

GILMORE GARDENS WEEKENDER HIGHLIGHTS



September 4th, 2026

IN HOUSE NEWS

Save the date! We're excited to announce that we are now taking reservations for family and friends for our wonderful **Thanksgiving Dinner Buffet** on Thursday, October 8th with seating available at 4:45PM or 6:30PM. Please be mindful of the number of guests you invite so we can accommodate everyone. Make your guest reservations at Reception and even if you are not having visitors, please let us know what time you would like to dine. We have **Entertainment with Charles Johnson** from 4:30PM-7:00PM! Cost for guests: Adult: \$44.10 inc tax & Child (4-12yrs): \$16.80 inc tax.

Please note that we will have contractors in for Carpet Cleaning the First Floor common area carpets on Wednesday, September 9th. The cleaning will begin in the evening after dinner service.

REMINDERS

Giddy up and join us at the **Horserace Game** on Saturday, September 5th at 1:30PM in the Activity Room. Remember to bring \$3.50 in quarters with you to place your bets on your lucky horse.

Lift your spirits with **Positive Energy Music Group Performance** on Saturday, September 5th at 2:30PM in the Fireside Lounge. They sing uplifting songs that you can sing along to. The performers range between 45-70 years old!

Are you interested in learning a timeless game? **Beginner Mah Jong with Kaela** is on Sunday, September 6th at 11:00AM in the Fireside Lounge.

Sit back and enjoy breathtaking nature with **Our Planet Video: From Deserts to Grasslands** on Monday, September 7th at 2:00PM in the Activity Room. Experience our planet's natural beauty and examine how climate change impacts all living creatures in this ambitious documentary of spectacular scope. In this episode, cameras follow desert elephants seeking sustenance, bison roaming North American grasslands and caterpillars living the good life underground.

Join in for our **Recreation Committee Meeting** on Tuesday, September 8th at 1:00PM in the Club Lounge. We always appreciate your ideas or any feedback for past and upcoming programs!

Another session of **Meaningful Conversations: Space for Connection** is on Tuesday, September 8th at 1:30PM in the Private Dining Room. This warm and reflective gathering offers a comfortable place to connect deeply and build meaningful relationships.

After taking a little break, **Ukulele Lessons by Richmond Music School** are back! If you are a part of the ukelele group, please note classes resume on Wednesday, September 9th at 11:00AM in the Activity Room. Please note that another beginner's group is still in discussion, you will be notified once there are more details available.

Join Linda for a fun **Bus Outing: Scenic Drive** on Wednesday, September 9th at 1:00PM. Take in the changing of the season and good company as we take a drive together. Make sure to sign up early on the sign-up sheet located in the Activity Room to reserve your spot.

Test your quick thinking and word skills with **Scattergories** on Thursday, September 10th at 2:00PM in the Activity Room. It's a great way to challenge your memory and give your brain a fun workout.

Embark on an incredible visual journey during the **David Darling Presentation: Patagonia and Falkland Islands Wildlife** on Friday, September 11th at 2:00PM in the Activity Room. Join David as he takes us through stunning landscapes filled with icebergs, whales and penguins galore with a little bit of history thrown in for good measure!

On Friday, September 11th at 3:00PM join us for **Happy Hour** on the Fireside Patio (*or in the Club Lounge, weather dependent*). Come spend the end of summer outside with delicious appetizers from the kitchen and complementary punch! You can also purchase a glass of wine or beer!

Weekly Calendar for September 5th – 11th, 2026

Saturday, September 5 th		Sunday, September 6 th		
10:00AM 11:00AM 1:30PM 2:30PM 6:00PM 7:00PM	Armchair Exercise Video Tai Chi Horserace Game Positive Energy Music Group Performance Mah Jong Movie Night: Anyone But You	10:00AM 10:30AM 11:00AM 11:00AM 1:30PM 2:00PM 7:30PM	Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Beginner Mah Jong with Kaela Tech Time with Erin Rummikub Sing along with Roger	
Monday September 7 th	Tuesday September 8 th	Wednesday September 9 th	Thursday September 10 th	Friday September 11 th
Labor Day 10:00AM Advanced Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 2:00PM Our Planet Video: From Deserts to Grasslands Documentary 6:45PM Music with Ron 7:00PM Bingo	10:00AM Armchair Exercise Video 11:30AM Meditation 1:00PM Recreation Committee Meeting 1:30PM Meaningful Conversation: Space for Connection 2:45PM Fit Minds 6:00PM Mah Jong 7:00PM Crib/Chess	10:00AM Armchair Video 10:30AM Catholic Prayer & Communion 11:00AM RMS Ukulele Lessons 1:00PM Bus Outing: Scenic Drive 1:30PM Billiards 1:30PM Chair Yoga with Lauren Video 3:00PM Happy Hour 6:45PM Music with Ron 7:00PM Rummikub	Hair with Farah 10:00AM Advanced Armchair Video with Curtis 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 2:00PM Scattergories 6:45PM Music with Ron 7:00PM Game of Hearts	10:00AM Osteofit with Robin Masters 11:00AM Advanced Armchair Video with Curtis 11:00AM Play Reading with Stephen 2:00PM David Darling Presentation: Patagonia and Falkland Islands Wildlife 3:00PM Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong