



INSPIRED
SENIOR LIVING

August 2026

Independent & Assisted Living

Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Banana Split Day



Civic Holiday

Calendar Legend

Outing

Special Program

Theme Day

Meet Me at the
MOMA

Living, Loving, Local
Signature Program

Locations Legend

Country Kitchen (CK)
Theater (T)
Main Lobby (ML)
3rd Floor Lounge (3FL)
Pub/Bistro (PB)
Parking Lot Patio (PLP)
Dining Room (DR)
Games Room (GR)
Outing (RSVP)
Patio (P)
Gazebo (G)
All Floors (AF)
Private Dining Room (PDR)
Spa (S)

Puzzles & Colouring Pages Available in Mailroom (ML) **1**

9:15 Morning Program Sign Ups With Sonia (CK)

11:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 Loonie Bingo With Life Enrichment! (CK)

3:15 Java Music Sing A Long (3FL)

6:30 Resident Run: Euchre and Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)

Puzzles & Colouring Pages Available in Mailroom (ML) **8**

10:00 Morning Coffee With Sadie! (CK)

11:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 Loonie Bingo With Life Enrichment! (CK)

3:15 Java Music Sing A Long (3FL)

6:30 Resident Run: Euchre and Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)

Puzzles & Colouring Pages Available in Mailroom (ML) **15**

11:30am Family & Friends BBQ Lunch Invite Your Family & Friends!! RSVP At Reception (DR)

10:00 Morning Coffee With Sadie! (CK)

11:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 Loonie Bingo With Life Enrichment! (CK)

3:15 Java Music Sing A Long (3FL)

6:30 Resident Run: Euchre and Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)

Sunday Brunch 11:00am-1:00pm **2**
***Guests RSVP At Reception* (DR)**

8:45 Non-Denominational Church Service (T)

10:00 Crosswords Available At Reception (ML)

1:00 Fit Minds Stay Sharp Packages Available At Reception (CK)

2:00 Catholic Church Service with Deacon David (T)

3:00 Reception Choice Movie Matinee & Popcorn! (T)

6:30 Resident Run: Card Game Night: Bridge (GR)

7:00 Resident Movie Pick (T)

No Exercise Today Due To Holiday (AF) **3**

Guess How Many Jelly Beans In The Jar At Reception!

Winner Announced Tomorrow (ML)

10:30 Bean Bag Toss With Sadie! (PLP)

2:00 Loonie Bingo With Terry! (CK)

3:30 Reception Choice Movie Matinee & Popcorn! (T)

7:00 Resident Movie Pick (T)

10:00 Assisted Living Exercise Class (3FL) **10**

10:00 Jeopardy! (T)

11:00 Strength and Endurance Exercise Class (CK)

2:00 Loonie Bingo With Terry! (CK)

3:00 Summer Nail Polish Change *RSVP* (CK)

7:00 Resident Movie Pick (T)

8:45 Non-Denominational Church Service (T) **9**

10:00 Crosswords Available At Reception (ML)

1:00 Fit Minds Stay Sharp Packages Available At Reception (CK)

3:00 Reception Choice Movie Matinee & Popcorn! (T)

6:30 Resident Run: Card Game Night: Bridge (GR)

7:00 Resident Movie Pick (T)

10:00 Mini Putt Mornings! (PLP) **4**

10:00 Assisted Living Exercise Class (3FL)

11:00 Chair Yoga IL & AL (CK)

1:00 Pass The Ace (PB)

1:30 *Live* Artful Enrichment: Orange Tree Acrylic Painting Workshop *RSVP* (CK)

3:00 Horse Races! 50 Cents A Bet! (CK)

6:30 Resident Run: Card Game Night (PB)

7:00 Resident Movie Pick (T)

10:00 Fairy Lake Picnic Day Outing (RSVP) **11**

10:00 Mini Putt Mornings! (PLP)

10:00 Assisted Living Exercise Class (3FL)

11:00 Chair Yoga IL & AL (CK)

1:00 Pass The Ace (PB)

2:00 Summer Fresh Flower Arrangememts *RSVP* (CK)

3:00 Watermelon & Bean Bag Toss (P)

6:30 Resident Run: Card Game Night (PB)

7:00 Resident Movie Pick (T)

Wear Your Rock & Roll Shirts! (ML) **5**

10:00 Jeopardy! (T)

10:00 Assisted Living Exercise Class (3FL)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 The Peppershaker Band! (CK)

3:00 Water Balloon Contest *Bring Your Team Mate* (P)

4:30 Chef's Private Dinner At 4:30pm *RSVP With Sam* (PDR)

6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)

Vendor: Maria's Jewlery (ML) **12**
A Day In Italy!- Wear Your Red, White & Green Or Italian Inspired Outfits! (ML)

10:00 Italian Espresso & Biscotti Social (PB)

10:00 Assisted Living Exercise Class (3FL)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Resident Run: GO 4 Life Walking Club (ML)

1:30 Nonna Silvana's Italian Workshop *RSVP* (CK)

3:00 The Italian Experience With Accordion Music By Val (P)

6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)

National Root Beer Day! (ML) **6**

Eraida's Seamstress Services *Alvaro's Mom* (ML)

8:00am Ladies Breakfast Today! (DR)

10:00 Morning Bocce! (PLP)

10:00 Assisted Living Exercise Class (3FL)

10:30 Walmart Shopping! (RSVP)

11:00 Drum Fit IL & AL (CK)

1:30 Meet Me at The MoMA: Roland Lee's 'The Dove Cottage Grasmere' Art Inspiration & Presentation (CK)

3:00 Tye Dye Art Workshop (T-Shirt Or Hat) *RSVP* (CK)

6:30 Resident Run: Cribbage Night (CK)

7:00 Resident Movie Pick (T)

10:00 Morning Bocce! (PLP) **13**

10:00 Assisted Living Exercise Class (3FL)

11:00 Drum Fit IL & AL (CK)

11:30 Boston Pizza Lunch Outing & Entertainment *RSVP* (RSVP)

2:00 Artful Enrichment Program: Create Your Own Change Purse! *RSVP* (CK)

3:00 The Price Is Right! *Grocery Edition* (CK)

6:15 Bon Fire Night With Elise & Sadie *RSVP* (G)

6:30 Resident Run: Cribbage Night (CK)

7:00 Resident Movie Pick (T)

BBQ Lunch Friday's! (DR) **7**

10:00 LADIES SPA MORNING! *BOOK APPOINTMENTS WITH LE DEPARTMENT* (S)

10:00 Assisted Living Exercise Class (3FL)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 August Corn Roast & Entertainment With The Relics (P)

3:00 New Resident Welcome Cocktail Hour With GM Shelley! (PB)

7:00 Resident Movie Pick (T)

BBQ Lunch Friday's! (DR) **14**

Living,Loving,Local Themed Peach Dinner (DR)

10:00 Ladder Toss Fridays! (PLP)

10:00 Assisted Living Exercise Class (3FL)

11:00 Strength and Endurance Exercise Class (CK)

1:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 Horse Races! 50 Cents A Bet! (CK)

3:00 Farewell Alexia & Jen Cocktail Hour (PB)

7:00 Resident Movie Pick (T)

Puzzles & Colouring Pages Available in Mailroom (ML) **8**

10:00 Morning Coffee With Sadie! (CK)

11:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 Loonie Bingo With Life Enrichment! (CK)

3:15 Java Music Sing A Long (3FL)

6:30 Resident Run: Euchre and Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)

Puzzles & Colouring Pages Available in Mailroom (ML) **15**

11:30am Family & Friends BBQ Lunch Invite Your Family & Friends!! RSVP At Reception (DR)

10:00 Morning Coffee With Sadie! (CK)

11:00 Resident Run: GO 4 Life Walking Club (ML)

2:00 Loonie Bingo With Life Enrichment! (CK)

3:15 Java Music Sing A Long (3FL)

6:30 Resident Run: Euchre and Bid Euchre Night (CK)

7:00 Resident Movie Pick (T)



INSPIRED
SENIOR LIVING

August 2026

Independent & Assisted Living

Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 Non-Denominational Church Service (T) 16 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp Packages Available At Reception (CK) 3:00 Reception Choice Movie Matinee & Popcorn! (T) 6:30 Resident Run: Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	10:00 Assisted Living Exercise Class (3FL) 17 10:00 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:15 Life Enrichment Meeting With Julianna (T) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)	10:00 Guess The Manager & Supervisors Featuring Popsicles! (T) 18 10:00 Assisted Living Exercise Class (3FL) 11:00 Rosary With Father John (T) 11:00 Chair Yoga IL & AL (CK) 11:00 Lunch At Tatlow's (RSVP) 1:00 Pass The Ace (PB) 2:00 Carribean Party With Alexis Martinez (P) 6:30 Resident Run: Card Game Night (PB) 7:00 Resident Movie Pick (T)	9:15 Muskoka Steamship 2.5 Hour Sightseeing Cruise *RSVP* (RSVP) 19 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 1:30 Snakes & Ladders *New Betting Game* (CK) 3:00 Resident Forum With Department Managers Featuring Strawberry Daiquiri's (CK) 4:00 Book Club With Shelley! (CK) 6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	8:00am Men's Breakfast Today! (DR) 20 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 11:00 BINGO IN SUTTON! *RSVP* (RSVP) 2:00 Main Ideas Studio Clay Art Workshop With Dia *RSVP \$\$\$* (CK) 3:00 Personalized Pizza Making *RSVP* (CK) 4:30 Personalized Pizza Night Party For Those Who Made A Pizza! (CK) 6:15 Bon Fire Night With Sonia & Sadie *RSVP* (G) 6:30 Resident Run: Cribbage Night (CK) 7:00 Resident Movie Pick (T)	BBQ Lunch Friday's! (DR) 21 10:00 Ladder Toss Fridays! (PLP) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 August Birthday Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 22 10:00 Morning Coffee With Sadie! (CK) 11:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Life Enrichment! (CK) 3:15 Java Music Sing A Long (3FL) 6:30 Resident Run: Euchre and Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 23 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp Packages Available At Reception (CK) 3:00 Reception Choice Movie Matinee & Popcorn! (T) 6:30 Resident Run: Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	10:00 Assisted Living Exercise Class (3FL) 24 10:00 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)	National Banana Split Day! 25 10:00 Mini Putt Mornings! (PLP) 10:00 Assisted Living Exercise Class (3FL) 11:00 Chair Yoga IL & AL (CK) 11:00 Georgian Downs Casino Drop Off *RSVP* (RSVP) 1:00 Pass The Ace (PB) 2:00 *Live* Artful Enrichment: Koi Fish Acrylic Painting *RSVP* (CK) 3:00 Banana Split Social *RSVP* (PB) 6:30 Resident Run: Card Game Night (PB) 7:00 Resident Movie Pick (T)	Wear Your Disco Era Themed Outfits! (ML) 26 10:00 Jeopardy! (T) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 1:30 Meet Me at The MoMA: Cynthia McLean's 'Sailors Ashore' for the Caribana/Carnival theme Art Inspiration & Presentation (CK) 3:00 Watermelon & Shuffleboard (P) 6:30 Resident Run: Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Eraida's Seamstress Services *Alvaro's Mom* (ML) 27 10:00 Morning Bocce! (PLP) 10:00 Assisted Living Exercise Class (3FL) 11:00 Drum Fit IL & AL (CK) 11:00 Library Drop Off (RSVP) 1:30 Magic Show Afternoon With Peter Mennie (CK) 3:00 Culinary Meeting With Jeremy (T) 6:30 Resident Run: Cribbage Night (CK) 7:00 Resident Movie Pick (T)	BBQ Lunch Friday's! (DR) 28 10:00 Ladder Toss Fridays! (PLP) 10:00 Assisted Living Exercise Class (3FL) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Peach Cocktail Hour and Games! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 29 11:00 Resident Run: GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Life Enrichment! (CK) 3:15 Java Music Sing A Long (3FL) 6:30 Resident Run: Euchre and Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 30 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp Packages Available At Reception (CK) 3:00 Reception Choice Movie Matinee & Popcorn! (T) 6:30 Resident Run: Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	10:00 Assisted Living Exercise Class (3FL) 31 10:00 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 2:00 Loonie Bingo With Terry! (CK) 3:00 Nail Polish Change With Life Enrichment *RSVP* (GR) 7:00 Resident Movie Pick (T)	Be Supported		<u>Calendar Legend</u> Outing Special Program Theme Day Meet Me at the MOMA Living, Loving, Local Signature Program	<u>Locations Legend</u> Country Kitchen (CK) Theater (T) Main Lobby (ML) 3rd Floor Lounge (3FL) Pub/Bistro (PB) Parking Lot Patio (PLP) Dining Room (DR) Games Room (GR) Outing (RSVP) Patio (P) Gazebo (G) All Floors (AF) Private Dining Room (PDR) Spa (S)	