music with Ron (FIR) 7:00 Bingo (ACT)	10:00 Armchair Video (ACT) 18 11:30 Meditation (ACT) 11:30 Food Committee Meeting (PRI) 1:30 Chair Yoga with Lynn Walters (ACT) 1:30 Recreation Committee Meeting (CL) 2:45 Giant Crosswords (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	10:00 Armchair Video (ACT) 19 10:30 Catholic Mass (PRI) 11:30 Bus Outing: River Rock Casino (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 3:00 Happy Hour with Margaritas! (FP) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	New Richmond Public Library Books Available 20 8:00 Hair with Farah (SALO) 10:00 Chair Fitness: Strength & Balance (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 1:30 Scrabble with Pat (CL) 3:00 Resident Forum (ACT) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	10:00 Osteofit with Robin Masters (ACT) 21 11:00 Play Reading with Stephen (PRI) 11:00 Advanced Armchair Video with Curtis (ACT) 2:00 Blueberry Social and Entertainment with Camilli Quartet (CKP) 3:00 Happy Hour (FP) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	9:00 Nails with Angie (SALO) 22 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 1:30 Bean Bag Toss (ACT) 2:30 The Fifth Measure Band Performance (FIR) 6:00 Mah Jong (FIR) 7:00 Movie Night: Driving Miss Daisy (ACT)
10:00 Armchair Video (ACT) 23 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 11:00 Beginner Mah Jong with Kaela (FIR) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Roger (FIR)	10:00 Chair Fitness (ACT) 24 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Lansdowne/T&T (GG) 2:30 Ice Cream Floats on the Patio (CKP) 6:45 Music with Ron (FIR) 7:00 Bingo (ACT)	10:00 Armchair Video (ACT) 25 11:30 Meditation (ACT) 1:30 Meaningful Conversations: A Space for Connection (PRI) 2:45 Fit Minds (CL) 6:00 Mah Jong (ACT) 7:00 Crib/Chess (CL)	9:30 Code Green Evacuation Drill (GG) 26 10:30 Catholic Prayer & Communion (PRI) 1:00 Bus Outing: Emma Lee Farms (GG) 1:30 Billiards (SFL) 1:30 Chair Yoga with Lauren (ACT) 3:00 Happy Hour (FP) 6:45 Music with Ron (FIR) 7:00 Rummikub (CL)	8:00 Hair with Farah (SALO) 27 10:00 Chair Fitness: Strength & Balance (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 2:00 Birthday Party & Welcome Tea (DR) 6:45 Music with Ron (FIR) 7:00 Game of Hearts (ACT)	National Red Wine Day! 28 8:30 Hair with Farah (SALO) 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 11:00 Advanced Armchair Video with Curtis (ACT) 2:00 Entertainment with Music Variations (CKP) 3:00 Happy Hour (FP) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	10:00 Armchair Video (ACT) 29 11:00 Tai Chi (ACT) 1:30 Horserace Game (ACT) 3:00 Painting with Elizabeth (ACT) 6:00 Mah Jong (FIR)
9:00 Foot Care with Pam (SALO) 30 10:00 Armchair Video (ACT) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (ACT) 2:00 Rummikub (CL) 7:30 Sing Along with Errol (FIR)	Hawaiian Themed Featured Dinner 31 10:00 Chair Fitness (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Shopping Trip to Freshco (GG) 1:30 Meet Me at the MoMA: Cynthia McLean (ACT) 2:30 Indoor Bowling (ACT) 6:45 Music with Ron (FIR) 7:00 Bingo (ACT)	Be Among Friends		Locations Legend Activity Room (ACT) Fireside Lounge (FIR) Club Lounge (CL) Gilmore Gardens (GG) Private Dining Room (PRI) Salon (SALO) Fireside Patio (FP) Gilmore Park United Church (GPUC) Second Floor Lounge (SFL) Country Kitchen Patio (CKP) Dining Room (DR)		Calendar Legend All Day Outing Special Program Vendor Theme Day Living, Loving, Local Resident Run