

# GILMORE GARDEN WEEKENDER HIGHLIGHTS



October 23<sup>rd</sup>, 2026

## IN HOUSE NEWS

Please note that **the Club Lounge will be unavailable starting Tuesday, October 27<sup>th</sup>** due to scheduled renovations. We have relocated affected programs to different spaces throughout the community, so please check the updated location legend on this week's schedule.

Please note that our scheduled **Bus Outing: River Rock Casino on Wednesday, October 28<sup>th</sup> has been cancelled** and will be rescheduled for a future date. Thank you for your understanding.

**Wear your favourite costume** or come and pick out something on Friday, October 30<sup>th</sup>. We will have a table set up with some odds and ends you can borrow to wear for the afternoon entertainment.

## REMINDERS

Place your bets on your favourite horse and race your way to winning the jackpot at **Horseraces Game** on Saturday, October 24<sup>th</sup> at 1:30PM in the Activity Room. Do remember to bring \$3.50 in quarters with you.

Are you in the mood to listen to budding musicians? If so, come on down for **Music with the Richmond Music School** on Saturday, October 24<sup>th</sup> at 2:30PM in the Fireside Lounge.

Do you need to stock up on supplies? Our weekly **Bus Outing: Shopping Trip to FreshCo** is on Monday, October 26<sup>th</sup> at 11:30AM. The sign-up sheet is available in the Activity Room.

It's that time of year again where you get to have fun with food. Join us for a fun **Craft Session: Pumpkin Painting** on Monday, October 26<sup>th</sup> at 2:45PM in the Activity Room. No prior skills are required, so simply join us and we will help you create your Halloween masterpiece.

Take care of your hearing health with **Ears to You Hearing Health Check** on Tuesday, October 27<sup>th</sup> from 9:30AM to 2:00PM in the Beauty Salon. Please make sure to sign up in advance on the sheet located in the Activity Room to reserve your time slot.

Share your ideas at the **Recreation Committee Meeting** on Tuesday, October 27<sup>th</sup> at 1:30PM in the Private Dining Room. We always value your engagement and appreciate your participation.

Challenge your mind and work together during **Giant Crosswords** on Tuesday, October 27<sup>th</sup> at 2:45PM in the Private Dining Room. It is a fun way to solve word puzzles together, so please stop by!

Gather with fellow book lovers for the **Book Club Meeting** on Wednesday, October 28<sup>th</sup> at 2:00PM in the Private Dining Room. Bring your thoughts as we dive into this month's selection together.

It's the perfect time to look for new outfit or accessory at **Casual Chic Couture Fashions** on Wednesday, October 28<sup>th</sup> from 11:00AM to 2:00PM in the Fireside Lounge. How about a cozy, new sweater for the colder weather or a fancy top for the upcoming Christmas festivities.

Come celebrate our October-born residents and welcome new residents at our monthly **Birthday Party & Welcome Tea** on Thursday, October 29<sup>th</sup> at 2:00PM in the Dining Room. Everyone is warmly invited to join in for a piece of delicious cake and tea.

Join us for a festive **Halloween Parade** on Friday, October 30<sup>th</sup> at 1:45PM in the Fireside Lounge. Dress up in whatever you want and be whoever you want to enjoy this special afternoon. The best costume by popular opinion will get a prize for their creativity.

Calling all witches and monsters to our **Halloween Entertainment with Chris Yuill, Comedy Magician** on Friday, October 30<sup>th</sup> at 2:00PM in the Fireside Lounge. Get ready for an astounding performance filled with mind-blending magic and plenty of laughter.

Join us in keeping the Halloween spirit going at **Happy Hour** on Friday, October 30<sup>th</sup> at 3:00PM in the Fireside Lounge. We will have a game or two along with ghoulish appetizers and drinks.

### Weekly Calendar for October 24<sup>th</sup> – 30<sup>th</sup>, 2026

| Saturday, October 24 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                  | Sunday, October 25 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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| 10:00AM<br>11:00AM<br><b>1:30PM</b><br><b>2:30PM</b><br><br>3:00PM<br>6:00PM                                                                                                                                                                                                                                                                                              | <b><i>Nails with Angie</i></b><br>Armchair Video Exercise<br>Tai Chi<br><b>Horserace Game</b><br><b>Music with the Richmond Music School</b><br>Painting with Elizabeth<br>Mah Jong                                                                                                                                                                                                              | 10:00AM<br><b>10:00AM</b><br>10:30AM<br>11:00AM<br>1:00PM<br><b>1:30PM</b><br>2:15PM<br><b>2:30PM</b><br>7:00PM                                                                                                                                                                                                                                                                                                              | Armchair Video Exercise<br><b>Advanced Rummikub with Sally</b><br>GPUC Worship Service<br><del>Gentle Fit with Winnie</del> — <i>Cancelled</i><br>Table Tennis with Sally<br><b>Tech Time with Erin</b><br>Beginner Rummikub with Sally<br><b>Youth Musician Association</b><br>Sing Along with Roger                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Monday<br>October 26 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                        | Tuesday<br>October 27 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                              | Wednesday<br>October 28 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                        | Thursday<br>October 29 <sup>th</sup>                                                                                                                                                                                                                                                                                                   | Friday<br>October 30 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                |
| 10:00AM<br>Advanced<br>Armchair Video<br>with Curtis<br><br>11:00AM Go4Life<br>Walking Club<br><br>11:00AM<br>Armchair Exercise<br>Video<br><br><b>11:30AM Bus<br/>Outing:<br/>Shopping Trip to<br/>FreshCo</b><br><br>1:30PM RMS<br>Ukulele Lessons<br><br><b>2:45PM Craft<br/>Session:<br/>Pumpkin<br/>Painting</b><br><br>6:45PM Music<br>with Ron<br><br>7:00PM Bingo | <b>9:30AM -<br/>2:00PM</b><br><b>Ears to You<br/>Hearing Health<br/>Check</b><br><br>10:00AM<br>Armchair<br>Exercise Video<br><br>11:30AM<br>Meditation<br><br>1:30PM Chair<br>Yoga with Lynn<br>Walters<br><br><b>1:30PM<br/>Recreation<br/>Committee<br/>Meeting</b><br><br><b>2:45PM Giant<br/>Crosswords<br/>(PRI)</b><br><br>6:00PM<br>Mah Jong<br><br>7:00PM<br>Crib/Chess<br><b>(ACT)</b> | 10:00AM<br>Armchair Video<br><br>10:30AM Catholic<br>Prayer &<br>Communion<br><br>11:00AM RMS<br>Ukulele Lessons<br><br><b>11:00AM-2:00PM<br/>Casual Chic<br/>Couture Fashions</b><br><br>1:30PM Billiards<br><br>1:30PM Chair Yoga<br>with Lauren<br><br><b>2:00PM Book<br/>Club Meeting<br/>(PRI)</b><br><br><b>3:00PM<br/>Happy Hour<br/>(PRI)</b><br><br>6:45PM Music with<br>Ron<br><br>7:00PM Rummikub<br><b>(ACT)</b> | <b><i>Hair with<br/>Farah</i></b><br><br>10:00AM<br>Advanced<br>Armchair<br>Video with<br>Curtis<br><br>11:00AM<br>Go4Life<br>Walking Club<br><br>11:00AM<br>Armchair<br>Exercise<br>Video<br><br><b>2:00PM<br/>Birthday<br/>Party &amp;<br/>Welcome<br/>Tea</b><br><br>6:45PM<br>Music with<br>Ron<br><br>7:00PM<br>Game of<br>Hearts | <b><i>Wear your favorite<br/>Costume!</i></b><br><br>10:00AM Osteofit<br>with Robin Masters<br><br>11:00AM Play<br>Reading with<br>Stephen<br><br>11:00AM<br>Armchair Exercise<br>Video<br><br><b>1:45PM Halloween<br/>Parade (FIR)</b><br><br><b>2:00PM Halloween<br/>Entertainment<br/>with Chris Yuill,<br/>Comedy Magician</b><br><br><b>3:00PM Happy<br/>Hour (FIR)</b><br><br>3:30PM Table<br>Tennis<br><br>6:00PM Mah Jong |