Be Celebrated

November 2026

The Ravines

VERVE | THE RAVINES
EMPOWERED SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (LLL) 2:00 Drumfit (RRA) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: The King's Speech (RRT) 2:30 Interdenominational Church Service (RRA) 3:00 Tea & Coffee with Jeopardy (RRB) 7:15 Weekend Movie Replay: The King's Speech (RRT)	**2** 10:00 Chair Cardio Exercise (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:30 Handi-House Walker Repair Clinic (RRL) 3:00 Virtual Hymn Sing (RRT) 3:15 Handi-House Walker Repair Clinic (LAL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 6:30 Resident Run Social (LAB)	**3** 9:30 Go 4 Life Walking Club (RLL) 10:00 Vendor: My Closet (LAL) 10:00 Chair Ball Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (LAB) 2:00 Resident Run Euchre (LAB) 2:00 Craft Club (LAA) 2:15 Resident Run Rummikub (LAB) 2:15 Classic Movies: Mister Roberts (RRT) 2:30 Aquafit Exercise (LAP) 2:30 Staff Appreciation "WoW Party" (RRA) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**4** 9:30 Shopping: Walmart (Baseline) (BUS) 10:00 Chair Zumba (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds Interactive (LAB) 11:30 Lunch Outing: Chuck's Roadhouse Bar and Grill (BUS) 2:00 Resident Run Bridge (LLL) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:00 Card Games: Throw-away Bingo (RRB) 2:15 Documentary: Rosemary Clooney Lived A Double Life For Years, And No One Knew —Until Now (RRT) 3:00 Games: Ladder Ball (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 7:00 A Evening Music with Noel (LAB)	**5** 8:00 RR Community Breakfast (RRD) 9:15 Mobile Tuck Shop (LAL) 9:30 Go 4 Life Walking Club (RLL) 9:30 Fit Minds Interactive (RRB) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:30 Gentle Chair Exercise (RRA) 2:00 Resident Run Euchre (LAB) 2:15 Resident Run Rummikub (LAB) 2:30 Wordle-a game that involves figuring-out a secret 5-letter word (RRT) 2:30 Aquafit Exercise (LAP) 3:30 Java Music Club (RRB) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**6** 10:00 Chair Yoga with Maureen (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 Resident Run Bridge (LLL) 2:00 B I N G O (LAA) 2:15 Music Hall: Ian and Sylvia Reunion Concert (RRT) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 5:30 50/50 Raffle Ticket Sales (LAL) 7:00 Resident Run Rummikub (LAB)	**7** 10:00 Weekend Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Meet at The MoMA (LAB) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: Picnic (RRT) 3:30 Social Hour (RRB) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: Picnic (RRT)
8 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (LLL) 2:00 Drumfit (RRA) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: Crocodile Dundee (RRT) 2:30 Interdenominational Church Service (RRA) 3:00 Tea & Coffee with Lotto 649 (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: Crocodile Dundee (RRT)	**9** 10:00 Chair Cardio Exercise (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 B I N G O (LAA) 2:00 Shopping: Merivale Mall (BUS) 3:00 Virtual Hymn Sing (RRT) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 6:30 Resident Run Social (LAB)	**10** 9:30 Go 4 Life Walking Club (RLL) 10:00 Chair Ball Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (LAB) 11:00 RR Residents' Meeting with GM (RRT) 2:00 Resident Run Euchre (LAB) 2:00 Craft Club (LAA) 2:00 Painting with Christine (RRA) 2:15 Resident Run Rummikub (LAB) 2:15 Classic Movies: A Clockwork Orange (RRT) 2:30 Aquafit Exercise (LAP) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**11** 10:00 Remembrance Day Service (RRA) 1:30 Shopping: Carlingwood Mall (BUS) 2:00 Resident Run Bridge (LLL) 2:00 Card Games: Poker (RRB) 2:00 B I N G O (LAA) 2:15 Documentary: Groundbreaking & Unexplainable Technology (RRT) 3:00 Games: Ladder Ball (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 7:00 Resident Run Rummikub (LAB)	**12** 9:15 Mobile Tuck Shop (LAL) 9:30 Fit Minds Interactive (RRB) 9:30 Go 4 Life Walking Club (RLL) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:30 Gentle Chair Exercise (RRA) 2:00 Resident Run Euchre (LAB) 2:15 Resident Run Rummikub (LAB) 2:30 Afternoon Tea with Management featuring Pumpkin Harvest Cheese Cake & Live Music (LAL) 2:30 Wordle-a game that involves figuring-out a secret 5-letter word (RRT) 2:30 Aquafit Exercise (LAP) 3:30 Java Music Club (RRB) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**13** 10:00 Chair Yoga with Maureen (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 Resident Run Bridge (LLL) 2:00 B I N G O (LAA) 2:15 Music Hall: Rosemary Clooney on the Ed Sullivan Show (RRT) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 5:30 50/50 Raffle Ticket Sales (LAL) 7:00 Resident Run Rummikub (LAB) 7:00 An Evening of Music with Luc Brisson (RRB)	**14** 10:00 Weekend Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Meet at The MoMA (LAB) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: Fly Away Home (RRT) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: Fly Away Home (RRT)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (LLL) 2:00 Drumfit (RRA) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: Blow-up (RRT) 2:30 Interdenominational Church Service (RRA) 3:00 Tea & Coffee with Fun Facts & Trivia (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: Blow-up (RRT)	**16** 10:00 Chair Cardio Exercise (LAA) 10:30 Christmas Tree Decorating (LAL) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 3:00 Virtual Hymn Sing (RRT) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 6:30 Resident Run Social (LAB)	**17** 9:30 Go 4 Life Walking Club (RLL) 10:00 Chair Ball Exercise (LAA) 10:00 Christmas Tree Decorating (RRL) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (LAB) 2:00 Resident Run Euchre (LAB) 2:00 Craft Club (LAA) 2:15 Resident Run Rummikub (LAB) 2:15 Classic Movies: Mario Lanza The American Caruso (RRT) 2:30 Aquafit Exercise (LAP) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**18** 10:00 Chair Zumba (LAA) 10:00 Shopping: Billings Bridge Mall (BUS) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds Interactive (LAB) 1:30 Outing: Canada Science and Technology Museum (BUS) 2:00 Resident Run Bridge (LLL) 2:00 B I N G O (LAA) 2:00 Card Games: Throw-away Bingo (RRB) 2:15 Documentary: Pablo Escobar's Secret Vault Finally Opened-What They Found Inside is Beyond Imagination (RRT) 3:00 Games: Ladder Ball (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 7:00 Resident Run Rummikub (LAB)	**19** 9:15 Mobile Tuck Shop (LAL) 9:30 Fit Minds Interactive (RRB) 9:30 Go 4 Life Walking Club (RLL) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:30 Gentle Chair Exercise (RRA) 10:35 LA Residents' Council Meeting (RRT) 2:00 Resident Run Euchre (LAB) 2:15 Resident Run Rummikub (LAB) 2:30 Wordle-a game that involves figuring-out a secret 5-letter word (RRT) 2:30 Aquafit Exercise (LAP) 3:30 Java Music Club (RRB) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL) 4:45 Birthday/Anniversary Celebration Dinner (RLD)	**20** 10:00 Chair Yoga with Maureen (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 Resident Run Bridge (LLL) 2:00 B I N G O (LAA) 2:15 Music Hall: Roger Williams Live Concert in Las Vegas (RRT) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 5:30 50/50 Raffle Ticket Sales (LAL) 7:00 Resident Run Rummikub (LAB)	**21** 10:00 Weekend Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Meet at The MoMA (LAB) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: Citizen Kane (RRT) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: Citizen Kane (RRT)
22 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (LLL) 2:00 Drumfit (RRA) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: Davy Crockett: King of the Wild Frontier (RRT) 3:00 Tea & Coffee with Card Elimination (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: Davy Crockett: King of the Wild Frontier (RRT)	**23** 10:00 Chair Cardio Exercise (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 3:00 Virtual Hymn Sing (RRT) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 6:30 Resident Run Social (LAB)	**24** 9:30 Go 4 Life Walking Club (RLL) 10:00 Chair Ball Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (LAB) 2:00 Resident Run Euchre (LAB) 2:00 Craft Club (LAA) 2:15 Resident Run Rummikub (LAB) 2:15 Classic Movies: The Thomas Crown Affair (RRT) 2:30 Mug & Muffins Bible Study (RRC) 2:30 Aquafit Exercise (LAP) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**25** 9:30 Shopping: Walmart (Baseline) (BUS) 10:00 Chair Zumba (LAA) 10:00 Blood Pressure Clinic (LAB) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds Interactive (LAB) 11:30 Lunch Outing: Moxies Hunt Club Restaurant (BUS) 2:00 Resident Run Bridge (LLL) 2:00 Card Games: Poker (RRB) 2:00 B I N G O (LAA) 2:00 Scenic Drive (BUS) 2:15 Documentary: Living in Antarctica: How People Live in the Coldest Place on Earth (RRT) 3:00 Games: Ladder Ball (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 7:00 An Evening of Music with Luc Brisson (RRB)	**26** 9:15 Mobile Tuck Shop (LAL) 9:30 Fit Minds Interactive (RRB) 9:30 Go 4 Life Walking Club (RLL) 10:00 Full Body Mobility Exercise (LAA) 10:00 Mobile Tuck Shop (RRL) 10:30 Gentle Chair Exercise (RRA) 11:00 Kiwanis Club Christmas Cake Sale (LAL) 2:00 Resident Run Euchre (LAB) 2:15 Resident Run Rummikub (LAB) 2:30 Wordle-a game that involves figuring-out a secret 5-letter word (RRT) 2:30 Aquafit Exercise (LAP) 3:30 Java Music Club (RRB) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL)	**27** 10:00 Chair Yoga with Maureen (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 Resident Run Bridge (LLL) 2:00 B I N G O (LAA) 2:15 Music Hall: Teresa Brewer on the Ed Sullivan Show (RRT) 2:30 Book Club Meeting (RLI) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club (RLL) 6:15 50/50 Raffle Ticket Draw (LAL) 7:00 Resident Run Rummikub (LAB)	**28** 10:00 Weekend Exercise (LAA) 10:30 Gentle Chair Exercise (RRA) 10:35 Meet at The MoMA (LAB) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: East of Eden (RRT) 3:30 Social Hour - Drinks and Treats (RRB) 4:00 Go 4 Life Walking Club (RLL) 7:15 Weekend Movie Replay: East of Eden (RRT)

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EMPOWERED SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (LLL) 2:00 Drumfit (RRA) 2:15 Resident Run Rummikub (LAB) 2:15 Weekend Movies: The Gods Must Be Crazy (RRT) 2:30 CornerStone Church Service (RRA) 3:00 Tea & Coffee with Name That Tune (RRB) 4:00 Go 4 Life Walking Club on The Trail (RLL) 7:15 Weekend Movie Replay: The Gods Must Be Crazy (RRT)	**30** 10:00 Vendor: Beaded Elegance (LAL) 10:00 Chair Cardio Exercise (LAA) 10:30 Seated Ball Exercise (RRA) 10:35 Fun Facts & Trivia (LAB) 2:00 B I N G O (LAA) 3:00 Virtual Hymn Sing (RRT) 3:00 Shopping: Bayshore Mall (BUS) 3:30 Social Hour - Drinks and Treats (LAB) 4:00 Go 4 Life Walking Club on The Trail (RLL) 6:30 Resident Run Social (LAB)					

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program

Be Celebrated

Locations Legend

LA Bistro (LAB)	LA Lobby (LAL)
Theatre (RRT)	LA Lower Level (LLL)
LA Activity Room (LAA)	Swimming Pool (LAP)
RR Lower Level (RLL)	RRA (RRA)
RR Activity Room (RRA)	RR Dining Room (RRD)
RR Bistro (RRB)	RR & LA Dining Room (RLD)
Outing/Shopping (BUS)	RR Chapel (RRC)
RR Lobby (RRL)	RR Library (RLI)