



THE CONCORDE
RETIREMENT COMMUNITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY LABOUR DAY Labour Day						
		8:30 Go4Life Walking (LOB) 1 9:00 Men's Coffee Group (L) 10:30 Fit Minds (AR) 1:30 Java Music Club – Where Songs Bring Us Together (AR) 2:00 Yearning for Yarn Club (L) 3:00 Afternoon Games - Life Enrichment's Choice (AR)	8:30 Go4Life Walking (LOB) 2 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:30 Roll O' Trump (AR) 1:30 Bingo! Special Time (AR) 2:30 An Afternoon of String Music presented by The Penticton Music Academy! (L) 6:00 Evening Game Night (L)	8:30 Go4Life Walking (LOB) 3 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study (AR) 2:00 Shuffleboard! (L) 3:00 Gentle Chair Yoga by Manpreet (AR) 3:30 Travel Vlog: Palestine By Rick Steves (AR)	Living Loving Local 4 8:30 Go4Life Walking (LOB) 9:30 Drumfit Cardio (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 11:30 Friday Mingle Lunch (BAC) 2:00 Music with Su Wolfe (L) 3:00 Happy Hour. We're mixing up Cranberry Mimosas and Good Vibes \$\$ (L)	National Cheese Pizza Day 5 8:30 Go4Life Walking (LOB) 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:15 Nails by Bella (AR) 10:30 Activity Booklet (Word Search & Crossword) (HWY) 2:00 Bingo! (AR) 3:00 Artful Enrichment: Painting Session (AR) 6:00 Evening Game Night (L)
8:30 Go4Life Walking (LOB) 6 10:30 Roll O' Trump (AR) 2:00 Yearning for Yarn Club (L) 3:00 Sunday Funday - Shuffleboard Bowling (L) 6:30 Sunday Night Movie : Four Weddings and a Funeral (LOB)	Labour Day 7 8:30 Go4Life Walking (LOB) 9:00 Who am I ? Booklet (HWY) 10:15 Puzzle Time (L) 1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L) 6:00 Euchre (Card Game) (AR)	8:30 Go4Life Walking (LOB) 8 9:00 Men's Coffee Group (L) 10:00 Personal Touch Fashions - Shopping in the Lounge 10 AM to 2 PM (L) 10:30 Fit Minds (AR) 1:30 Java Music Club – Where Songs Bring Us Together (AR) 2:00 Resident Forum with Managers (AR) 2:30 Yearning for Yarn Club (L)	8:30 Go4Life Walking (LOB) 9 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:30 Roll O' Trump (AR) 2:00 Bingo! (AR) 3:00 Join us for Nachos, Salsa and Beer. Let's snack, sip, and hang out! \$\$ (L) 6:00 Evening Game Night (L)	8:30 Go4Life Walking (LOB) 10 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study (AR) 2:00 Shuffleboard! (L) 3:00 Gentle Chair Yoga by Manpreet (AR) 3:30 Travel Vlog: Iran by Rick Steves (AR)	8:30 Go4Life Walking (LOB) 11 9:30 Drumfit Cardio (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 11:30 Friday Mingle Lunch (BAC) 2:00 Friday Music with Young Heart Singers (L) 3:00 Happy Hour - Featuring the Classic Amaretto & Coke! \$\$ (L)	8:30 Go4Life Walking (LOB) 12 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:15 Nails by Bella (AR) 10:30 Activity Booklet (Word Search & Crossword) (HWY) 11:30 Hearing Life (BIS) 1:00 Open House featuring Candie Schmidt (L) 6:00 Evening Game Night (L)
8:30 Go4Life Walking (LOB) 13 10:30 Roll O' Trump (AR) 2:00 Yearning for Yarn Club (L) 3:00 🎨 Celebrate Grandparents & Grandkids Day - Come decorate a hat that's as unique as you are! (AR) 6:30 Sunday Night Movie: The Magnificent Seven (LOB)	8:30 Go4Life Walking (LOB) 14 9:30 Chair Fitness Exercise via Video (AR) 10:15 Puzzle Time (L) 1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L) 2:00 Meet me at the Moma (AR) 6:00 Euchre (Card Game) (AR)	8:30 Go4Life Walking (LOB) 15 9:00 Men's Coffee Group (L) 10:30 Fit Minds (AR) 1:30 Java Music Club – Where Songs Bring Us Together (AR) 1:30 Scenic Drive * Sign Up (LOB) 2:00 Yearning for Yarn Club (L) 3:00 Afternoon Games - Balloon Popping Game (AR)	8:30 Go4Life Walking (LOB) 16 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:30 Roll O' Trump (AR) 2:00 Bingo! (AR) 3:00 Storytelling & Chat w/ Colleen (AR) 6:00 Evening Game Night (L)	8:30 Go4Life Walking (LOB) 17 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study (AR) 2:00 Shuffleboard! (L) 3:00 Puzzle Time (L) 3:30 Travel Vlog: Poland by Rick Steves (AR)	National Country Music Day 18 8:30 Go4Life Walking (LOB) 9:30 Drumfit Cardio (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 11:30 Friday Mingle Lunch (BAC) 2:00 🌟 A Tribute to Dolly Parton: A Country Music Celebration Featuring Kyle Anderson 🌟 (L) 3:00 Happy Hour - Enjoy a creamy, fizzy Colorado Bulldog cocktail! \$\$ (L)	8:30 Go4Life Walking (LOB) 19 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:15 Nails by Bella (AR) 10:30 Activity Booklet (Word Search & Crossword) (HWY) 2:00 Bingo! (AR) 6:00 Evening Game Night (L)



INSPIRED
SENIOR LIVING

September 2026

The Concorde



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Go4Life Walking (LOB) 20 10:30 Roll O' Trump (AR) 1:45 Gospel Song Recordings (AR) 2:00 Yearning for Yarn Club (L) 3:00 Sunday Funday - Horse Racing (AR) 6:30 Sunday Night Movie: The Heat (LOB)	8:30 Go4Life Walking (LOB) 21 9:30 Chair Fitness Exercise via Video (AR) 10:15 Puzzle Time (L) 1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L) 2:00 Meet me at the Moma (AR) 6:00 Euchre (Card Game) (AR)	8:30 Go4Life Walking (LOB) 22 9:00 Men's Coffee Group (L) 9:30 Cycling Without Age - Sign up Req'd. Enjoy the sights of Skaha Lake! (OUT) 10:30 Fit Minds (AR) 11:30 Lunch Outing (C) 1:30 Java Music Club – Where Songs Bring Us Together (AR) 2:00 Yearning for Yarn Club (L) 3:00 Afternoon Games - Life Enrichment's Choice (AR)	8:30 Go4Life Walking (LOB) 23 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 9:30 Puzzle Competition (L) 10:30 Roll O' Trump (AR) 2:00 Bingo! (AR) 3:00 Storytelling & Chat w/ Colleen (AR) 6:00 Evening Game Night (L)	8:30 Go4Life Walking (LOB) 24 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study (AR) 2:00 Shuffleboard! (L) 2:00 Coffee & Chat Session with Staff (BIS) 3:00 Gentle Chair Yoga by Manpreet (AR) 3:30 Travel Vlog: Europe (Symphonic Journey) (AR) 6:00 Shirley G: Still Rockin'! (L)	8:30 Go4Life Walking (LOB) 25 9:30 Drumfit Cardio (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 11:30 Friday Mingle Lunch (BAC) 2:00 Birthday Party and Music with Sam (L) 3:00 Happy Hour - Drink Special - Crisp, Citrusy Rum Collins! \$\$ (L) 4:30 Oktoberfest Dinner Special	8:30 Go4Life Walking (LOB) 26 9:30 Gentle Stretch Excercise w/ Manpreet (AR) 10:15 Nails by Bella (AR) 10:30 Activity Booklet (Word Search & Crossword) (HWY) 2:00 Bingo! (AR) 6:00 Evening Game Night (L)
8:30 Go4Life Walking (LOB) 27 10:30 Roll O' Trump (AR) 1:45 Gospel Song Recordings (AR) 2:00 Yearning for Yarn Club (L) 3:00 Sunday Funday - Uno Smackdown (AR) 6:30 Sunday Night Movie: Going in Style (LOB)	8:30 Go4Life Walking (LOB) 28 9:30 Chair Fitness Exercise via Video (AR) 10:15 Puzzle Time (L) 1:30 Afternoon Games - Crokinole, Uno, Crib, Jenga, etc. (L) 2:00 Meet me at the Moma (AR) 6:00 Euchre (Card Game) (AR)	8:30 Go4Life Walking (LOB) 29 9:00 Men's Coffee Group (L) 9:30 Cycling Without Age - Sign up Req'd. Enjoy the sights of Skaha Lake! (OUT) 10:30 Fit Minds (AR) 1:30 Java Music Club – Where Songs Bring Us Together (AR) 2:00 Yearning for Yarn Club (L) 3:00 Presentation by Inez: Walking Together Through Okanagan Indigenous History! (AR)	Truth & Reconciliation Day: Wear Your Orange Shirt! (AR) 8:30 Go4Life Walking (LOB) 9:00 Who am I ? Booklet (HWY) 10:30 Roll O' Trump (AR) 2:00 Bingo! (AR) 6:00 Evening Game Night (L)			



Calendar Legend		Locations Legend	
Outing	Special Program	Skaha Activity Room (AR)	Back Courtyard (BAC)
Cruise Week	Living, Loving, Local	Piano Lounge (L)	Bistro (BIS)
Signature Program		Lobby (LOB)	Out front (OUT)
		Hallway (HWY)	Community (C)