



INSPIRED
SENIOR LIVING

August 2026

Memory Care Households Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Banana Split Day	 Civic Holiday			<u>Calendar Legend</u> Outing Special Program Vendor Theme Day Living, Loving, Local Signature Program	<u>Locations Legend</u> 2nd Floor Kitchen (2K) 2nd Floor Living Room (2LR) 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Hallways (2FH) 2nd Floor Patio (2FP) Theater (T) Outing (RSVP) Country Kitchen (CK) Patio (P)	
10:00 Virtual Church Service (2LR) 2 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	9:30 Sing Fit *New Signature Program* (2MP) 3 10:30 Number Bingo With PSW's! (2K) 1:30 Music Monday! (2DR) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	9:30 Music and Movement (2MP) 4 10:30 Gardening Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Craft Afternoon With Elise! (2MP) 3:00 Music Trivia (2FP) 3:00 Summer Themed Manicures! (2LR) 6:30 Comedy Movie Night & Popcorn! (2LR) 7:00 Reading Circle With PSW (2FH)	9:30 Morning Yoga and Stretch Exercise (2MP) 5 10:30 Musical Instrument Bingo! (2MP) 1:30 Music Playlist Reminising (2K) 2:00 The Peppershaker Band! (CK) 2:30 Fresh Smoothies & Fit Minds! (2K) 3:30 Patio Games & Music! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	9:30 Sing Fit *New Signature Program* (2MP) 6 10:30 Summer Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Spot The Difference ! (2K) 2:30 Garden Patio Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	Friday BBQ Lunches! (2K) 7 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Summer Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)	10:00 Virtual Sing A Long (2LR) 8 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
10:00 Virtual Church Service (2LR) 9 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	9:30 Sing Fit *New Signature Program* (2MP) 10 10:30 Number Bingo! (2K) 1:30 Music Monday! (2DR) 2:30 Tea Time & Trivia! (2K) 3:30 Horse Races! (2K) 6:30 Music & Therapeutic Colouring (2MP)	9:30 Music and Movement (2MP) 11 10:30 Gardening Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Craft Afternoon With Elise! (2MP) 3:00 Music Trivia (2FP) 3:00 Summer Themed Manicures! (2LR) 6:30 Comedy Movie Night & Popcorn! (2LR) 7:00 Reading Circle With PSW (2FH)	9:30 Morning Yoga and Stretch Exercise (2MP) 12 10:30 Musical Instrument Bingo! (2MP) 1:30 Music Playlist Reminising (2K) 2:30 Fresh Smoothies & Fit Minds! (2K) 3:30 Patio Games & Music! (2LR) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	9:30 Sing Fit *New Signature Program* (2MP) 13 10:30 Summer Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Spot The Difference ! (2K) 2:30 Garden Patio Tea Party! (2K) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	Friday BBQ Lunches! (2K) 14 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Summer Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)	10:00 Virtual Sing A Long (2LR) 15 11:00 Balloon Tennis (2DR) 11:00 GO 4 Life Walking Club (2FH) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)



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