November 2026

Don Mills Retirement Residence

Assisted Living

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Gentle Stretches & Exercises (ALR) 10:15 Virtual Church Service (ALR) 10:30 Spiritual Hymns (ALR) 11:00 Go 4 Life Walking (MIL) 2:00 Artful Corner & Conversations (DDH) 3:00 Afternoon Tea & Treats Social! (B/B) 3:00 Afternoon Classic Movie (ALR) 3:30 Triviamania! (B/B) 7:00 Movie Night: It's A Wonderful Life (T&L)	**2** 10:00 Virtual Chair Yoga w/ Sherry (ALR) 10:30 Wheel Of Fortune (DDH) 11:00 Armchair Travel (ALR) 1:30 Sing Fit (ALR) 2:30 Group Soccer *w/ Pool Noodles* (DDH) **3:00 Activities Meeting w/ Life Enrichment Manager Shanay *Share your thoughts* (T&L)** **3:00 Afternoon Tea and Treats Social! (B/B)** 3:30 Short Stories Reading (ALR) 6:30 Word Search, Daily Chronicles & Chit Chat (DDH) 7:00 Musical Movie Mondays: Oklahoma (1956) (T&L)	**3** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 10:00 Get Moving w/ Seated Zumba (ALR) 10:30 Picture Bingo (DDH) 2:30 Group Crossword (DDH) **3:00 Afternoon Tea & Treats Social! (B/B)** 4:00 Nature Walk and Reflection (MIL) 6:30 Sing Along Songs: Karaoke - Your Pick w/ RSAs (ALR) 7:00 Movie Night: Dunkirk (T&L)	**4** **9:30 Music Therapy w/ Arianne (ALR)** 10:30 Gentle Fitness w/ Sepi (DDH) 11:00 Tech Help *Sign up at Reception* (STS) 11:00 Concert In Care (ALR) 2:00 Scavenger Hunt: Autumn Leaves & Fun Facts (DDH) 3:00 Trivia & Games (DDH) 3:30 Farewell Happy Hour for GM Stu (B/B) **6:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)** **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)** 7:00 Movie Night: 42 (T&L)	**5** 10:00 National Geographic Series (ALR) 10:15 Communion & Prayers w/ Elfreida & James (T&L) 10:30 Java Music Club (ALR) 11:00 Sit & Be Fit w/ Shanay (CC) **2:00 Residents Forum (T&L)** 2:30 Concert In Care (ALR) **3:00 Tea & Treats Social w/ Joe's Timeless Tunes (B/B)** 3:30 DrumFit w/ Noor (DDH) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: The Bridges of Madison Country (T&L)	**6** 10:00 Prime Series: Chris Tarrant: Extreme Railways S3 ' Ice Train to Nowhere ' (T&L) 10:00 Fit Minds *Interactive* (DDH) 10:45 Daily Chronicles (DDH) 11:00 Seated Dance Class w/ Katya (CC) 2:00 Afternoon Series: East of Eden Ep1 ' Brothers ' (T&L) 2:00 Physical Game (DDH) 3:30 Happy Hour and Entertainment w/ Trumpeter Brigham Philips and Guitarist Bill Bridges (B/B) 6:00 Game Night: BlackJack! (DDH) 7:00 Friday Night Movie and Popcorn: Creed (T&L)	**7** 10:00 Stretching & Mobility Exercise (ALR) **10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)** 1:30 Gentle Fitness w/ Fahimah (DDH) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Americas " (T&L) 2:00 MOMA: Painting & Colouring (DDH) 3:00 Saturday Series: The Golden Girls (ALR) 4:00 Sing Along w/ Susie Q. (ALR) 7:00 Movie Night: Curly Sue (T&L)
8 9:45 Gentle Stretches & Exercises (ALR) 10:15 Virtual Church Service (ALR) 10:30 Spiritual Hymns (ALR) 11:00 Go 4 Life Walking (MIL) 2:00 Artful Corner & Conversations (DDH) 2:30 Spanish Lessons with Valentina (CC) 3:00 Afternoon Classic Movie (ALR) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania! (B/B) 7:00 Movie Night: Pocketful of Miracles (T&L)	**9** 10:00 Virtual Chair Yoga w/ Sherry (ALR) 10:30 Wheel Of Fortune (DDH) 11:00 Armchair Travel (ALR) 1:30 Sing Fit (ALR) **1:30 Hearing Clinic w/ Martin * Sign-up at the Front Desk* (SPA)** 2:30 Group Soccer *w/ Pool Noodles* (DDH) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:00 Guided Meditations ' Softening Tension ', Session 3 (T&L) 3:30 Short Stories Reading (ALR) 6:30 Word Search, Daily Chronicles & Chit Chat (DDH) 7:00 Musical Movie Mondays: The Supremes (T&L)	**10** 10:00 Get Moving w/ Seated Zumba (ALR) 10:30 Picture Bingo (DDH) 2:30 Group Crossword (DDH) **3:00 Afternoon Tea & Treats Social! (B/B)** 4:00 Nature Walk and Reflection (MIL) 6:30 Sing Along Songs: Karaoke - Your Pick w/ RSAs (ALR) 7:00 Movie Night: Tootsie (T&L)	**11** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 10:00 A Remembrance Day Ceremony with Entertainment by John Amato (B/B) 10:30 Gentle Fitness w/ Sepi (DDH) 11:00 Tech Help *Sign up at Reception* (STS) 11:00 Concert In Care (ALR) **1:30 Guest Speaker Lianne Harris: 'The Titanic Era' (T&L)** 2:00 Canada Remembers Discussion & Trivia (DDH) 2:30 Artfull Enrichment Crafternoon: Remembrance Day Collage (DDH) **3:00 $3 Cocktail Hour and Wheel of Fortune! (B/B)** 3:00 Card Games & Coffee Time (DDH) **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)** 7:00 Movie Night: The Parent Trap (T&L)	**12** 10:00 National Geographic Series (ALR) 10:15 Communion & Prayers w/ Elfreida & James (T&L) 10:30 Java Music Club (ALR) 11:00 Sit & Be Fit w/ Shanay (CC) **11:00 Vendor: Loila's Fashion - Women's and Men's Clothing, Fashion, Jewelry and accessories. (11am to 3pm) (ML)** 2:00 Fall High Tea Social w/ Entertainment by Harpist Denise Fung *Wear your best fascinator* (Sign up at the front desk) (DR) 2:30 Concert In Care (ALR) 3:30 DrumFit w/ Noor (DDH) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: North By Northwest (T&L)	**13** 10:00 Fit Minds *Interactive* (DDH) 10:45 Daily Chronicles (DDH) 11:00 Chair Yoga w/ Sue (CC) 11:00 Vendor: 5th Avenue Jewelry (11am-3pm) (ML) 2:00 Afternoon Series: East of Eden Ep2 ' Cathy ' (T&L) 2:30 Manicures & Hand Masks w/ Relaxing Music (DDH) **3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)** 4:30 Living, Loving Local Dinner (DR) 7:00 Friday Night Movie and Popcorn: The Terminator (T&L)	**14** 10:00 Stretching & Mobility Exercise (ALR) 1:30 Gentle Fitness w/ Fahimah (DDH) 2:00 MOMA Presentation: Alex Colville (ALR) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Africa" (T&L) 2:30 Afternoon Social & Art (DDH) 3:00 Saturday Series: The Golden Girls (ALR) 4:00 Sing Along w/ Susie Q. (ALR) 7:00 Movie Night: Steel Magnolias (T&L)
15 9:45 Gentle Stretches & Exercises (ALR) 10:15 Virtual Church Service (ALR) 10:30 Spiritual Hymns (ALR) 11:00 Go 4 Life Walking (MIL) 2:00 Artful Corner & Conversations (DDH) 3:00 Afternoon Classic Movie (ALR) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania!- Jeopardy Style (T&L) 7:00 Movie Night: A Home of our Own (T&L)	**16** 10:00 Virtual Chair Yoga w/ Sherry (ALR) 10:30 Wheel Of Fortune (ALR) **11:00 Vendor: Triple Eight Clothing (11am to 3pm) (ML)** 11:00 Armchair Travel (ALR) 1:30 Sing Fit (ALR) 1:30 Musical Movie Mondays: Mary Poppins Returns (T&L) 2:30 Group Soccer *w/ Pool Noodles* (DDH) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:30 Short Stories Reading (ALR) 6:30 Word Search, Daily Chronicles & Chit Chat (DDH) 7:00 Musical Movie Mondays: Mary Poppins Returns (T&L)	**17** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** Home Library Service **Exchange** (C) 10:00 Get Moving w/ Seated Zumba (ALR) 10:30 Picture Bingo (DDH) 1:30 Artful Expedition: Iluminating Iceland (T&L) 2:30 Group Crossword (DDH) **3:00 Afternoon Tea & Treats Social! (B/B)** 4:00 Nature Walk and Reflection (MIL) 6:30 Sing Along Songs: Karaoke - Your Pick w/ RSAs (ALR) 7:00 Movie Night: Mrs. Doubtfire (T&L)	**18** **9:30 Music Therapy w/ Arianne (ALR)** 10:00 Active Game: Bowling (ALR) 10:30 Gentle Fitness w/ Sepi (DDH) **10:45 Resident Run: Staff Christmas Collection Table (ML)** 11:00 Tech Help *Sign up at Reception* (STS) 11:00 Concert In Care (ALR) 2:00 Artful Corner: Shadow Box Collage (DDH) 2:30 Outing: Rematch Don Mills vs Canterbury Trivia Competiton (OUT) **3:30 $3 Cocktail Hour and Billiards (B/B)** **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)** 7:00 Movie Night: You've Got Mail (T&L)	**19** 10:00 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT) 10:00 National Geographic Series (ALR) 10:15 Communion & Prayers w/ Elfreida & James (T&L) 10:30 Java Music Club (ALR) 2:00 Scattegories with Bailey's Hot Chocolate (B/B) 2:30 Concert In Care (ALR) **3:00 Tea & Treats Social w/ Joe's Timeless Tunes (B/B)** 3:30 Drumfit w/ Noor (DDH) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Vice (T&L)	**20** **10:00 Vendor: Rug Hookings by Catherine. (11am to 6pm) (ML)** 10:30 Fit Minds *Interactive* (DDH) 10:45 Daily Chronicles (DDH) 11:00 Seated Dance Class w/ Katya (CC) 12:00 Lunch-In: Sorento Pasta Party! - *Sign up at the front Desk* (B/B) 2:00 Physical Game (DDH) 3:30 Afternoon Series: East of Eden Ep3 ' In the Valley ' (T&L) 6:00 Game Night: BlackJack! (DDH) 7:00 Friday Night Movie and Popcorn: Sophie's Choice (T&L)	**21** 10:00 Stretching & Mobility Exercise (ALR) **10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)** 1:30 Gentle Fitness w/ Fahimah (DDH) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Asia" (T&L) 2:00 MOMA: Painting & Colouring (DDH) 3:00 Saturday Series: The Golden Girls (ALR) 4:00 Sing Along w/ Susie Q. (ALR) 7:00 Movie Night: Robin Hood (1991) (T&L)

November 2026

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Assisted Living

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Dental Hygienist *Sign up at the Front Desk* (SPA) 9:45 Gentle Stretches & Exercises (ALR) 10:15 Virtual Church Service (ALR) 10:30 Spiritual Hymns (ALR) **11:00 Vendor: Anish Tradition (11am to 3pm) (ML)** 11:00 Go 4 Life Walking (MIL) 2:00 Artful Corner & Conversations (DDH) 2:30 Spanish Lessons with Valentina (CC) 3:00 Afternoon Classic Movie (ALR) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania! (B/B) 7:00 Movie Night: The French Connection (T&L)	**23** 10:00 Virtual Chair Yoga w/ Sherry (ALR) 10:30 Wheel Of Fortune (ALR) 11:00 Armchair Travel (ALR) 1:30 Sing Fit (ALR) 2:30 Group Soccer *w/ Pool Noodles* (DDH) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:00 Guided Meditations ' Softening Tension ', Session 4 (T&L) 3:30 Short Stories Reading (ALR) 6:30 Word Search, Daily Chronicles & Chit Chat (DDH) 7:00 Musical Movie Mondays: I Will Always Love You - A Celebration of Dolly Parton (T&L)	**24** 10:00 Get Moving w/ Seated Zumba (ALR) 10:30 Picture Bingo (DDH) 1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC) 2:30 Group Crossword (DDH) **3:00 Afternoon Tea & Treats Social! (B/B)** 4:00 Nature Walk and Reflection (MIL) 6:30 Sing Along Songs: Karaoke - Your Pick w/ RSAs (ALR) 7:00 Movie Night: Thelma and Louise (T&L)	**25** 10:30 Gentle Fitness w/ Sepi (DDH) **11:00 Mens Club Meeting w/ Shanay (B/B)** 11:00 Tech Help *Sign up at Reception* (STS) 11:00 Concert In Care (ALR) 2:00 Card Games & Coffee Time (DDH) 3:00 Trivia & Games (DDH) 3:30 Monthly Birthday Happy Hour ' November Birthdays' w/ Name that Tune Guessing Game (B/B) **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)** 7:00 Movie Night: Forrest Gump (T&L)	**26** 10:00 National Geographic Series (ALR) 10:15 Communion & Prayers w/ Elfreida & James (T&L) 10:30 Java Music Club (ALR) 11:30 Lunch Outing: Joey's Don Mills * Sign up at the Front Desk* (OUT) 1:30 Culinary Meeting (T&L) **2:45 Activities Meeting w/ LE Supervisor Noor! *Share Your Thoughts* (DDH)** **3:00 Tea & Treats Social w/ Joe's Timeless Tunes (B/B)** 3:30 Drumfit w/ Noor (DDH) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Primal Fear (T&L)	**27** 10:00 Fit Minds *Interactive* (DDH) 10:00 Outing Bayview Mall * Sign up at the Front Desk* (OUT) 10:00 Prime Series: Chris Tarrant: Extreme Railways ' Night Train to Patagonia' (T&L) 10:45 Daily Chronicles (DDH) **1:00 Resident Run: Staff Christmas Collection Table (ML)** 2:00 Afternoon Series: East of Eden Ep4 ' Kate ' (T&L) 2:30 Manicures & Hand Masks w/ Relaxing Music (DDH) **3:30 Happy Hour and Entertainment w/ Violinist Natalie Wong (B/B)** 7:00 Friday Night Movie and Popcorn: Rush Hour (T&L)	**28** **10:00 Morning Entertainment with Bryan and Mary Ann (MC)** 1:30 Gentle Fitness w/ Fahimah (DDH) 2:00 MOMA Presentation: George Campbell Tinning (ALR) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Australia" (T&L) 2:30 Afternoon Social & Art (DDH) 3:00 Saturday Series: The Golden Girls (ALR) 4:00 Sing Along w/ Susie Q. (ALR) 7:00 Movie Night: The Family Stone (T&L)
29 9:45 Gentle Stretches & Exercises (ALR) 10:15 Virtual Church Service (ALR) 10:30 Spiritual Hymns (ALR) 11:00 Go 4 Life Walking (MIL) 2:00 Artful Corner & Conversations (DDH) 3:00 Afternoon Classic Movie (ALR) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania!- Jeopardy Style (T&L) 7:00 Movie Night: Meet the Parents (T&L)	**30** 10:00 Virtual Chair Yoga w/ Sherry (ALR) 10:30 Wheel Of Fortune (ALR) 11:00 Armchair Travel (ALR) 1:30 Sing Fit (ALR) 1:30 Musical Movie Mondays: White Christmas (T&L) 2:30 Group Soccer *w/ Pool Noodles* (DDH) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:00 Christmas Decorating and Special Holiday Drink w/ Life Enrichment *Sign Up at Reception* (MIL) 3:30 Short Stories Reading (ALR) 6:30 Word Search, Daily Chronicles & Chit Chat (DDH) 7:00 Musical Movie Mondays: White Christmas (T&L)					



Remembrance Day



National Family Caregivers Month



Diwali

Be Celebrated

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program

Highlight

Locations Legend

Assisted Living Room (ALR)

Decadence Dining Hall (DDH)

Great Escapes (T&L)

Don's Bar/Bistro (B/B)

Meet In Lobby (MIL)

The Country Club (CC)

Suite-to-Suite (STS)

Mills Lobby (ML)

Outing (OUT)

Spa (SPA)

Dining Room (DR)

Concierge (C)

Memory Care (MC)