Verve INSPIRED SENIOR LIVING

November 2026

Don Mills Retirement Residence

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Virtual Gentle Fitness (CC) **10:30 Crafter's Corner - Knitting and Crocheting Social Group (B/B)** 11:00 Activity Booklet *Front Desk* (C) **1:00 Sunday National Football League: Ravens vs Bills (B/B)** 1:30 Virtual Seated Tai Chi (CC) 2:00 Sunday Series: The Crown S6 E1 ' Persona Non Grata ' (T&L) 2:30 $1 Bingo (CC) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania! (B/B) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: It's A Wonderful Life (T&L)	**2** 10:00 Better Your Mind - Fit Minds (S1) (CC) 11:00 Better Your Mind - Fit Minds (S2) (CC) **1:30 Paraffin Wax Treatment *Sign up at Reception* (B/B)** 2:30 Silver Sneakers Class w/ Shanay (CC) **3:00 Afternoon Tea and Treats Social! (B/B)** **3:00 Activities Meeting w/ Life Enrichment Manager Shanay *Share your thoughts* (T&L)** 3:30 Rummy & Sequence Card Games! (CC) 7:00 Musical Movie Mondays: Oklahoma (1956) (T&L)	**3** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 10:30 Virtual Full Body Chair Workout w/ Curtis Adams (CC) 11:15 Virtual Strength & Balance (CC) 1:30 Artfull Enrichment Crafternoon: Remembrance Day Wreath Decor *Sign up at the front desk* (CC) 2:30 Let's Play: Mahjong! (CC) **3:00 Afternoon Tea & Treats Social! (B/B)** 3:30 What's In A Word? (T&L) 3:30 Nature Walk & Reflection (MIL) 6:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Dunkirk (T&L)	**4** **9:30 Music Therapy w/ Arianne (ALR)** 10:00 Functional Exercise w/ Kelly (CC) 11:00 Tech Help *Sign up at Reception* (STS) 2:00 Bocce Tournament (DR) 2:00 Movie Matinee: 42 (T&L) 3:30 Farewell Happy Hour for GM Stu (B/B) **6:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)** 6:30 Texas Hold'em *Bring $2* **6 spots max** (CC) **6:30 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby *Sign Up at Front Desk* (STS)** 7:00 Movie Night: 42 (T&L)	**5** **9:00 Flu Clinic (B/B)** 10:15 Communion & Prayers w/ Elfreida & James (T&L) 11:00 Sit & Be Fit w/ Shanay (CC) 11:00 Tech Help *Sign Up at Reception* (STS) **2:00 Residents Forum (T&L)** **3:00 Tea & Treats Social w/ Joe's Timeless Tunes (B/B)** 3:30 Quiddler & Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: The Bridges of Madison Country (T&L)	**6** 10:00 Prime Series: Chris Tarrant: Extreme Railways S3 ' Ice Train to Nowhere ' (T&L) **11:00 Walking Word Search (*)** 11:00 Seated Dance Class w/ Katya (CC) 1:30 Come Play Euchre (CC) 2:00 Afternoon Series: East of Eden Ep1 ' Brothers ' (T&L) 3:30 Happy Hour and Entertainment w/ Trumpeter Brigham Philips and Guitarist Bill Bridges (B/B) 7:00 Friday Night Movie and Popcorn: Creed (T&L)	**7** 10:00 Word Game: Wordle (T&L) **10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)** 1:30 Gentle Fitness w/ Fahimah (DDH) 1:30 Drum Fit w/ Noor (CC) 2:00 Resident Run: Social Bridge (CC) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Americas " (T&L) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Curly Sue (T&L)
8 10:00 Virtual Gentle Fitness (CC) **10:30 Crafter's Corner - Knitting and Crocheting Social Group (B/B)** 11:00 Activity Booklet *Front Desk* (C) **1:00 Sunday National Football League: Broncos and Panthers (B/B)** 1:30 Virtual Seated Tai Chi (CC) 2:30 Spanish Lessons with Valentina (CC) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania! (B/B) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Pocketful of Miracles (T&L)	**9** 10:00 Better Your Mind - Fit Minds (S1) (CC) 11:00 Better Your Mind - Fit Minds (S2) (CC) **1:30 Paraffin Wax Treatment *Sign up at Reception* (B/B)** **1:30 Hearing Clinic w/ Martin * Sign-up at the Front Desk* (SPA)** 2:30 Silver Sneakers Class w/ Shanay (CC) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:00 Guided Meditations ' Softening Tension ', Session 3 (T&L) 3:30 Rummy & Sequence Card Games! (CC) 7:00 Musical Movie Mondays: The Supremes (T&L)	**10** 10:30 Virtual Full Body Chair Workout w/ Curtis Adams (CC) 11:15 Virtual Strength & Balance (CC) 2:00 Bocce Tournament (DR) 2:30 Let's Play: Mahjong! (CC) **3:00 Afternoon Tea & Treats Social! (B/B)** 3:30 What's In A Word? (T&L) 3:30 Nature Walk & Reflection (MIL) 6:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Tootsie (T&L)	**11** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 10:00 A Remembrance Day Ceremony with Entertainment by John Amato (B/B) 11:00 Tech Help *Sign up at Reception* (STS) **1:30 Guest Speaker Lianne Harris: 'The Titanic Era' (T&L)** 2:30 Functional Exercise w/ Kelly (CC) **3:00 $3 Cocktail Hour and Wheel of Fortune! (B/B)** 3:30 Come Play Scrabble (CC) **6:30 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby *Sign Up at Front Desk* (STS)** 7:00 Movie Night: The Parent Trap (T&L)	**12** **9:00 Covid Clinic (B/B)** 10:15 Communion & Prayers w/ Elfreida & James (T&L) 11:00 Sit & Be Fit w/ Shanay (CC) 11:00 Tech Help *Sign Up at Reception* (STS) **11:00 Vendor: Loila's Fashion - Women's and Men's Clothing, Fashion, Jewelry and accessories. (11am to 3pm) (ML)** 1:30 MOMA Artist Highlight: Art Gallery of Ontario Presents Ray Cronin on Painter Alex Colville (T&L) 2:00 Fall High Tea Social w/ Entertainment by Harpist Denise Fung *Wear your best fascinator* (Sign up at the front desk) (DR) 3:30 Quiddler & Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: North By Northwest (T&L)	**13** 10:00 Outing: Moccasin Trail (OUT) **11:00 Walking Word Search (*)** 11:00 Chair Yoga w/ Sue (CC) 11:00 Vendor: 5th Avenue Jewelry (11am-3pm) (ML) 1:30 Come Play Euchre (CC) 2:00 Afternoon Series: East of Eden Ep2 ' Cathy ' (T&L) **3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)** 4:30 Living, Loving Local Dinner (DR) 7:00 Friday Night Movie and Popcorn: The Terminator (T&L)	**14** 10:00 Word Game: Wordle (T&L) 10:30 Morning Tea and MOMA Painting Program: Alex Colville (CC) 1:30 Gentle Fitness w/ Fahimah (DDH) 1:30 Drum Fit w/ Noor (CC) 2:00 Resident Run: Social Bridge (CC) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Africa" (T&L) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Steel Magnolias (T&L)
15 10:00 Virtual Gentle Fitness (CC) **10:30 Crafter's Corner - Knitting and Crocheting Social Group (B/B)** 11:00 Activity Booklet *Front Desk* (C) **1:00 Sunday National Football League: Bills and Jets (B/B)** 1:30 Virtual Seated Tai Chi (CC) 2:00 Sunday Series: The Crown S6 Ep 3 ' Dis- Moi Qui ' (T&L) 2:30 $1 Bingo (CC) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania!- Jeopardy Style (T&L) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: A Home of our Own (T&L)	**16** 10:00 Better Your Mind - Fit Minds (S1) (CC) 11:00 Better Your Mind - Fit Minds (S2) (CC) **11:00 Vendor: Triple Eight Clothing (11am to 3pm) (ML)** **1:30 Paraffin Wax Treatment *Sign up at Reception* (B/B)** 1:30 Musical Movie Mondays: Mary Poppins Returns (T&L) 2:30 Silver Sneakers Class w/ Shanay (CC) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:30 Rummy & Sequence Card Games! (CC) 7:00 Musical Movie Mondays: Mary Poppins Returns (T&L)	**17** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** Home Library Service **Exchange** (C) 10:30 Virtual Full Body Chair Workout w/ Curtis Adams (CC) 11:15 Virtual Strength & Balance (CC) 1:30 Artful Expedition: Iluminating Iceland (T&L) 2:30 Let's Play: Mahjong! (CC) **3:00 Afternoon Tea & Treats Social! (B/B)** 3:30 What's In A Word? (T&L) 3:30 Nature Walk & Reflection (MIL) 6:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Mrs. Doubtfire (T&L)	**18** **9:30 Music Therapy w/ Arianne (ALR)** 10:00 Functional Exercise w/ Kelly (CC) **10:45 Resident Run: Staff Christmas Collection Table (ML)** 11:00 Tech Help *Sign up at Reception* (STS) 2:00 Movie Matinee: You've Got Mail (T&L) 2:30 Outing: Rematch Don Mills vs Canterbury Trivia Competiton (OUT) 3:30 Come Play Scrabble (CC) **3:30 $3 Cocktail Hour and Billiards (B/B)** 6:30 Texas Hold'em *Bring $2* **6 spots max** (CC) **6:30 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby *Sign Up at Front Desk* (STS)** 7:00 Movie Night: You've Got Mail (T&L)	**19** 10:00 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT) 10:15 Communion & Prayers w/ Elfreida & James (T&L) 11:00 Tech Help *Sign Up at Reception* (STS) 11:00 Virtual Full Body Chair workout w/ Curtis Adams (CC) 2:00 Scattegories with Bailey's Hot Chocolate (B/B) **3:00 Tea & Treats Social w/ Joe's Timeless Tunes (B/B)** 3:30 Quiddler & Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Vice (T&L)	**20** **10:00 Health and Wellness Blood Pressure Clinic (T&L)** **10:00 Vendor: Rug Hookings by Catherine. (11am to 6pm) (ML)** **11:00 Walking Word Search (*)** 11:00 Seated Dance Class w/ Katya (CC) 12:00 Lunch-In: Sorento Pasta Party! - *Sign up at the front Desk* (B/B) 1:30 Come Play Euchre (CC) **2:30 Happy Hour and Entertainment w/ Ed Cotton (B/B)** 3:30 Afternoon Series: East of Eden Ep3 ' In the Valley ' (T&L) 7:00 Friday Night Movie and Popcorn: Sophie's Choice (T&L)	**21** 10:00 Word Game: Wordle (T&L) **10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)** 1:30 Gentle Fitness w/ Fahimah (DDH) 1:30 Drum Fit w/ Noor (CC) 2:00 Resident Run: Social Bridge (CC) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Asia" (T&L) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Robin Hood (1991) (T&L)

Verve | INSPIRED SENIOR LIVING

November 2026

Don Mills Retirement Residence

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Dental Hygienist *Sign up at the Front Desk* (SPA) 10:00 Virtual Gentle Fitness (CC) **10:30 Crafter's Corner - Knitting and Crocheting Social Group (B/B)** 11:00 Activity Booklet *Front Desk* (C) **11:00 Vendor: Anish Tradition (11am to 3pm) (ML)** **1:00 Sunday National Football League: Chiefs vs Cardinals (B/B)** 1:30 Virtual Seated Tai Chi (CC) 2:00 Sunday Series: The Crown S6 Ep 4 ' Aftermath ' (T&L) 2:30 Spanish Lessons with Valentina (CC) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania! (B/B) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: The French Connection (T&L)	**23** 10:00 Better Your Mind - Fit Minds (S1) (CC) 11:00 Better Your Mind - Fit Minds (S2) (CC) **1:30 Paraffin Wax Treatment *Sign up at Reception* (B/B)** 2:30 Silver Sneakers Class w/ Shanay (CC) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:00 Guided Meditations ' Softening Tension ', Session 4 (T&L) 3:30 Rummy & Sequence Card Games! (CC) 7:00 Musical Movie Mondays: I Will Always Love You - A Celebration of Dolly Parton (T&L)	**24** 10:30 Virtual Full Body Chair Workout w/ Curtis Adams (CC) 11:15 Virtual Strength & Balance (CC) 1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC) 2:30 Let's Play: Mahjong! (CC) **3:00 Afternoon Tea & Treats Social! (B/B)** 3:30 What's In A Word? (T&L) 3:30 Nature Walk & Reflection (MIL) 6:30 Resident Run: Rummikub (CC) 7:00 Movie Night: Thelma and Louise (T&L)	**25** 10:00 Functional Exercise w/ Kelly (CC) 10:45 Moma Artist Highlight: Canada's Forgotten WWII War Artisit - Stories behind the Paintings (T&L) **11:00 Mens Club Meeting w/ Shanay (B/B)** 11:00 Tech Help *Sign up at Reception* (STS) 2:00 Bocce Tournament (DR) 2:00 Movie Matinee: Forrest Gump (T&L) 3:30 Come Play Scrabble (CC) 3:30 Monthly Birthday Happy Hour ' November Birthdays' w/ Name that Tune Guessing Game (B/B) 6:30 Texas Hold'em *Bring $2* **6 spots max** (CC) **6:30 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby *Sign Up at Front Desk* (STS)** 7:00 Movie Night: Forrest Gump (T&L)	**26** 10:15 Communion & Prayers w/ Elfreida & James (T&L) 11:00 Tech Help *Sign Up at Reception* (STS) 11:00 Virtual Full Body Chair workout w/ Curtis Adams (CC) 11:30 Lunch Outing: Joey's Don Mills * Sign up at the Front Desk* (OUT) 1:30 Culinary Meeting (T&L) 2:00 $1 Bingo (CC) **3:00 Tea & Treats Social w/ Joe's Timeless Tunes (B/B)** 3:30 Quiddler & Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Primal Fear (T&L)	**27** 10:00 Outing Bayview Mall * Sign up at the Front Desk* (OUT) 10:00 Prime Series: Chris Tarrant: Extreme Railways ' Night Train to Patagonia' (T&L) **11:00 Walking Word Search (*)** **1:00 Resident Run: Staff Christmas Collection Table (ML)** 1:30 Come Play Euchre (CC) 2:00 Afternoon Series: East of Eden Ep4 ' Kate ' (T&L) **3:30 Happy Hour and Entertainment w/ Violinist Natalie Wong (B/B)** 7:00 Friday Night Movie and Popcorn: Rush Hour (T&L)	**28** 10:00 Word Game: Wordle (T&L) 10:30 Morning Tea and MOMA Painting Program: George Campbell Tinning (CC) 1:30 Gentle Fitness w/ Fahimah (DDH) 1:30 Drum Fit w/ Noor (CC) 2:00 Resident Run: Social Bridge (CC) 2:00 Afternoon Series: PBS Documentaries " First Peoples - Australia" (T&L) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Resident Run: Rummikub (CC) 7:00 Movie Night: The Family Stone (T&L)
29 10:00 Virtual Gentle Fitness (CC) **10:30 Crafter's Corner - Knitting and Crocheting Social Group (B/B)** 11:00 Activity Booklet *Front Desk* (C) **1:00 Sunday National Football League: Falcons vs Vikings (B/B)** 1:30 Virtual Seated Tai Chi (CC) 2:00 Sunday Series: The Crown S6 Ep 5 ' Willsmania ' (T&L) 2:30 $1 Bingo (CC) 3:00 Afternoon Tea & Treats Social! (B/B) 3:30 Triviamania!- Jeopardy Style (T&L) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Meet the Parents (T&L)	**30** 10:00 Better Your Mind - Fit Minds (S1) (CC) 11:00 Better Your Mind - Fit Minds (S2) (CC) **1:30 Paraffin Wax Treatment *Sign up at Reception* (B/B)** 1:30 Musical Movie Mondays: White Christmas (T&L) 2:30 Silver Sneakers Class w/ Shanay (CC) **3:00 Afternoon Tea and Treats Social! (B/B)** 3:00 Christmas Decorating and Special Holiday Drink w/ Life Enrichment *Sign Up at Reception* (MIL) 3:30 Rummy & Sequence Card Games! (CC) 7:00 Musical Movie Mondays: White Christmas (T&L)	 Remembrance Day	 Diwali			



Be Celebrated

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program
Highlight

Locations Legend

The Country Club (CC)
Great Escapes (T&L)
Don's Bar/Bistro (B/B)
Suite-to-Suite (STS)
Meet In Lobby (MIL)
Mills Lobby (ML)
Concierge (C)
Dining Room (DR)
Outing (OUT)
1st or 2nd floor (*)
Decadence Dining Hall (DDH)
Spa (SPA)
Assisted Living Room (ALR)