

the Inspired times

FOCUSING ON THE INSPIRING RETIREMENT JOURNEY AT YOUR VERVE RESIDENCE

INSPIRED SENIOR LIVING WITH



Rooftop views, sunshine, and flowers in full bloom at Riverwalk

Be Supported

Experience the fullness of life in retirement. This month, we're exploring the theme of being supported.

Summer is in full bloom at Riverwalk!

Enjoy the sunny spaces to relax and connect, there's no better time to enjoy our community.

Our team has been busy planning a variety of fun resident events throughout the season, from outdoor social gatherings and games to barbecues and special themed activities. Whether you're looking to meet new neighbours, spend time with friends, or simply soak up the sunshine, there's something for everyone to enjoy. We look forward to creating memorable summer moments together and making this season one of the best yet at Riverwalk!

UPCOMING DATES

4 August : Ice Cream Sandwich Social 3pm
9 August : Family & Friends BBQ Brunch
19 August : Baked Potato Day
27 August : S'mores Night 6pm
Every Friday : Happy Hour 3-4pm

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Happy Hour: Fridays 3-4pm

August 7th : Meche of Soul -Conservatory trained vocal coach and international professional singer

August 14th : Joel Spire

August 28th : Cole Briggs - With his voice and guitar, Cole puts on a lively performance of classic songs from the 40s, 50s, 60s, and 70s. Join us for National Red Wine Day!

RSVP by calling us at 403-271-7244



Cozy S'mores Night

Gather around the fire and enjoy one of summer's sweetest traditions at Riverwalk! Our S'mores Night - An evening of laughter, connection, and delicious treats under the open sky. With golden marshmallows, melted chocolate, and graham crackers in hand, neighbours have the chance to relax, meet new faces, and make lasting memories.

RSVP to secure your spot! Call us at 403-271-7244



Testimonial from a Resident at Riverwalk

Our outing to "Forget Me Not Pond" was FANTASTIC!! A good drive out and back, with lunch from our culinary team that was 5 STAR! Jose went out of his way to make it special for all of us.



Other Events and Activities this month at Riverwalk

National Root Beer Float Day - Root Bear Float Social : Thursday August 6 at 3pm.

Happy Hour on Friday 21 August with Kelly Kalden at 3pm.

Catholic Mass Service : Tuesday 11 August at 11am

Banana Split Bar : Tuesday 25 August at 3:15pm.

Pineapples, Pints & Pinot - Beer & Wine Social : Tuesday 18 August at 6:15pm

See something that interests you? We'd love to have you join us! Call our team at 403-271-7244 to reserve your spot today.



Testimonial - Guest of Resident at Riverwalk

We can see why you love it so much at Riverwalk - beautiful surroundings, all the conveniences you could want, and friendly staff & residents, lots of different activities and outings, PLUS, good food!!! The outing was fantastic - I felt like I was back in school, sitting in a busload of kids being taken for a field trip, lol! One of the best field trips I've had in a while!! It was great to see you both settled and looking so happy and well!!

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Ready for Your Next Chapter? Planning Ahead: Exploring the Benefits of Senior Living

When it comes to retirement living, many people wait until a health crisis or unexpected medical event forces them to make important decisions. Planning ahead allows you to explore your options, consider what matters most, and make choices on your own terms.

Today's senior living communities offer welcoming environments where older adults can maintain their independence, stay active, and enjoy a fulfilling lifestyle. Starting the conversation early gives you time to learn about different living options, understand costs, and involve family members in the decision-making process without the pressure of an urgent situation.

Planning ahead also makes downsizing and moving less stressful. With time on your side, you can organize cherished belongings, simplify your lifestyle, and prepare confidently for the next chapter.

Many residents who have made the move to senior living say they wish they had done it sooner. Some of the benefits they value most include:

-Greater freedom to enjoy hobbies, travel, and personal interests.

-Less stress and responsibility with home maintenance and household chores taken care of.

-More social connection through activities, events, and meaningful friendships.

-Everyday convenience with dining, amenities, and services close at hand.

-New experiences through fitness programs, outings, and lifelong learning opportunities.

-A better overall quality of life with added comfort, security, and peace of mind.

Planning for the future does not mean giving up independence. In many cases, it means gaining more control over how and where you want to live. Whether retirement is just around the corner or still a few years away, taking the time to plan today can help create a smoother, more confident transition tomorrow.

Call Riverwalk today at 403-271-7244 to speak with the team about our community.

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