Menu for the Week of NOVEMBER 09- NOVEMBER 15, 2026

*Menu items are subject to change due to availability of product. * Please check the Daily Menu Board**

DINNER

OMELET OF THE WEEK: BABY SHRIMP, GREEN ONION, FETA CHEESE

	9-Nov-26	10-Nov-26	11-Nov-26	12-Nov-26	13-Nov-26	14-Nov-26	15-Nov-26
Week 2	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Appetizer: SOUP	GREEN LENTIL SOUP	EGG DROP SOUP WITH *SPINACH	CHICKEN GUMBO SOUP	BUTTERNUT SQUASH SOUP	TOMATO BISQUE SOUP	CHICKEN NOODLE SOUP	CREAM OF BROCCOLI SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	*TOMATO & CUCUMBER ON ICEBERG LETTUCE SALAD	MANGO & BERRY TOSSED SALAD	SLICED PEACHES & RASPBERRIES ON ICEBERG LETTUCE SALAD	SHREDDED CRAB MEAT & BOILED *EGGS SALAD	TOASTED PECANS, STRAWBERRIES ON ICEBERG LETTUCE	FRESH *SPINACH WITH DRIED *CRANBERRIES & TOASTED *ALMONDS	CHERRY *TOMATOES & BOCCONCINI CHEESE SALAD
Entrée 1	REUBEN SANDWICH (RYE BREAD, THOUSAND ISLAND, CORNED BEEF, SAUERKRAUT, SWISS CHEESE) ONION RINGS	SPAGHETTI BOLOGONESE WITH PARMESAN CHEESE & GARLIC BREAD	ROASTED PORK TENDERLOIN WITH STRAWBERRY SAUCE	GRILLED BANGER SAUSAGES WITH SAUERKRAUT & MASHED POTATOES	ASIAN STYLE BBQ PORK WITH STEAMED RICE	BAKED VEAL CHAMPIGNON WITH GRAVY	SHEPHERD'S PIE WITH GRAVY
Entrée 2	GRILLED CHICKEN BREAST WITH CRANBERRY SAUCE	CHICKEN FINGERS WITH CAESAR SALAD & PLUM SAUCE	PENNE CHICKEN PRIMAVERA, PARMESAN WITH GARLIC BREAD	CRISPY BUTTERMILK FRIED CHICKEN DRUMSTICKS	ROASTED CHICKEN LEGS WITH GRAVY	GRILLED CHICKEN KABOBS WITH TZATZIKI SAUCE	BAKED CHICKEN CORDON BLEU WITH GRAVY
Entrée 3	PAN FRIED RAINBOW TROUT WITH TARTAR SAUCE	BAKED TARTAR BASA FILET	BAKED POTATO CRUSTED COD FILET WITH TARTAR SAUCE	PAN FRIED BLUE COD FILET WITH LEMON SAUCE	EGG DIPPED SOLE FILET WITH LEMONN WEDGE	POACHED SALMON FILET WITH HOLLANDAISE SAUCE	FISH & CHIPS WITH COLESLAW & TARTAR SAUCE
Starch	ROASTED ROSEMARY POTATOES	STEAMED POTATOES	MASHED YAM POTATOES	WHIPPED POTATOES	BAKED POTATO WITH SOUR CREAM	POTATO PATTIES	POTATOES O'BRIEN
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	STEAMED CORN NIBLETS	GREEN KALE	BRAISED RED CABBAGE	SEASONED PEAS	BRAISED GREEN CABBAGE	MIXED VEGETABLES	SUI CHOY & SPINACH
Vegetable	BROCCOLI FLORETS	SLICED AND STEAMED FRESH CARROTS	GREEN *BEANS ALMANDINE	PARSLIED *CAULIFLOWER	STEAMED CARROTS		BALSAMIC *BEETS
FEATURED Dessert	SALTED CARAMEL COLD BREW BARS	CREAMY RICE PUDDING	HOME MADE BUTTER TART	ROCKY ROAD BROWNIE	ASSORTED ICE CREAM	VANILLA PUDDING	*CHERRIES JUBILEE WITH ICE CREAM

Menu item contains a Superfood.

Choose Superfoods more often for optimal health

APPLES
AVOCADO
BEANS & LENTILS
BEETS
BLACKBERRIES
BLUEBERRIES
BRAN& OAT
BROCCOLI
CAULIFLOWER
CHERRIES
CRANBERRIES
EGGS
FATTY FISH
NUTS
PEACHES
RASPBERRIES
SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT