

MENU FOR THE WEEK OF SEPTEMBER 21- SEPTEMBER 27, 2026

Menu items are subject to change due to availability of product. **Please check the Daily Menu Board**

DINNER

OMELET OF THE WEEK: HAM & CHEESE

	21-Sep-26	22-Sep-26	23-Sep-26	24-Sep-26	25-Sep-26	26-Sep-26	27-Sep-26
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	POTATO LEEK	COUNTRY VEGETABLE SOUP	CHICKEN GUMBO SOUP	BUTTERNUT SQUASH, KALE & CHICKPEAS SOUP	SWEET POTATO & BACON SOUP	CHICKEN NOODLE SOUP	CREAMY ITALIAN QUINOA SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	FRESH *APPLES & MANGO ON ICEBERG LETTUCE SALAD	CAESAR SALAD	*SPINACH SALAD WITH PINEAPPLE & ROASTED COCONUT	SNAP PEAS & RADISH SALAD	SHREDDED CRAB MEAT & SLICED *EGGS SALAD	ICEBERG LETTUCE SALAD WITH WALNUTS, GRAPES, *RASPBERRIES	POTATO SALAD
Entrée 1	BAKED SAUSAGE ROLLS WITH MASHED POTATOES & GRAVY	TEXAS SLOW ROAST PORK BUTT WITH AU JUS	BRAISED CURRIED LAMB WITH MANGO CHUTNEY & RICE	BRAISED PORK CHOPS	BRATWURST SAUSAGES WITH SAUERKRAUT	ROASTED RACK OF LAMB WITH GRAVY & MINT JELLY	BAKED MAUI SHORT RIBS WITH RICE PILAF
Entrée 2	GARDEN VEGETABLE LASAGNA WITH GARLIC BREAD	COCONUT BREADED CHICKEN BREAST WITH HONEY MUSTARD SAUCE	ROASTED CHICKEN DRUMSTICKS WITH GRAVY	TURKEY POT PIE WITH GRAVY	ROASTED TERIYAKI GLAZED CHICKEN LEGS	CHICKEN SALAD WRAP SANDWICH WITH GARDEN SALAD	MARINATED & ROASTED CHICKEN THIGHS WITH GRAVY
Entrée 3	LEMON SOLE FILET	GRILLED SALMON FILET WITH DILL SAUCE	SWEET SOY GLAZED BASA FILET	CAJUN PRAWNS WITH NOODLES	POACHED SALMON FILET WITH ORANGE SAUCE	PAN FRIED LOBSTER CAKE WITH TARTAR SAUCE	SEAFOOD STUFFED POTATO SKINS
Starch	MASHED POTATOES	PARSLIED BOILED POTATOES	PARISIENNE POTATOES	MASHED SWEET POTATOES	BAKED 1/2 POTATO WITH SOUR CREAM	ROASTED POTATOES	POTATO LYONNAISE
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	CARROTS	ROASTED BRUSSEL SPROUTS	*BROCCOLI FLORETS	BUTTERED CORN	RED *BEETS	BAKED *TOMATO	GREEN *BEANS
Vegetable	PEAS	YELLOW TURNIPS	BANANA *SQUASH	ZUCCHINI	ASPARAGUS	*CAULIFLOWER	SPAGHETTI *SQUASH
FEATURED Dessert	CHEESECAKE WITH RASPBERRY SAUCE	BOSTON CREAM PIE	BANANA FLAMBE	MANGO & CHERRY CREPES	ORANGE JELLO	LEMON TARTS	ASSORTED CAKES

** Menu item contains a Superfood.*

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT

