



INSPIRED
SENIOR LIVING

September 2026

Assisted Living

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Stand Up to Cancer Day	 HAPPY LABOUR DAY Labour Day	11:00 Seated Noodle Exercise (2ND) 1 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Movie Night - Street Scene (1931) (MT)	11:00 Energizing Exercises (2ND) 2 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 7:00 Movie Night- The Great Train Robbery (1979) (MT) 7:00 Bingo With Harlan (MR)	11:00 Seated Noodle Exercise (2ND) 3 12:00 Hand Massage (2ND) 12:30 Risk & Return - The Jesse Livermore Story (MT) 2:00 Meet me at the MOMA Artist Presentation: Morrisseau (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 4:00 Shaya Petroff Concert (STG) 7:00 Bridge with David (BR) 7:00 Movie Night- The Devil Wears Prada 2 (2026) (MT)	11:00 Seated Noodle Exercise (2ND) 4 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- Stronger (2017) (MT)	11:00 Seated Noodle Exercise (2ND) 5 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- Inside Llewyn Davis (2014) (MT)
11:00 Energizing Exercises (2ND) 6 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- I am Sombodys Child (2019) (MT)	10:30 Guided Meditation. (2ND) 7 11:00 Energizing Exercises (2ND) 11:30 Story Telling Circle (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Travia Game (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- 3:10 to Yuma (2007) (MT)	Residents' Council Nomination Deadline: September 8th, at 5pm. 8 11:00 Dance Movement Class (2ND) 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 1:30 Biidaasige Park (SU) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Movie Night- Clear and Present Danger (1994) (MT)	11:00 Energizing Exercises (2ND) 9 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Rosh Hashanah (STG) 3:30 Artful Enrichment - Mindful Colouring (2ND) 7:00 Movie Night- The Living Daylights (1987) (MT) 7:00 Bingo With Harlan (MR)	12:00 Hand Massage (2ND) 10 12:30 The crucial emotional skill most adults were never taught Becky Kennedy (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:15 Meet the Candidates for the Residents' Council Election (LL) 3:30 Fit Minds (2ND) 7:00 Bridge with David (BR) 7:00 Movie Night- My Left Foot (1989) (MT)	11:00 Energizing Exercises (2ND) 11 12:00 Hand Massage (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- Mulholland Drive (2001) (MT) 7:30 Hazelton Choir Group with Ernesto (STG)	Open House: 1-3pm (LL) 12 11:00 Seated Noodle Exercise (2ND) 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:00 Country Concert with Shanoon (LL) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- My Favorite Wife (1940) (MT)
Grandparents Day (LL) 13 11:00 Energizing Exercises (2ND) 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Grandparents' Concert with Noah (LL) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Defending Your Life (1991) (MT)	9:00 Evergreen Brick works Moring walk (SU) 14 11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 4:00 A Story Reading by Sondra. (AS) 7:00 Movie Night- Fly Me To The Moon (2024) (MT)	Eye Care Clinic Visits hazelton Place- Sign up at the Fron Desk. (MT) 15 9:30 Eye Care Clinic Visits hazelton Place- Sign up at the Fron Desk. (MT) 11:00 Seated Noodle Exercise (2ND) 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Movie Night- Disclosure Day (2026) (MT)	11:00 Energizing Exercises (2ND) 16 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 7:00 Bingo With Harlan (MR) 7:00 Movie Night- Begin Again (2014) (MT)	12:00 Hand Massage (2ND) 17 12:30 Death in Ancient Greece: Exploring the Myth of the Underworld (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Apple Teasting 3 pm (2LL) 3:30 Fit Minds (2ND) 7:00 Bridge with David (BR) 7:00 Movie Night- The Lion In The Winter (1968) (MT)	11:00 Energizing Exercises (2ND) 18 12:00 Hand Massage (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:45 September Birthday Party with Patricia Duffy (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Acrylics on canvas Session with Lynn (2ND) 3:15 September Birthday Party with Patricia Duffy (LL) 3:30 Artful Enrichment- Mindful Coloring (2ND) 7:00 Movie Night- The Drama (2026) (MT)	11:00 Seated Noodle Exercise (2ND) 19 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- The Spy Who Came In From The Cold (1965) (MT)



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11:00 Energizing Exercises (2ND) 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- The Caine Mutiny Court - Martial (2023) (MT) 20	9:30 Falls Prevention Exercise Class with Fahima (MR) 21 10:00 Fall Walking club Trip to Ramsden Park (SU) 10:30 Guided Meditation. (2ND) 11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- High Anxiety (1977) (MT)	11:00 Seated Noodle Exercise (2ND) 11:00 Residents Council Meeting (MT) 22 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Meeting with the life Enrichment Team. (MT) 3:30 Fit Minds (2ND) 7:00 Movie Night- Tuner (2026) (MT)	11:00 Energizing Exercises (2ND) 11:45 Name That Tune Game (2ND) 23 12:00 Hand Massage (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:00 High Tea with Jarek (Saxophone) (LL) 3:30 Artful Enrichment - Mindful Colouring (2ND) 7:00 Bingo With Harlan (MR) 7:00 Movie Night- Finding Vivian Maier (2014) (MT)	12:00 Hand Massage (2ND) 12:30 The evolution of laziness: Why humans resist the gym Daniel Lieberman: Full Interview (MT) 24 2:00 Meet me at the MOMA Artist Presentation: Nicholas J. Bott (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Bridge with David (BR) 7:00 Movie Night- The Letter (1940) (MT)	11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 25 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- Dave (1993) (MT) 7:30 Hazelton Choir with Ernesto (STG)	11:00 Seated Noodle Exercise (2ND) 26 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:00 Hazelton Garage Sale (P) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- Emily The Criminal (2022) (MT)
11:00 Energizing Exercises (2ND) 11:30 Balloon Games (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- From Russia With Love (1963) (MT) 27	10:30 Guided Meditation. (2ND) 28 11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 4:00 A Story Reading by Sondra. (AS) 7:00 Movie Night- The Baltimorons (2025) (MT)	11:00 Seated Noodle Exercise (2ND) 29 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Movie Night- Touch (2024) (MT)	11:00 Residents General Meeting (MT) 30 11:00 Energizing Exercises (2ND) 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 7:00 Bingo With Harlan (MR)	 Grandparent's Day		 Eat An Apple Day

Rosh Hashanah
(22-24)

Day for Truth and Reconciliation

Locations Legend	
2nd Floor (2ND)	Bedford Bridge
Movie Theatre (MT)	Lounge (BR)
Meeting Room (MR)	Annex Bar (AB)
111 Art Studio (AS)	Sign-up (SU)
Lower Lobby (LL)	Lower Lobby and 2nd (2LL)
St. George Lounge (STG)	Patio (P)

Calendar Legend
Outing
Special Program
Living, Loving, Local
Signature Program