

GILMORE GARDENS WEEKENDER HIGHLIGHTS



October 30th, 2026

IN HOUSE NEWS

The Club Lounge will not be accessible for November due to scheduled renovations. We have relocated affected programs to different spaces throughout the community, please check the locations legend carefully on the calendar for November. Thank you for your cooperation!

Please note that our **Richmond Library Books** have been moved to the shelves in the Activity Room next to the fridge. **Scrabble** is located in the computer den and **rummikub** is located in the activity room. We're sorry for the inconvenience while renovations are taking place.

Do you enjoy playing Crib or Rummikub? Please note that your fellow neighbours are in search for more **Crib players on Tuesday evenings** and **Rummikub player on Wednesday evenings!** If you are interested, please connect directly with Brian or Lyn. If you're interested in Bridge, you can connect with Lyn directly and get more information about time and location.

Did you know it's not too late to sign up for the **Beginner RMS Ukulele Lessons**? Our music teacher Luciano, is open to taking on more students for his class! If you are interested, please attend the next class on Monday, November 2nd at 1:30PM. We hope to see more people there! The ukelele will be provided!

REMINDERS

Bring your lucky charms for a fun and spooky game of **Halloween Themed Bingo** on Saturday, October 31st at 1:30PM in the Activity Room. — ***Please note the updated location.***

Movie Night: Night at the Museum on Saturday, October 31st at 7:00PM in the Activity Room. Bring a friend along to enjoy a movie on Halloween night!

Come join **Sing Along with Errol** on Sunday, November 1st at 7:30PM in the Fireside Lounge! Errol comes with his guitar and song books ready for everyone to join in with all your favourite songs!

Hop on our **Bus Outing: Shopping trip to Ironwood** on Monday, November 2nd at 11:30AM. Please add your name on the sign-up sheet in the Activity Room to reserve your seat.

Discover an iconic artist at **Meet Me at the MoMA: Winslow Homer** on Monday, November 2nd at 2:45PM in the Activity Room. Known for his powerful realist style, Homer evolved from Civil War illustrations to dramatic seascapes like The Gulf Stream that defined American marine painting.

Come join the monthly **Resident Handbook Review with Lorne** on Tuesday, November 3rd at 10:45AM in the Fireside Lounge. Get more information about topics in your handbook!

Bring your own topics of interest for an engaging conversation during **Meaningful Conversations: A Space for Connection with Carolyn** on Tuesday, November 3rd at 1:30PM in the Private Dining Room. Come share, listen, and connect through meaningful conversations with other residents.

Altavida Fashions will be coming to showcase their new seasonal clothing on Thursday, November 5th from 11:00AM to 3:00PM in the Fireside Lounge. Drop by to browse a lovely selection of fall and winter clothing. It's a great time to treat yourself to something new for the holiday season coming up!

Wellness Session: Vitals Monitoring Clinic with NND & Eyeglasses Adjustment by Specsavers on Thursday, November 5th starting from 2:30PM in the Activity Room. Sign up early on the sheet in the Activity Room to reserve your preferred time slot. Drop ins are also welcome although you may be waiting for your turn!

Join us for **Entertainment with Hand over Heart** on Friday, November 6th at 2:00PM in the Fireside Lounge. After the entertainment, bring along your fellow-residents to **Happy Hour** in the Dining Room. Savor delicious appetizers from our kitchen along with complimentary punch! You may also purchase a glass of wine or beer to enjoy with great company!

Weekly Calendar for October 31st – November 6th, 2026

Saturday, October 31 st		Sunday, November 1 st		
9:00AM 10:00AM 11:00AM 1:30PM 6:00PM 7:00PM	<i>Happy Halloween! Halloween Featured Dinner</i> Foot Care with Pam Armchair Video Tai Chi Halloween Themed Bingo (ACT) Mah Jong Movie Night: Night at the Museum	10:00AM 10:30AM 11:00AM 11:00AM 1:30PM 2:00PM 7:30PM	Armchair Video GPUC Worship Service Gentle Fit with Winnie Beginner Mah Jong with Kaela Tech Time with Erin Rummikub Sing Along with Errol	
Monday November 2 nd	Tuesday November 3 rd	Wednesday November 4 th	Thursday November 5 th	Friday November 6 th
10:00AM Advanced Armchair Video with Curtis 11:00AM Armchair Exercise Video 11:00AM Go4Life Walking Club 11:30AM Bus Outing: Shopping Trip to Ironwood 1:30PM Beginner RMS Ukulele Lessons 2:45PM Meet Me at the MoMA: Winslow Homer 6:45PM Music with Ron 7:00PM Bingo	10:00AM Armchair Exercise Video 10:45AM Resident Handbook Review with Lorne 11:30AM Meditation 1:30PM Meaningful Conversations : A Space for Connection with Carolyn 2:45PM Fit Minds (PDR) 6:00PM Mah Jong 7:00PM Crib/Chess	10:00AM Armchair Exercise Video 10:30AM Catholic Prayer & Communion 11:00AM RMS Ukulele Lessons 1:30PM Billiards 1:30 Chair Yoga with Lauren 3:00PM Happy Hour 6:45PM Music with Ron 7:00PM Rummikub	<i>Hair with Farah</i> 10:00AM Chair Fitness: Strength & Balance 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 11:00AM – 3:00PM Altavida Fashions 2:30PM Wellness Session: Vitals Monitoring Clinic with NND & Eyeglass Adjustments by Specsavers 6:45PM Music with Ron 7:00PM Game of Hearts	<i>Living Loving Local: Tomato</i> 10:00AM Osteofit with Robin Masters 11:00AM Armchair Exercise Video 11:00AM Play Reading with Stephen 2:00PM Entertainment with Hand over Heart 3:00PM Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong