



INSPIRED
SENIOR LIVING

October 2026

Don Mills Retirement Residence

Memory Care Household



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Global Diversity Awareness Month		 Thanksgiving				
9:45 Walking Party w/RSAs (MC) 4 10:00 Ball Toss (MC) 10:30 Virtual Church Service (MC) 11:00 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Chef Choice Social (MC) 2:00 Balloon Basketball (MC) 3:00 Concert In Care (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	9:30 Morning News w/RSAs (MC) 5 10:00 Seated Yoga (MC) 10:30 One on One w/ life enrichment team (MC) 11:00 Walking Party (MC) 1:30 Picture BINGO (MC) 2:30 Chef Choice Social (MC) 2:30 You and Me Time with the Household Team (MC) 2:30 Group Soccer *w/ Pool Noodles* (ALR) 3:30 Armchair Travel: Wonders of Colombia, BEST places (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	Foot Care Nurse *Sign Up at the Front Desk* (STS) 6 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	9:45 Fall Prevention w/ Sepi (MC) 7 9:45 Fold & Sort w/ RSAs (MC) 10:00 Evelyn's Baking Corner (MC) 10:30 Music Therapy w/ Arianne (MC) 10:30 Daily Chronicles (MC) 1:30 Let's Make A Pumpkin Pie Smoothie!! (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Go 4 Life Walking (MC) 6:00 Evening Movie (MC) 6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (ALR)	9:45 Finish the Proverb w/ RSAs (MC) 8 10:30 Card Game: Find the Match (MC) 1:30 Outing: Mocassin Trail, Let's Walk! (MC) 2:00 Let's Play: Bocceball (MC) 3:00 Fashion World w/ Valentina (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	9:45 Ring Toss w/ RSAs (MC) 9 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 11:00 Granola snacking! (MC) 1:30 MOMA Presentation: Winslow homer (MC) 2:00 Munchies & Mocktails Social (MC) 3:00 Name That Tune Guessing Game (MC) 4:30 Life Skills: Helping w/ Dinner (MC) 4:30 Living, Loving Local Dinner (DR)	9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) 10 10:00 Morning Entertainment with Zack Erickson (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 11:00 Drumfit (MC) 11:15 Go 4 Life Walking (MC) 2:00 Chef Choice Social (MC) 2:00 Parachute Ball (MC) 3:00 Meditation & Mandala Colouring (MC) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)
9:45 Walking Party w/RSAs (MC) 11 10:00 Ball Toss (MC) 10:30 Virtual Church Service (MC) 11:00 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Chef Choice Social (MC) 2:00 Balloon Basketball (MC) 3:00 Afternoon Classic Movie (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	Happy Thanksgiving! 12 9:30 Morning News w/RSAs (MC) 10:00 Seated Yoga (MC) 10:30 EZ Home Fire Detective (MC) 11:00 Walking Party (MC) 1:30 Picture BINGO (MC) 2:30 Chef Choice Social (MC) 2:30 You and Me Time with the Household Team (MC) 2:30 Group Soccer *w/ Pool Noodles* (ALR) 3:30 Armchair Travel: Wonders of Brazil (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	Foot Care Nurse *Sign Up at the Front Desk* (STS) 13 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	9:45 Fall Prevention w/ Sepi (MC) 14 9:45 Fold & Sort w/ RSAs (MC) 10:00 Evelyn's Baking Corner (MC) 10:30 Daily Chronicles (MC) 10:45 Sing Along w/ Susie Q (MC) 1:30 What do you know? (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Go 4 Life Walking (MC) 6:00 Evening Movie (MC) 6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (ALR)	9:45 Finish the Proverb w/ RSAs (MC) 15 10:30 Card Game: Find the Match (MC) 1:30 Outing: Fall Colour Drive (MC) 2:00 Let's Play: Bocceball (MC) 3:00 Fall Harvest Picture Bingo edition (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	9:45 Ring Toss w/ RSAs (MC) 16 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 11:30 How much Geography you know? (MC) 1:30 MOMA Painting (MC) 2:00 Munchies & Mocktails Social (MC) 3:00 Happy Hour and Entertainment w/ Tim Godfrey (B/B) 3:00 Name That Tune Guessing Game (MC) 4:30 Life Skills: Helping w/ Dinner (MC) 5:30 Let's Play UNO! (MC)	9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) 17 10:00 Morning Entertainment w/ Marcus (MC) 10:30 Drumfit (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 11:15 Go 4 Life Walking (MC) 2:00 Chef Choice Social (MC) 3:00 Meditation & Mandala Colouring (MC) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Walking Party w/RSAs (MC) 18 10:00 Ball Toss (MC) 10:30 Virtual Church Service (MC) 11:00 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Chef Choice Social (MC) 2:00 Balloon Basketball (MC) 3:00 Concert In Care (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	9:30 Morning News w/RSAs (MC) 19 10:00 Seated Yoga (MC) 10:30 What would you rather? (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) 2:30 Chef Choice Social (MC) 2:30 You and Me Time with the Household Team (MC) 2:30 Group Soccer *w/ Pool Noodles* (ALR) 3:30 Armchair Travel: Wonders of Egypt (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	Foot Care Nurse *Sign Up at the Front Desk* (STS) 20 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	National Pumpkin Cheesecake Day! 21 9:45 Fall Prevention w/ Sepi (MC) 9:45 Fold & Sort w/ RSAs (MC) 10:00 Evelyn's Baking Corner (MC) 10:30 Music Therapy w/ Arianne (MC) 10:30 Daily Chronicles (MC) 1:30 What do you know? Halloween EDITION (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Go 4 Life Walking (MC) 3:30 Art Project: Wishing Tree (MC) 6:00 Evening Movie (MC) 6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (ALR)	9:45 Finish the Proverb w/ RSAs (MC) 22 10:30 Card Game: Find the Match (MC) 2:00 Let's Play: Bocceball (MC) 2:30 Fashion World w/ Valentina (MC) 3:00 Halloween Enrichment Crafternoon: Make Your Own Fascinator! (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	9:45 Ring Toss w/ RSAs (MC) 23 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 1:30 MOMA Painting (MC) 2:00 Pumpking pie and Tea Social (MC) 3:00 Name That Tune Guessing Game (MC) 4:30 Life Skills: Helping w/ Dinner (MC) 5:30 Friday Dance Party! (MC)	9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) 24 10:30 Drumfit (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 11:15 Go 4 Life Walking (MC) 2:00 Chef Choice Social (MC) 3:00 Meditation & Mandala Colouring (MC) 3:00 Come Celebrate Oktoberfest with Entertainment by The Sparkletts (B/B) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)
Dental Hygienist *Sign up at the Front Desk* (SPA) 25 9:45 Walking Party w/RSAs (MC) 10:00 Ball Toss (MC) 10:30 Virtual Church Service (MC) 11:00 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Chef Choice Social (MC) 2:00 Balloon Basketball (MC) 3:00 Afternoon Classic Movie (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	9:30 Morning News w/RSAs (MC) 26 10:00 Seated Yoga (MC) 10:30 EZ Home Fire Detective (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) 2:30 Chef Choice Social (MC) 2:30 You and Me Time with the Household Team (MC) 2:30 Group Soccer *w/ Pool Noodles* (ALR) 3:30 Armchair Travel: Wonders of Chile (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	9:45 Let's Roll It! w/RSAs (MC) 27 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	9:45 Fall Prevention w/ Sepi (MC) 28 9:45 Fold & Sort w/ RSAs (MC) 10:00 Evelyn's Baking Corner (MC) 10:30 Daily Chronicles (MC) 10:45 Sing Along with Susie Q (MC) 1:30 Games on Memory Co (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Go 4 Life Walking (MC) 3:30 Monthly Birthday Happy Hour 'October Birthdays' and Name that Tune Guessing Game! (B/B) 6:00 Evening Movie (MC) 6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (ALR)	9:45 Finish the Proverb w/ RSAs (MC) 29 10:30 Card Game: Find the Match (MC) 2:00 Let's Play: Bocceball (MC) 3:00 Halloween Enrichment Crafternoon: Wine cork pumpking (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	Foot Care Nurse *Sign Up at the Front Desk* (STS) 30 9:45 Ring Toss w/ RSAs (MC) 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 11:30 Name the artist (MC) 1:30 MOMA Presentation: Edward Gorey (MC) 2:30 Sweet Touch (MC) 3:00 Munchies & Mocktails Social (MC) 4:30 Life Skills: Helping w/ Dinner (MC) 5:30 Let's Play UNO! (MC)	9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) 31 10:30 Drumfit (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 11:15 Go 4 Life Walking (MC) 2:00 Chef Choice Social (MC) 3:00 Meditation & Mandala Colouring (MC) 3:30 Halloween Entertainment with Vocalist Suzi Wesson and Pianist Doug Balfour with Witches Brew Cocktails (B/B) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)



Be Welcomed

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program
Highlight
Active Week

Locations Legend

Memory Care (MC)
Assisted Living Room (ALR)
Suite-to-Suite (STS)
Don's Bar/Bistro (B/B)
Dining Room (DR)
Spa (SPA)