

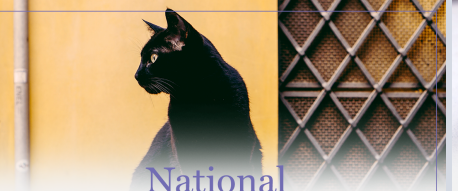
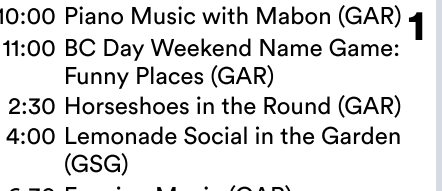


INSPIRED
SENIOR LIVING

August 2026

Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Civic Holiday	 Friendship Day	 Eat Outside Day	 National Dog Day	 National Cat Day	 Banana Split Day	 10:00 Piano Music with Mabon (GAR) 11:00 BC Day Weekend Name Game: Funny Places (GAR) 2:30 Horseshoes in the Round (GAR) 4:00 Lemonade Social in the Garden (GSG) 6:30 Evening Movie (GAR)
10:00 Morning Stretches (GAR) 2 10:30 Balloon Games (GAR) 11:00 Morning Garden visits and Chats (GAR) 2:00 Sunday Funday Bingo! (GDR) 3:30 Let's Make A Peace Dove Wreath - (GAR) 6:30 Evening Movie (GAR)	10:00 Chair Cardio Exercise with Violeta (GAR) 3 11:00 Giant Crosswords (GAR) 2:00 'The Price Is Right' Game (GAR) 3:30 Roll-o-Trump Game! (GDR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 4 11:00 Trivia Tuesday! (GAR) 2:00 Expressive Arts & Crafts (with Violeta) (GAR) 3:30 One to one with Violeta (AA) 3:30 Ringo the Flamingo Ring Toss (GAR) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercises (GAR) 5 11:00 Wednesday Word Games (GAR) 2:00 Bingo (GAR) 3:30 Let's Play Dominoes (GAR) 3:45 OBIE Games & Puzzles (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Movement (GAR) 6 11:00 Reminiscing on Summer Trips (GAR) 2:00 Sing A Long (GAR) 3:30 Let's Play Cornhole (GAR) 3:30 Tri-Bike Rides (Weather permitting) (MEE) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 7 11:15 Music Connection with Lorri (RR) 11:15 Beach Ball Questions Game (GAR) 12:00 Friends and Family BBQ - Please let reception know if you are bringing guests (CTY) 2:00 1:1 Visits with Life Enrichment Staff (RES) 3:30 Armchair Travel - Japan (GAR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 8 11:00 Spot the differences (GAR) 2:00 Painting in the Courtyard (GAR) 3:30 Balloon Volleyball (GDR) 6:30 Evening Movie (GAR)
10:00 Sunday Stretching (GAR) 9 11:00 Virtual Catholic Mass (GAR) 11:30 Finish the Sayings.... (GAR) 2:00 Sunday Funday Bingo! (GDR) 3:30 Table Top Games (GAR) 6:30 Evening Movie (GAR)	10:00 Chair Cardio Exercise with Violeta (GAR) 10 10:45 Helping Hands (GAR) 11:00 Giant Crosswords (GAR) 2:00 Art Project - Gratitude Tree (GAR) 3:30 Bocce Ball (GAR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 11 11:00 Trivia Tuesday! (GAR) 2:30 Scenic Drive (MEE) 3:30 Ice Cream Float Social (GSG) 4:00 A Look Back: The Drive In (GSG) 6:30 Evening Manicures (GAR)	10:00 Exercise and Balloon Games (GAR) 12 11:00 Wednesday Word Games (GAR) 2:00 Bingo (GAR) 3:30 Category Call Out! (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercises: Movement Matters (GAR) 13 10:45 Name 5 Word Game (GAR) 2:00 Floor Curling with Wendy (GAR) 3:30 Non-Alcoholic Sangria Drink Social (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 14 11:15 Music Connection with Lorri (RR) 11:15 This or That (GAR) 2:00 Who Wants to Be A Millionaire? (GAR) 3:30 Balloon Badminton (GAR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 15 11:00 Morning Exercises (GAR) 2:00 Artfull Enrichment (GAR) 3:30 Shut The Box (GAR) 6:30 Evening Movie (GAR)
10:00 Morning Stretches (GAR) 16 11:00 Wordle Word Game (GAR) 2:00 Sunday Funday Bingo! (GDR) 3:30 Cold Drinks Social & Discussion Group - The 70's Fashion Style (FL) 6:30 Evening Movie (GAR)	10:15 Morning Stretching (GAR) 17 11:00 Giant Crosswords (GAR) 2:00 Sensory Connection (GAR) 2:15 Rebus Puzzles with Megan (GAR) 3:30 Horseshoes in the Round (DR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 18 11:00 Trivia Tuesday! (GAR) 2:30 Monthly Birthday Party with Live music by Kurt Von Hahn (GDR) 4:00 1:1 Visits in the Garden (GSG) 4:00 OBIE Games & Puzzles (GAR) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercises (GAR) 19 11:00 Wednesday Word Games (GAR) 2:00 Bingo (GAR) 3:30 Roll-o-Trump Game! (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 20 11:00 Virtual Concert in the Lounge - John Williams in Tokyo (GAR) 11:00 Color me Calm - Therapeutic Coloring (GAR) 2:00 Let's Play Dominoes (GAR) 3:30 Travelogue: South Korea	9:45 Mostly Music with Lorri (GAR) 21 11:15 Music Connection with Lorri (RR) 11:15 Bowling! (GAR) 2:00 20 Questions (GAR) 3:30 ABC Balloon Toss (GAR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 22 11:00 Shake Loose a Memory (GAR) 2:00 Which Came First Game (GAR) 3:45 Popsicle Social (GAR) 6:30 Evening Movie (GAR)
10:00 Sunday Stretching (GAR) 23 11:00 Virtual Catholic Mass (GAR) 2:00 Sunday Funday Bingo! (GDR) 3:30 Shut The Box Game (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercises (GAR) 24 11:00 Giant Crosswords (GAR) 2:00 Artfull Enrichment - Pom Pom Coasters (GAR) 4:00 Connections - Word Game (FL) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 25 11:00 Trivia Tuesday! (GAR) 2:15 Helping Hands (GAR) 2:30 Scenic Drive (MEE) 3:30 Tri-Bike Rides with Wendy (Weather Permitting) (OUT) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercises (GAR) 26 11:00 1:1 Visits with Life Enrichment Staff (RES) 11:00 Virtual Concert - Andrea Bocelli (GAR) 2:00 Bingo (GAR) 3:30 Arts and Crafts: Sea Shells Crafts (GAR)	10:00 Chair Cardio Exercise with Violeta (GAR) 27 11:00 Fit Minds: Building Words from a Word (GAR) 2:00 Cards and Dice Games (GAR) 3:30 Travelogue: Let's Explore Singapore (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 28 11:15 Music Connection with Lorri (RR) 11:15 Acronym Challenge (GAR) 2:00 Jeopardy (GAR) 3:30 Bowling! (GAR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 29 11:00 Morning Brain Games (GAR) 2:00 Bocce in the Garden (GSG) 3:45 OBIE Games & Puzzles (GAR) 6:30 Evening Movie (GAR)
10:00 Let's Play Bocce! (GAR) 30 11:00 Catholic Communion-Virtual (GAR) 11:30 You be the Judge! (GAR) 2:00 Sunday Funday Bingo! (GDR) 4:00 Outdoor Garden Strolls (GSG) 6:30 Evening Movie (GAR)	9:30 Morning Exercises (GAR) 31 11:00 Giant Crosswords (GAR) 3:30 Roll-o-Trump Game! (GDR) 3:30 Paper Quilling Arts and Crafts (GAR) 6:30 Evening Movie (GAR)	Dimensions Of Wellness Legend Social Intellectual Physical Emotional Sensory Purposeful Spiritual			Locations Legend Gardenside Lounge (GAR) Gardenside Dining Room (GDR) Gardenside Backyard (GSG) Rose Room (RR) Meet in Lobby (MEE) Residents Room (RES)	Calendar Legend Outing Special Program Cruise Week Living, Loving, Local Signature Program