



INSPIRED
SENIOR LIVING

August 2026

Assisted Living

Hazelton Place Retirement



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- Sweet Land (2005) (MT)
10:00 Individual Visits (SUI) 11:00 Sit & Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Frantic (1988) (MT)	Civic Holiday 11:00 Seated Noodle Exercises (2ND) 11:30 Trivia game (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time ,Creative Coloring (2ND) 7:00 Movie Night- Blazzing Saddles (1974) (MT)	11:00 Seated Noodle Exercise (2ND) 11:30 Trivia Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Bingo (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Movie Night- Emma (1996) (MT)	10:30 Hand Massage (2ND) 11:00 Fairview Mall Outing. (Out) 11:00 Seated Noodle Exercise (2ND) 11:45 Name That Tune Game (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 1:30 Art and Craft (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Summer Go4Life Walking Club to Ramsden Park Outing (SU) 7:00 Movie Night- Election (1999) (MT)	11:00 Seated Noodle Exercise (2ND) 11:30 Jenga (2ND) 12:30 MIT Explains the 12 Possible Endings for AI (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , art and craft (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Movie Night- The Idea of You (2024) (MT) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- You Only Live Twice (1967) (MT)	11:00 Seated Noodle Exercise (2ND) 11:30 Brain Gym (2ND) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- The Kindergarden Teacher (2018) (MT)
11:00 Seated Noodle Exercise (2ND) 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 Golden Oldies Concert (2LL) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Nebraska (2014) (MT)	10:00 Guided Meditation. (2ND) 11:00 Seated Noodle Exercise (2ND) 11:30 Trivia game (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- Pride and Prejudice (2005) (MT)	10:30 Individual Visits (SUI) 11:00 Seated Noodle Exercise (2ND) 11:30 Trivia Game (2ND) 2:00 Meet me at the MOMA Artist Presentation: Roland Lee (MT) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Trivia game (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Movie Night- The Silence of the Lambs (1991) (MT)	11:00 Evergreen Brick works (SU) 11:00 Resident Food Meeting (MT) 11:00 Seated Noodle Exercise (2ND) 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:00 Java Music Club (2ND) 3:30 Sensory Music Program tea time (2ND) 4:30 Artful Enrichment - Mindful Colouring (2ND) 7:00 Midnight Summer Event (P) 7:00 Movie Night- The Ballad of Cable Hogue (1970) (MT)	11:00 Seated Noodle Exercise (2ND) 11:30 Jenga (2ND) 12:00 Hand Massage (2ND) 12:30 Sophocles' Theban Plays Oedipus Rex & Antigone [FigTree] (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Current Event (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Movie Night- Music and Lyrics (2007) (MT) 7:00 Bridge with David (BR)	10:00 Individual Visits (SUI) 11:00 Seated Noodle Exercise (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:00 Special: Art with Lynn. (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- The Little Foxes (1941) (MT)	10:30 Seated Noodle Exercise (2ND) 11:30 Brain Gym (2ND) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- You Hurt My Feelings (2023) (MT)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Seated Noodle Exercise (2ND) 16 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- The Harvey Girls (1946) (MT)	Hazelton BBQ (P) 17 10:30 Guided Meditation. (2ND) 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- The Spy Who Loved Me (1977) (MT)	10:30 Individual Visits (SUI) 18 11:00 Seated Noodle Exercise (2ND) 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 August Birthday Party (LL) 3:00 Tea time , Current Event (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Movie Night- Saturday Night Fever (1977) (MT)	11:00 Agha Khan Museum Outing (SU) 19 11:00 Seated Noodle Exercise (2ND) 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 1:30 Art and Craft (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , art and craft (2ND) 3:00 High Tea with Noah (LL) 4:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Summer Go4Life Walking Club to Ramsden Park Outing (SU) 7:00 Toonie bingo With Harlan (MR) 7:00 Movie Night- The Good House (2022) (MT)	10:30 Hand Massage (2ND) 20 11:00 Seated Noodle Exercise (2ND) 11:00 Resident Council Meeting (MT) 11:30 Jenga (2ND) 12:30 The First Known Story Ever Written analysing the Epic of Gilgamesh [Fig Tree] (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Bridge with David (BR) 7:00 Movie Night- The Cider House Rule (1999) (MT)	10:00 Individual Visits (SUI) 21 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Trivia game (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:30 Hazelton Choir with Ernesto (STG)	11:00 Seated Noodle Exercise (2ND) 22 11:30 Brain Gym (2ND) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- War Horse (2011) (MT)
11:00 Seated Noodle Exercise (2ND) 23 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Secondhand Lions (2003) (MT)	10:30 Guided Meditation. (2ND) 24 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- It's Always Fair Weather (1955) (MT)	10:30 Guided Meditation. (2ND) 25 11:00 Seated Noodle Exercise (2ND) 11:00 Book Club Disscusion: "a Great Country" (MT) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:00 Meet me at the MOMA Artist Presentation: Cynthia Mclean (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Trivia game (2ND) 3:00 Ice Cream Truck 3pm (P) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Movie Night- Inherit The Wind (1960) (MT)	11:00 Seated Noodle Exercise (2ND) 26 11:00 ROM Outing (MEE) 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 1:00 Living Loving Local:peach (MT) 1:30 Art and Craft (2ND) 2:00 Java Music Club (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Banana Split Day: serving banana split during teatime (LL) 3:30 Sensory Music Program tea time (2ND) 4:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Summer Go4Life Walking Club to Ramsden Park Outing (SU) 7:00 Toonie bingo With Harlan (MR) 7:00 Movie Night- Is This Thing On (2026) (MT)	10:30 Hand Massage (2ND) 27 11:00 Seated Noodle Exercise (2ND) 11:30 Jenga (2ND) 12:30 Ancient Islands: Ghost City of the Pacific (Full Episode) Lost Cities with Albert Lin (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Bingo (2ND) 3:30 Fit Minds (2ND) 4:00 Go For Life Walking Club (2ND) 7:00 Bridge with David (BR) 7:00 Movie Night- The Best Years Of Our Lives (1946) (MT)	10:00 Individual Visits (SUI) 28 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Trivia game (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- Killers Of The Flower Moon (2023) (MT) 7:30 Hazelton Choir Group with Ernesto (STG)	11:00 Seated Noodle Exercise (2ND) 29 11:30 Brain Gym (2ND) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Tea Time- Alan Lofft Performance (LL) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- Somewhere In Queens (2022) (MT)
Sunday Brunch (DIN) 30 11:00 Seated Noodle Exercise (2ND) 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Rescue Dawn (2007) (MT)	10:30 Guided Meditation. (2ND) 31 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 1:00 One on One Exercise Please Sign Up (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- The Pirate (1948) (MT)			Locations Legend 2nd Floor (2ND) Movie Theatre (MT) Suites (SUI) Annex Bar (AB) Sign-up (SU) 111 Art Studio (AS) Bedford Bridge Lounge (BR) Lower Lobby (LL) St. George Lounge (STG) Patio (P) Meeting Room (MR) Outside (Out) Lower Lobby and 2nd (2LL) Meet at Front Desk (MEE) Dining Room (DIN)		Calendar Legend Outing Special Program Living, Loving, Local Signature Program