Be Celebrated

November 2026

Assisted Living The Ravines

VERVE | THE RAVINES
EMPOWERED SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Drumfit (MC) 10:30 Virtual Hymn Sing (MC) 10:30 Elder Care Hymn Sing (MC) 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:30 Tea Time Name Trivia (MC) 3:00 Music & Movement (MC) 4:00 Reading Circle (RD3)	**2** 10:00 Go 4 Life Club (RD3) 10:30 Seated Ball Exercise (RRA) 10:30 Baking Club! (RD3) 11:00 Brain Puzzles: Rebus (RD3) 2:00 Scenic Drive (BUS) 2:00 Drumfit (MC) 2:30 Handi-House Walker Repair Clinic (RRL) 2:30 Tea Time and Trivia (RD3) 3:00 Fun & Motion (RD3) 4:00 Creative Crafts (RD3)	**3** 10:00 Name That Tune (RD3) 10:30 Gentle Stretching (RD3) 11:00 Creative Coluring (RD3) 2:00 Afternoon Music with Jennifer (MC) 2:30 Tea Time Social (MC) 2:30 Staff Appreciation "WoW Party" (RRA) 3:00 Meet Me at The MoMA (RD3) 4:00 Uplifting Chats (RD3)	**4** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:30 Tea Time and Trivia (RD3) 3:00 Drumfit (RD3) 4:00 Fun & Movement (RD3) 7:00 A Evening Music with Noel (LAB)	**5** 8:00 RR Community Breakfast (RRD) 10:00 Fit Minds Interactive (RD3) 11:00 SingFIT (RD3) 11:00 Artful Enrichment: Water Color Painting (RD3) 1:30 Artful Enrichment Painting: Safari Sunrise (RD3) 2:30 Tea Time and Trivia (RD3) 3:00 Java Music Club (RD3)	**6** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 3:00 SingFIT (RD3) 3:30 Colouring Corner (RD3)	**7** 10:00 Weekend Exercise (LAA) 10:00 Gentle Exercise (MC) 10:30 Crafters Corner (MC) 1:30 Go 4 Life Group Walking (MC) 2:00 Picture BINGO (MC) 2:30 Tea and Trivia (MC) 3:00 Karaoke & Sing Along (MC)
8 10:00 Drumfit (MC) 10:30 Elder Care Hymn Sing (MC) 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 1:30 Go 4 Life Group Walking (MC) 1:30 Physical Games: (MC) 2:30 Interdenominational Church Service (RRA) 2:30 Tea Time Name Trivia (MC) 3:00 Music & Movement (MC) 4:00 Reading Circle (RD3)	**9** 10:00 Go 4 Life Club (RD3) 10:30 Baking Club! (RRA) 10:30 Seated Ball Exercise (RRA) 11:00 Brain Puzzles: Rebus (RD3) 1:30 Go 4 Life Group Walking (MC) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 3:00 Fun & Motion (RD3) 4:00 Creative Crafts (RD3)	**10** 10:00 Name That Tune (RD3) 10:30 Gentle Stretching (RD3) 11:00 Creative Coluring (RD3) 11:00 RR Residents' Meeting with GM (RRT) 1:30 Go 4 Life Group Walking (MC) 2:00 Afternoon Music with Jennifer (MC) 2:00 Painting with Christine (RRA) 2:30 Tea Time Social (MC) 3:00 Meet Me at The MoMA	**11** 10:00 Remembrance Day Service (RRA) 10:00 Go 4 Life Walking Club (RLL) 1:30 Go 4 Life Group Walking (MC) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 3:00 Drumfit (RD3) 4:00 Fun & Movement (RD3)	**12** 9:30 Fit Minds Interactive (RRB) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:00 Fit Minds Interactive (RD3) 11:00 SingFIT (RD3) 11:00 Artful Enrichment: Water Color Painting (RD3) 1:30 Artful Enrichment Painting: Fall Path (RD3) 2:30 Afternoon Music Tim (MC) 2:30 Afternoon Tea with Management featuring Pumpkin Harvest Cheese Cake & Live Music (LAL) 2:30 Tea Time and Trivia (RD3) 3:00 Java Music Club (RD3) 3:45 Familiar Sayings (RD3)	**13** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 1:30 Go 4 Life Group Walking (MC) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 3:00 SingFIT (RD3) 3:30 Colouring Corner (RD3) 7:00 An Evening of Music with Luc Brisson (RRB)	**14** 10:00 Weekend Exercise (LAA) 10:00 Gentle Exercise (MC) 10:30 Gentle Chair Exercise (RRA) 10:30 Crafters Corner (MC) 1:30 Go 4 Life Group Walking (MC) 2:00 Picture BINGO (MC) 3:00 Karaoke & Sing Along (MC)
15 10:00 Drumfit (MC) 10:30 Elder Care Hymn Sing (MC) 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 1:30 Go 4 Life Group Walking (MC) 1:30 Physical Games: (MC) 2:30 Interdenominational Church Service (RRA) 2:30 Tea Time Name Trivia (MC) 3:00 Music & Movement (MC) 4:00 Reading Circle (RD3)	**16** 10:00 Go 4 Life Club (RD3) 10:30 Seated Ball Exercise (RRA) 10:30 Baking Club! (RRA) 11:00 Brain Puzzles: Rebus (RD3) 1:30 Go 4 Life Group Walking (MC) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:30 Tea Time and Trivia (RD3) 3:00 Mind Match (RD3) 3:00 Fun & Motion (RD3) 4:00 Creative Crafts (RD3)	**17** 10:00 Name That Tune (RD3) 10:00 Christmas Tree Decorating (RRL) 10:30 Gentle Chair Exercise (RRA) 10:30 Gentle Stretching (RD3) 11:00 Creative Coluring (RD3) 1:30 Go 4 Life Group Walking (MC) 2:00 Afternoon Music with Jennifer (MC) 2:30 Tea Time Social (MC) 3:00 Meet Me at The MoMA (RD3)	**18** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 1:30 Go 4 Life Group Walking (MC) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 3:00 Drumfit (RD3) 4:00 Fun & Movement (RD3)	**19** 9:30 Fit Minds Interactive (RRB) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:00 Fit Minds Interactive (RD3) 10:30 Gentle Chair Exercise (RRA) 11:00 SingFIT (RD3) 11:00 Artful Enrichment: Water Color Painting (RD3) 1:30 Artful Enrichment Painting: (RD3) 2:30 Tea Time and Trivia (RD3) 3:00 Java Music Club (RD3) 3:45 Familiar Sayings (RD3)	**20** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 1:30 Go 4 Life Group Walking (MC) 2:00 B I N G O (LAA) 2:30 Afternnoon Music with Keith (MC) 2:30 Tea Time and Trivia (RD3) 3:00 SingFIT (RD3) 3:30 Colouring Corner (RD3)	**21** 10:00 Weekend Exercise (LAA) 10:00 Gentle Exercise (MC) 10:30 Gentle Chair Exercise (RRA) 10:30 Crafters Corner (MC) 1:30 Go 4 Life Group Walking (MC) 3:00 Karaoke & Sing Along (MC)

Be Celebrated

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VERVE | THE RAVINES
EMPOWERED SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 10:00 Drumfit (MC) 10:30 Elder Care Hymn Sing (MC) 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 1:30 Physical Games: (MC) 2:30 Tea Time Name Trivia (MC) 3:00 Music & Movement (MC) 4:00 Reading Circle (RD3)	**23** 10:00 Go 4 Life Club (RD3) 10:30 Seated Ball Exercise (RRA) 10:30 Baking Club! (RRA) 11:00 Brain Puzzles: Rebus (RD3) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:30 Tea Time and Trivia (RD3) 3:00 Mind Match (RD3) 3:00 Fun & Motion (RD3) 4:00 Creative Crafts (RD3)	**24** 10:00 Name That Tune (RD3) 10:30 Gentle Chair Exercise (RRA) 10:30 Gentle Stretching (RD3) 11:00 Creative Coluring (RD3) 2:00 Afternoon Music with Jennifer (MC) 2:30 Tea Time Social (MC) 2:30 Mug & Muffins Bible Study (RRC) 3:00 Meet Me at The MoMA (RD3) 4:00 Uplifting Chats (RD3)	**25** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:30 Tea Time and Trivia (RD3) 3:00 Drumfit (RD3) 4:00 Fun & Movement (RD3)	**26** 9:30 Fit Minds Interactive (RRB) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:00 Fit Minds Interactive (RD3) 10:30 Gentle Chair Exercise (RRA) 11:00 Kiwanis Club Christmas Cake Sale (LAL) 11:00 SingFIT (RD3) 11:00 Artful Enrichment: Water Color Painting (RD3) 1:30 Artful Enrichment Painting: (RD3) 2:30 Afternoon Music Tim (MC) 2:30 Tea Time and Trivia (RD3) 3:00 Java Music Club (RD3) 3:45 Familiar Sayings (RD3)	**27** 10:00 Go 4 Life Walking Club (RLL) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 2:30 Book Club Meeting (RLI) 3:00 SingFIT (RD3) 3:30 Colouring Corner (RD3)	**28** 10:00 Weekend Exercise (LAA) 10:00 Gentle Exercise (MC) 10:30 Gentle Chair Exercise (RRA) 10:30 Crafters Corner (MC) 3:00 Karaoke & Sing Along (MC)
29 10:00 Drumfit (MC) 10:30 Elder Care Hymn Sing (MC) 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 1:30 Physical Games: (MC) 2:30 Tea Time Name Trivia (MC) 2:30 CornerStone Church Service (RRA) 3:00 Music & Movement (MC)	**30** 10:00 Vendor: Beaded Elegance (LAL) 10:00 Go 4 Life Club (RD3) 10:30 Seated Ball Exercise (RRA) 10:30 Baking Club! (RRA) 11:00 Brain Puzzles: Rebus (RD3) 2:00 B I N G O (LAA) 2:30 Tea Time and Trivia (RD3) 3:00 Mind Match (RD3) 3:00 Fun & Motion (RD3) 3:00 Shopping: Bayshore Mall (BUS) 4:00 Creative Crafts (RD3)		 Movember	 Remembrance Day		

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program

Be Celebrated

Locations Legend

RR 3rd Floor Dining Room (RD3)
Memory Care Floor (MC)
RR Activity Room (RRA)
LA Activity Room (LAA)
RR Lower Level (RLL)
Theatre (RRT)
Outing/Shopping (BUS)
RRA (RRA)
RR Lobby (RRL)
RR Bistro (RRB)
LA Lobby (LAL)
LA Bistro (LAB)
RR Dining Room (RRD)
RR & LA Dining Room (RLD)
RR Chapel (RRC)
RR Library (RLI)