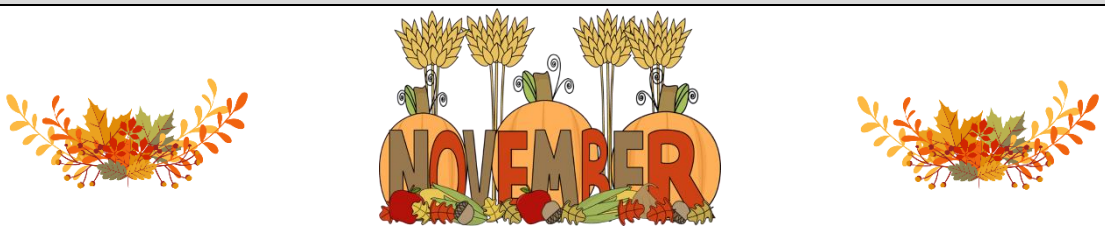
GILMORE GARDENS WEEKENDER HIGHLIGHTS



November 13th, 2026

IN HOUSE NEWS

We are now starting to collect donations of unopened bottles for our annual Bottle Draw! This can include wine, shampoo, body wash, pickles, dipping sauces... the more creative – the better. Please bring your bottles to Reception or to Suman/Minji by Monday, November 30th. **Our Raffle and Bottle Draw will be taking place on Saturday, December 5th at 1:00PM in the Fireside Lounge followed by our annual Christmas Craft Fair & Bake Sale.**

Please note that **Food Committee Meeting has been rescheduled** to Wednesday, November 18th at 11:30AM in the Private Dining Room. Everyone is welcome to attend!

REMINDERS

Come and have some fun at **Ladder Ball** on Saturday, November 14th at 1:30PM in the Activity Room. Take a swipe and hopefully your swing ends on one of the rungs.

Spend your afternoon enjoying **Music Performance with the World of Music and Arts Academy** on Saturday, November 14th at 2:30PM in the Fireside Lounge. There is an inspiring lineup of classical and contemporary pieces performed by high school students. Come and experience their talents!

Settle in for **Movie Night: Oppenheimer** on Saturday, November 14th at 7:00PM in the Activity Room. Follow the complex journey of Oppenheimer as he leads the Manhattan project and navigates the profound aftermath of his work.

Need to stock your cupboards? **Bus Outing: Shopping Trip to Seafair** on Monday, November 16th at 11:30AM. Please add your name to the sign-up sheet located in the Activity Room.

Discover a remarkable talent at **Meet Me at the MoMA: George Campbell Tinning** on Monday, November 16th at 2:45PM in the Activity Room. He is a painter, graphic designer, muralist, and illustrator who was born in Saskatchewan.

Do you have new ideas for programs or feedback regarding programs? Join in at the **Recreation Committee Meeting** on Tuesday, November 17th at 1:30PM in the Private Dining Room.

Join our special **Bus Outing: Lunch at Legends Pub** on Wednesday, November 18th at 11:45AM. Their lunch menu features options such as burgers, sandwiches, thin crust pizza and they also have Entrée Specials for November. Please sign up on the sheet in the Activity Room by Monday, November 16th so we can make a reservation accordingly.

Gather with fellow booklovers for **Book Club Meeting** on Wednesday, November 18th at 2:00PM in the Private Dining Room. Enjoy reading our selected books and join us to share your thoughts!

Take a seat at the **Resident Council Meeting** on Thursday, November 19th at 3:00PM in the Activity Room. Here, you will learn more about important updates from your very own Resident-Run Council.

Enjoy a wonderful live musical performance at **Entertainment with Luke Sandford, Pianist** on Friday, November 20th at 2:00PM in the Fireside Lounge. Sing along or clap your hands as he plays a delightful mix of familiar favorites and upbeat selections that will have your toes tapping!

Afterwards, join us for **Happy Hour** at 3:00PM in the Dining Room where you can sip on a complimentary glass of fruit punch or purchase a glass of wine or beer. On Fridays, we serve tasty appetizers from the kitchen which you can enjoy whilst having social time with fellow-residents!

Weekly Calendar for November 14th – 20th, 2026

Saturday, November 14th		Sunday, November 15th	
	Nails with Angie	10:00AM	Armchair Video
10:00AM	Armchair Video	10:30AM	GPUC Worship Service
11:00AM	Tai Chi	11:00AM	Gentle Fit with Winnie
1:30PM	**Ladder Ball**	**11:00AM**	**Beginner Mah Jong with Kaela**
2:30PM	**Music Performance with the World of Music and Arts Academy**	1:30PM	Tech Time with Erin **(PRI)**
		2:00PM	**Rummikub (ACT)**
		7:00PM	**Sing Along with Roger**
6:00PM	Mah Jong	**7:00PM**	**Mah Jong (ACT)**
7:00PM	**Movie Night: Oppenheimer**		

Monday November 16th	Tuesday November 17th	Wednesday November 18th	Thursday November 19th	Friday November 20th
10:00AM Chair Fitness	10:00AM Armchair Exercise Video	10:00AM Armchair Exercise Video	***Hair with Farah***	10:00AM Osteofit with Robin Masters
11:00AM Armchair Exercise Video	11:30AM Meditation	10:30AM Catholic Mass	10:00AM Chair Fitness: Strength & Balance	11:00AM Armchair Exercise Video
11:00AM Go4Life Walking Club		11:00AM RMS Ukulele Lessons	11:00AM Go4Life Walking Club	11:00AM Play Reading with Stephen
11:30AM Bus Outing: Shopping Trip to Seafair	**1:30PM Recreation Committee Meeting**	**11:30AM Food Committee Meeting**	11:00AM Armchair Exercise Video	**2:00PM Entertainment with Luke Sandford, Pianist**
1:30PM Beginner RMS Ukulele Lessons	**2:45PM Fit Minds**	**11:45AM Bus Outing: Lunch at Legends Pub**	**1:30PM Scrabble with Pat**	**3:00PM Happy Hour**
2:45PM Meet Me at the MoMA: George Campbell Tinning	6:00PM Mah Jong	1:30PM Billiards	**3:00PM Resident Council Meeting**	3:30PM Table Tennis
7:00PM Bingo	7:00PM Crib/Chess	1:30PM Chair Yoga with Lauren	7:00PM Game of Hearts	6:00PM Mah Jong
		2:00PM Book Club Meeting		
		3:00PM Happy Hour		
		7:00PM Rummikub		