

GILMORE GARDENS WEEKENDER HIGHLIGHTS



September 18th, 2026

IN HOUSE NEWS

Save the date! We are now taking reservations for family and friends for our wonderful **Thanksgiving Dinner Buffet** on Thursday, October 8th with seating available at 4:45PM or 6:30PM. Please be mindful of the number of guests you invite so we can accommodate everyone. Make your guest reservations at Reception and even if you are not having visitors, please let us know what time you would like to dine. We have **Entertainment with Charles Johnson** from 4:30PM-7:00PM! Cost for guests: Adult: \$44.10 inc tax & Child (4-12yrs): \$16.80 inc tax.

Please note that Christine not able to come join us for the upcoming **Wellness Session: "Ikigai" Presentation by Chistine from Home Instead** on Tuesday, September 22nd at 1:30PM due to personal reasons. We hope to reschedule this session in the near future. Thank you for understanding.

REMINDERS

Join us for **Bean Bag Toss** on Saturday, September 19th at 1:30PM in the Activity Room. Whether you are aiming for a high score or just playing for fun, it is bound to be an enjoyable afternoon.

Enjoy the **Movie Night: Blackberry** on Saturday, September 19th at 7:00PM in the Activity Room. Bring a friend along to catch this engaging movie together.

Beginner Mah Jong with Kaela meets on Sunday, September 20th at 11:00AM in the Fireside Lounge. This relaxed session is designed to walk you through the basics at a comfortable pace!

Need to restock your cupboards? Hop on our **Bus Outing: Shopping Trip to Seafair** on Monday, September 21st at 11:30AM. Please check the sign-up sheet in the Activity Room and wait in the Fireside Lounge until our bus gets ready.

Prepare for an exciting encounter with nature as the **Urban Safari Rescue Society** visits on Monday, September 21st at 2:30PM in the Fireside Lounge. They will bring the world of exotic animal rescue directly to us in a fun and unique way. The presentation features approximately 8-10 animals and artifacts. Along with up-close presentation, you will learn about the pitfalls of keeping exotic pets and why many of them end up in a rescued animal facility. You don't want to miss this!

Come share any food feedback or concerns you may have at the **Food Committee Meeting** on Tuesday, September 22nd at 11:30AM in the Private Dining Room. Everyone is welcome!

Try your luck and take in the lively atmosphere **Bus Outing: River Rock Casino** on Wednesday, September 23rd at 11:45AM. As this is always a very popular trip, please be sure to sign up early to secure your spot. The sign-up sheet is available in the Activity Room.

Fifth Ave Jewelry will be at Gilmore on Thursday, September 24th from 12:00PM to 4:00PM in the Fireside Lounge. Stop by and browse beautiful accessories and fine pieces, whether you are looking to treat yourself or find a special gift for someone. Come say hi to Jeannine!

Join us for our **Birthday Party & Welcome Tea** on Thursday, September 24th at 2:00PM in the Dining Room. If you have a birthday this month and received an invitation are inviting friends or family to join you, please notify Reception by Tuesday, September 22nd with the number of guests you will be bringing so that our team can set up guest tables accordingly. Everyone is welcome to enjoy and piece of cake along with their cup of coffee or tea!

Join us for **Entertainment with Peter Williams** on Friday, September 25th at 2:00PM in the Fireside Lounge. Wear your dancing shoes or have your hands ready to clap to the sound of music and songs that Peter plays for us!

Don't forget to invite fellow-residents to come to **Happy Hour** at 3:00PM in the Club Lounge where you can enjoy delicious appetizers from our kitchen with complimentary punch and even purchase a glass of wine or beer!

Weekly Calendar for September 19th – 25th, 2026

Saturday, September 19 th		Sunday, September 20 th		
9:00AM 10:00AM 11:00AM 1:30PM 6:00PM 7:00PM	Nails with Angie Armchair Video Tai Chi Bean Bag Toss Mah Jong Movie Night: Blackberry	10:00AM 10:30AM 11:00AM 11:00AM 4:30PM 2:00PM 7:30PM	Armchair Video GPUC Worship Service Gentle Fit with Winnie Beginner Mah Jong with Kaela Tech Time with Erin – Cancelled Rummikub Sing Along with Errol	
Monday September 21 st	Tuesday September 22 nd	Wednesday September 23 rd	Thursday September 24 th	Friday September 25 th
10:00AM Advanced Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Video 11:30AM Bus Outing: Shopping Trip to Seafair 2:30PM Urban Safari Rescue Society 6:45PM Music with Ron 7:00PM Bingo	<i>First Day of Autumn!</i> 10:00AM Armchair Video 11:30AM Meditation 11:30AM Food Committee Meeting 1:30PM Wellness Session: “Ikigai” Presentation by Christine, Home Instead – cancelled 2:45PM Fit Minds 6:00PM Mah Jong 7:00PM Crib/Chess	10:00AM Armchair Video 10:30AM Catholic Prayer & Communion 11:00AM RMS Ukulele Lessons 11:45AM River Rock Casino 1:30PM Billiards 1:30PM Chair Yoga with Lauren Video 3:00PM Happy Hour 6:45PM Music with Ron 7:00PM Rummikub	<i>Hair with Farah</i> 10:00AM Advanced Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Video 12:00-4:00PM Fifth Ave Jewelry 2:00PM Birthday Party & Welcome Tea 6:45PM Music with Ron 7:00PM Game of Hearts	10:00AM Osteofit with Robin Masters 11:00AM Advanced Armchair Video with Curtis 11:00AM Play Reading with Stephen 2:00PM Entertainment with Peter Williams 3:00PM Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong