

the Inspired times

FOCUSING ON THE INSPIRING RETIREMENT JOURNEY AT YOUR VERVE RESIDENCE

INSPIRED SENIOR LIVING WITH



Working together to make our Dining Room table centerpieces

Be Celebrated

Each month we highlight ways we help Verve residents in any of our locations experience the fullness of life in retirement. This month, we're exploring the theme Be Celebrated.

Welcome October

Autumn is here!

As we welcome the beautiful month of October, we embrace the changing colours, crisp autumn air, and the simple joys that this season brings. It is a wonderful time to gather together, share stories, enjoy familiar traditions, and create new memories with friends and neighbours. May October fill our days with warmth, laughter friendship, and many opportunities to enjoy all that autumn has to offer. Let's make this month a colourful and meaningful one together.

UPCOMING DATES

Thanksgiving- October 12th

Oktoberfest - October 14th

National Chocolate Day-October 28th

Halloween - October 31st



OUR MANAGEMENT TEAM

- General Manager - Samantha Wright
- Office Manager Laura - Oslic
- Community Relations Manager - Clare Contini
- Health and Wellness Manager - Sharon Karanja
- Dining Services Manager - Niladri Desai
- Building Services Manager - Van Ahn Pham
- Life Enrichment Manager - Valerie McIntyre

As a cohesive Management Team, we work together with one shared purpose - to create a welcoming retirement residence where every resident feels a true sense of belonging, connection, and togetherness. By working collaboratively across all areas of the residence, we strive to support each resident in living life on their own terms, pursuing the things they enjoy, and making every day meaningful and fulfilling.

A Message from Samantha

Seeing the leaves turn colour and feel the coolness in the air, it's time to prepare for the change in season. The hanging baskets will come down, the outdoor sprinklers will be turned off and we'll be bringing the patio furniture in.

October events include Thanksgiving and Halloween so we will keep to old traditions and continue with some new ones (Halloween costume parade!).

Please be sure to join in the indoor festivities.

Have a great month,

~ Samantha



Employee Spotlight: Rick Coss

Thornebridge Gardens has given me the opportunity to do my best at what I do cooking for the residents and this is what inspires me to come to work each day. My hometown is Surrey, BC and my favourite food is Japanese. In my spare time I like to spend time with my friends watching sports, cooking, crabbing and swimming! I'm actually a very good swimmer!!



Bev S - October 6th

Christa K - October 15th

Jean H - October 17th

Roslyn H - October 17th

Yvonne H - October 17th

Helen H - October 21st

Dorothy H - October 22nd

Shelagh T - October 22nd

Judy R - October 28th

Silvia L - October 28th

Rita K - October 29th

Welcoming

Charles C
Patricia J

We are so delighted that you
chose Thornebridge Gardens
as your new home!

Saying Farewell to

Barbara H

We are sad to see you go,
but wish you the best in this
new chapter of your journey!



October Event Highlights

Friday, October 9th - A Presentation with David Darling on Thanksgiving: History, Origins, and Traditions and why Canada and the USA differ.

Sunday, October 11th - Our annual Thanksgiving Brunch Buffet will be served. Join us for an amazing feast our talented dining team will prepare.

Wednesday, October 14th - We have exciting Oktoberfest Entertainment with the Rheinlander Oompa Pa Band. This promises a fun hour of traditional Oktoberfest music and appetizers from the kitchen!

Monday, October 19th - Entertainment with Cheek to Cheek. This duo will bring all your favourite tunes for an absolutely fantastic hour of music.

Friday, October 23rd - Altavida Fashions will be presenting a fashion show on our Thornebridge Gardens runway! Be a model and show off some great styles to your fellow residents! Always a lot of fun to participate in

and to watch!

Monday, October 26th - Entertainment with Charles Johnson. This guitarist has a definite southern charm and can really put on a show! Not to miss!

Wednesday, October 28th - It's National Chocolate Day! Who doesn't love chocolate? We'll celebrate this day with a Chocolate Lover's Challenge. This will be a fun game to challenge your tastebuds on various chocolate bars. How many will you know just by tasting?

Friday, October 30th will be our Halloween Party day! We'll start with a costume parade with prizes for 1st, 2nd, and 3rd place, then move right into an hour of Entertainment with The Suede Dogs. What costume will you wear?