



INSPIRED
SENIOR LIVING

October 2026

Assisted Living



INSPIRED SENIOR LIVING WITH

Hazelton Place Retirement2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Breast Cancer Awareness Month	 World Mental Health Day					
11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 4 11:30 The Great Balloon Rally (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 3:00 National Cinnamon Bun Day (LL) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- The Taming Of The Shrew (1967) (MT)	10:30 Active Week Serenity: Gentle Breathing & Inner Calm (2ND) 5 11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 The Beat Goes On: Drumfit Active Aging Week (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Hazelton Choir with Ernesto (LL) 4:00 Brain & Brilliance: The Active Aging Week Quiz (2ND) 4:00 A Story Reading by Sondra. (AS) 7:00 Movie Night- The Country Girl (1955) (MT)	11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 6 11:30 Brain & Brilliance: The Active Aging Week Quiz (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (Active week) (2ND) 7:00 Movie Night- Sisu (2023) (MT)	11:00 Resident Food Meeting (MT) 7 11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 11:45 Notes from the Past: Active Aging Week Musical Trivia (2ND) 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 The Beat Goes On: Drumfit Active Aging Week (2ND) 2:00 Halloween Art and Craft (AS) 2:00 Tales From The Organ Trade Films persentation with Filmmaker (MT) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 4:00 Active Week: Count Your Steps to Yorkville (SU) 7:00 Lucky Squares: Active Aging Week Bingo (MR) 7:00 Movie Night- The Gentlemen (2020) (MT) 7:00 Bingo With Harlan (MR) 7:30 Current Events Discussion with Patrick Gossage (MR)	9:30 Eye Care Clinic Visits hazelton Place- Sign up at the Fron Desk. (MT) 1 11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 11:30 Bowling Club team Active Aging Week (2ND) 12:00 Hand Massage (2ND) 12:30 Of Madness, Solitude, and the Paradox of Consciousness Georg Büchner's Lenz (MT) 2:00 Active Aging Week Count Your Steps to Yorkville (SU) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 The Afternoon Table: Bridge with David (BR) 7:00 Movie Night- Family Plot (1976) (MT)	Oktoberfest Afternoon and Entertainment with Bruce (LL) 2 11:00 Seated Noodle Exercise(active week) (2ND) 11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:00 Oktoberfest Afternoon and Entertainment with Bruce (LL) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (Active week) (2ND) 7:00 Movie Night- Catch Me If You can (2003) (MT)	11:00 Beat by Beat: The ABAB Active Aging Week (2ND) 3 1:30 Active Week: Count Your Steps to Yorkville (SU) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo Active Aging Week (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- once Upon A Time In America (1984) (MT)
11:00 Seated Noodle Exercise(active week) (2ND) 11 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Fruitvale Station (2013) (MT)	Thanksgiving 12 10:30 Guided Meditation. (2ND) 11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Thanks Giving High tea and Concert with Jessica Rio (LL) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 4:00 A Story Reading by Sondra. (AS) 7:00 Movie Night- Searching (2018) (MT)	11:00 Seated Noodle Exercise (2ND) 13 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Movie Night- Ocean's 13 (2007) (MT)	11:45 Name That Tune Game (2ND) 14 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:00 Evergreen Brick works Outing (SU) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Summer Go4Life Walking Club to Ramsden Park Outing (SU) 7:00 Bingo With Harlan (MR) 7:00 Movie Night- Nine Days (2021) (MT) 7:00 Bingo With Harlan (MR) 7:30 Current Events Discussion with Patrick Gossage (MR)	11:00 Seated Noodle Exercise (2ND) 15 11:30 Exercise (Blance class) with LEM Team (MR) 12:00 Hand Massage (2ND) 12:30 The Wildlife of Costa Rica Free Documentary Nature (MT) 2:00 Meet me at the MOMA Artist Presentation: Winslow Homer (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 The Afternoon Table: Bridge with David (BR)	11:00 Seated Noodle Exercise (2ND) 16 12:00 Hand Massage (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- Elizabeth (1998) (MT) 7:30 Hazelton Choir with Ernesto (STG)	11:00 Seated Noodle Exercise (2ND) 17 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- The Proposal (2009) (MT)



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11:00 Seated Noodle Exercise(active week) (2ND) 18 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- The End Of Oak Street (2026) (MT)	10:30 Guided Meditation. (2ND) 19 11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- Mary Poppins (1964) (MT)	11:00 Seated Noodle Exercise (2ND) 20 11:00 SuperstitionsSpooky Exploration with Lianne Harris (MT) 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Halloween Art and Craft (AS) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Movie Night- Ghost Town (2008) (MT)	11:45 Name That Tune Game (2ND) 21 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Communion Service with Liska (STG) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Summer Go4Life Walking Club to Ramsden Park Outing (SU) 7:00 Bingo With Harlan (MR) 7:00 Movie Night- Deepwater Horizon (2016) (MT) 7:00 Bingo With Harlan (MR) 7:30 Current Events Discussion with Patrick Gossage (MR)	11:00 Seated Noodle Exercise (2ND) 22 11:30 Exercise (Blance class) with LEM Team (MR) 12:00 Hand Massage (2ND) 12:30 China's Long Revolution, 1900-1950 [part 1] (MT) 2:00 Meet me at the MOMA Artist Presentation: Edward Gorey (MT) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 The Afternoon Table: Bridge with David (BR) 7:00 Wine and Philosophy Club with Abtin (AB) 7:00 Movie Night- Fall (2022) (MT)	11:00 Seated Noodle Exercise (2ND) 23 12:00 Hand Massage (2ND) 2:00 Sing-Fit (2ND) 2:00 Acrylics on canvas Session with Lynn (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- The Swiss Family Robinson (1960) (MT) 7:30 Hazelton Choir with Ernesto (LL)	11:00 Seated Noodle Exercise (2ND) 24 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- The Finest Hours (2016) (MT)
11:00 Seated Noodle Exercise(active week) (2ND) 25 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea time , Sing along (2ND) 4:00 Artful Enrichment- Creative Coloring (2ND) 6:00 Pet Therapy with Alicia (2ND) 7:00 Movie Night- Billy Elliot (2000) (MT)	10:30 Guided Meditation. (2ND) 26 11:00 Energizing Exercises (2ND) 12:00 Hand Massage (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 A Story Reading by Sondra. (AS) 3:00 Tea time , Sing along (2ND) 4:00 Trivia Hour (2ND) 7:00 Movie Night- Captain Philipps (2013) (MT)	11:00 Seated Noodle Exercise (2ND) 27 11:30 Trivia Game (2ND) 12:00 Hand Massage (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Arts and Crafts: Halloween Pumpkin Carving.(AS) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 Learing French with Abtin (AS) 7:00 Movie Night- Tick, Tick, Boom (2021) (MT)	National Chocolate Day (LL) 28 11:45 Name That Tune Game (2ND) 12:00 Hand Massage (2ND) 2:00 Java Music Club (2ND) 2:00 Arts and Crafts - Card Making (AS) 2:00 Bata Shoe Museum outing (Sign Up) (SU) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 National Chocolate Day (LL) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Summer Go4Life Walking Club to Ramsden Park Outing (SU) 7:00 Bingo With Harlan (MR) 7:00 Movie Night- The Others (2001) (MT) 7:00 Bingo With Harlan (MR) 7:30 Current Events Discussion with Patrick Gossage (MR)	11:00 Seated Noodle Exercise (2ND) 29 11:30 Exercise (Blance class) with LEM Team (MR) 12:00 Hand Massage (2ND) 12:30 Rituals and Rites of history mummies, the underworld, and more [Fig Tree] (MT) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Fit Minds (2ND) 7:00 The Afternoon Table: Bridge with David (BR) 7:00 Halloween Art and Craft (AS) 7:00 Movie Night- Wizard Of Oz (1939) (MT)	Halloween Party (LL) 30 11:00 Seated Noodle Exercise (2ND) 12:00 Hand Massage (2ND) 2:00 Sing-Fit (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Halloween Party performance by Alicia Santos (LL) 3:00 Tea time , Sing along (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 7:00 Movie Night- The Ghost and Mrs. Muir (1947) (MT)	11:00 Seated Noodle Exercise (2ND) 31 11:00 Exercise (Blance class) with Fahima (MR) 12:00 Hand Massage (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea time , Sing along (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 7:00 Movie Night- The Haunting (1963) (MT)



Locations Legend	
2nd Floor (2ND)	Sign-up (SU)
Movie Theatre (MT)	Annex Bar (AB)
Meeting Room (MR)	Bedford Bridge Lounge (BR)
111 Art Studio (AS)	St. George Lounge (STG)
Lower Lobby (LL)	

Calendar Legend
Outing
Special Program
Living, Loving, Local
Signature Program
Active Week