



MENU FOR THE WEEK OF OCTOBER 12, 2026 - OCTOBER 18, 2026



Menu items are subject to change due to availability of product. * Please check the Daily Menu Board*

DINNER

OMELET OF THE WEEK: SPINACH & MOZZARELLA CHEESE

	12-Oct-26	13-Oct-26	14-Oct-26	15-Oct-26	16-Oct-26	17-Oct-26	18-Oct-26
Week 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	*THANKSGIVING FEATURED DINNER* BUTTERNUT SQUASH SOUP	THREE MUSHROOM BARLEY SOUP	CREAM OF BROCCOLI SOUP	TOMATO RICE SOUP	GREEN CABBAGE & POTATO SOUP	CHICKEN NOODLE SOUP	CREAM OF *BROCCOLI SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	FRESH *RASPBERRIES & *BLACKBERRIES ON ICEBERG LETTUCE	ARUGULA SALAD WITH ORANGES & DRIED *CRANBERRIES	SHRIMP COCKTAIL	*CHERRY *TOMATO, RED ONION, YELLOW PEPPER SALAD	WALDORF SALAD	ICEBERG LETTUCE WITH HONEYDEW & PINEAPPLE	*RASPBERRY & GOAT CHEESE SALAD
Entrée 1	ROASTED RIB EYE OF BEEF WITH YORKSHIRE PUDDING & MUSHROOM GRAVY	PORK TENDERLOIN WRAPPED IN PUFF PASTRY WITH GRAVY	ROASTED LAMB LEGS WITH GRAVY	SWEDISH MEATBALLS WITH EGG NOODLES	HOT DOG WITH DICED ONIONS, SAUERKRAUT RELISH & FRENCH FRIES	BAKED MEAT LASAGNA WITH GARLIC BREAD	ROASTED PORK BUTT WITH GRAVY
Entrée 2	ROASTED TURKEY WITH STUFFING, GRAVY & CRANBERRY CHUTNEY	BAKED TANDOORI CHICKEN DRUMSTICKS	ROASTED CHICKEN LEGS WITH MUSHROOM SAUCE	MARINATED & ROASTED CHICKEN THIGHS WITH GRAVY	BUTTER CHICKEN WITH STEAMED RICE & NAAN BREAD	GRILLED CHICKEN BREAST ON CAESAR SALAD	CHICKEN VEGETABLE CHOW MEIN
Entrée 3	PAN FRIED ATLANTIC SALMON WITH GARLIC BUTTER SAUCE	PAN SEARED COD LOIN WITH GARLIC WHITE WINE SAUCE	SALMON BURGER WITH FRENCH FRIES	SAUTEED KUNG PAO SHRIMP WITH RICE	POTATO CRUSTED COD FILET WITH TARTAR SAUCE	POACHED SEAFOOD COMBO (SALMON, BASA, PRAWNS)	PAN FRIED CRAB CAKE WITH TARTAR SAUCE
Starch	MASHED POTATOES	STEAMED POTATOES	ROASTED POTATOES	BAKED 1/2 POTATO WITH SOUR CREAM	ROASTED YAM POTATOES	SCALLOPED POTATOES	POTATO LYONNAISE
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	STEAMED ASPARAGUS	PARSLIED CAULIFLOWER	STEAMED YELLOW BEANS	GLAZED CARROTS	CORN & TARRAGON	*BROCCOLI FLORETS	BRUSSEL SPROUTS
Vegetable	ROASTED BABY CARROTS	GREEN BEANS	BAKED *TOMATOES	SPAGHETTI *SQUASH	BABY BOK CHOY	RED *BEETS	YELLOW TURNIPS
FEATURED Dessert	PUMPKIN CREAM LAYER CAKE	APPLE & MANGO COBBLER	COCONUT PANNA COTTA	PECAN PIE	BUTTERSCOTCH PUDDING	STEWED MIXED FRUIT MEDLEY WITH WHIPPED CREAM	CHOCOLATE BROWNIE



* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS
BEETS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS

FATTY FISH
NUTS
PEACHES
RASPBERRIES

SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT

