Menu for the Week of SEPTEMBER 14- SEPTEMBER 20, 2026

*Menu items are subject to change due to availability of product. * Please check the Daily Menu Board**

DINNER

OMELET OF THE WEEK: BABY SHRIMP, GREEN ONION, FETA CHEESE

	14-Sep-26	15-Sep-26	16-Sep-26	17-Sep-26	18-Sep-26	19-Sep-26	20-Sep-26
Week 2	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Appetizer: SOUP	GREEN LENTIL SOUP	EGG DROP SOUP WITH *SPINACH	TURKEY MEATBALLS & RICE SOUP	BUTTERNUT SQUASH SOUP	TOMATO BISQUE SOUP	CHICKEN NOODLE SOUP	CREAM OF BROCCOLI SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	*TOMATO, BLACK OLIVES & CUCUMBER ON ICERBERG LETTUCE SALAD	MANGO & BERRY TOSSED SALAD	LOCAL SLICED PEACHES & RASPBERRIES ON ICEBERG LETTUCE SALAD	SHREDDED CRAB MEAT & BOILED *EGGS SALAD	TOASTED PECANS, STRAWBERRIES ON ICEBERG LETTUCE	FRESH *SPINACH WITH DRIED *CRANBERRIES & TOASTED *ALMONDS	CHERRY *TOMATOES & BOCCONCINI CHEESE SALAD
Entrée 1	GRILLED PORK CHOPS WITH ROSEMARY MAPLE BUTTER	SPAGHETTI BOLOGONESE WITH PARMESAN CHEESE & GARLIC BREAD	ROASTED PORK TENDERLOIN WITH BLUEBERRY SAUCE	GRILLED FARMER SAUSAGES WITH SAUERKRAUT & MASHED POTATOES	SALISBURY BEEF PATTY WITH GRAVY	BAKED VEAL CUTLETS WITH GRAVY	ROASTED LEG OF LAMB WITH GRAVY & MINT JELLY
Entrée 2	GRILLED CHICKEN BREAST WITH CRANBERRY SAUCE	CHICKEN FINGERS WITH CAESAR SALAD & PLUM SAUCE	BAKED CHICKEN THIGHS WITH GRAVY	PENNE CHICKEN PRIMAVERA WITH GARLIC BREAD	ROASTED CHICKEN LEGS WITH GRAVY	BAKED CHICKEN KABOBS WITH RICE PILAF & TZATZIKI SAUCE	BAKED CHICKEN CORDON BLEU WITH GRAVY
Entrée 3	PAN FRIED LOBSTER CAKE WITH TARTAR SAUCE	BAKED TARTAR BASA FILET	BAKED POTATO CRUSTED COD FILET WITH TARTAR SAUCE	PAN FRIED BLUE COD FILET WITH LEMON SAUCE	FISH & CHIPS WITH COLESLAW & TARTAR SAUCE	LEMON PEPPER HADDOCK FILET WITH CHIVE CREAM SAUCE	POACHED SALMON FILET WITH CAPER SAUCE
Starch	ROASTED ROSEMARY POTATOES	STEAMED POTATOES	MASHED YAM POTATOES	WHIPPED POTATOES	POTATOES PATTIES	POTATO LYONNAISE	POTATOES O'BRIEN
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	YELLOW WAXED BEANS	GREEN KALE	BRAISED RED CABBAGE	SEASONED PEAS	BAKED ACORN SQUASH	ROASTED BRUSSEL SPROUTS	SUI CHOY & SPINACH
Vegetable	BROCCOLINI	BUTTERED CORN	GREEN *BEANS ALMANDINE	PARSLIED *CAULIFLOWER	ASPARAGUS	GLAZED CARROTS	BALSAMIC *BEETS
FEATURED Dessert	CARAMEL-ALMOND DANISHES WITH ICE CREAM	CREAMY RICE PUDDING	AMBROSIA DESSERT	ROCKY ROAD BROWNIE	BOSTON CREAM PIE	VANILLA PUDDING	*CHERRIES JUBILEE WITH ICE CREAM

** Menu item contains a Superfood.*

Choose Superfoods more often for optimal health

APPLES
AVOCADO
BEANS & LENTILS
BEETS
BLACKBERRIES
BLUEBERRIES
BRAN& OAT
BROCCOLI
CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS
FATTY FISH
NUTS
PEACHES
RASPBERRIES
SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT