November 2026

Memory Care Household Calendar

Verve INSPIRED SENIOR LIVING

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	**2** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Number Bingo! (2K) 1:30 Ladder Toss (2DR) 2:30 Tea Time & Trivia! (2K) 3:30 Sing A Long Afternoon (2K) 6:30 Music & Therapeutic Colouring (2MP)	**3** 9:30 Music and Movement (2MP) 10:30 Gardening Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Craft Afternoon: Rememberance Day Themed (2MP) 3:00 Music Trivia (2FP) 3:00 Manicures With Life Enrichment! (2LR) 6:30 Comedy Movie Night & Popcorn! (2LR) 7:00 Reading Circle With PSW (2FH)	**4** 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Musical Instrument Bingo! (2MP) 1:30 Afternoon Entertainment With Marcus! (2K) 2:30 Fresh Smoothies & Fit Minds! (2K) 3:30 Dance, Dance, Dance! (2K) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	**5** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Summer Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Spot The Difference ! (2K) 2:30 Who AM I Trivia & Refreshments (PB) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	**6** 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Fall Colour Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Friday Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)	**7** 10:00 Virtual Sing A Long (2LR) 11:00 GO 4 Life Walking Club (2FH) 11:00 Yoga & Stretching Class (2DR) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
8 10:00 Virtual Church Service (2LR) 10:30 Morning Exercise (2LR) 11:00 GO 4 Life Walking Club (2FH) 1:00 Bingo Afternoon! (2LR) 2:30 Afternoon Tea & Treats (2DR) 3:00 Afternoon Movie Matinee With Popcorn (T) 6:30 Card Game Night (2MP)	**9** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Number Bingo! (2K) 1:30 Bean Bag Toss (2DR) 2:30 Tea Time & Trivia! (2K) 3:30 Sing A Long Afternoon (2K) 6:30 Music & Therapeutic Colouring (2MP)	**10** 9:30 Music and Movement (2MP) 10:30 Gardening Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Making Poppies! (2MP) 3:00 Music Trivia (2FP) 3:00 Manicures With Life Enrichment! (2LR) 6:30 Comedy Movie Night & Popcorn! (2LR) 7:00 Reading Circle With PSW (2FH)	**11** 9:30 Morning Yoga and Stretch Exercise (2MP) 10:30 Musical Instrument Bingo! (2MP) 1:30 Rememberance Day Craft (2K) 2:30 Poppy Themed Tea Party (2K) 3:30 Dance, Dance, Dance! (2K) 6:00 Evening Snack Social & Trivia (2MP) 7:00 Bingo Night With MC Nursing Team! (2MP)	**12** 9:30 Sing Fit *New Signature Program* (2MP) 10:30 Summer Bingo! (2MP) 11:00 GO 4 Life Walking Club (2K) 1:30 Spot The Difference ! (2K) 2:30 Who AM I Trivia & Refreshments (PB) 3:30 Java Music Club (2LR) 7:00 Colour By Numbers (2K)	**13** 9:30 Drum Fit Exercise Class (2DR) 10:30 School Days Bingo! (2K) 11:00 Pool Noodle Balloon Volleyball (2LR) 1:00 Fall Colour Scenic Outing Drive (RSVP) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Friday Sing A Long! (2K) 6:30 Comedy Movie Night & Popcorn! (2LR)	**14** 10:00 Virtual Sing A Long (2LR) 11:00 GO 4 Life Walking Club (2FH) 11:00 Yoga & Stretching Class (2DR) 2:00 Afternoon Tea & Treats! (2DR) 3:00 Movie Popcorn Matinee (2LR) 6:30 Reminiscing Group (2LR)
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INSPIRED SENIOR LIVING

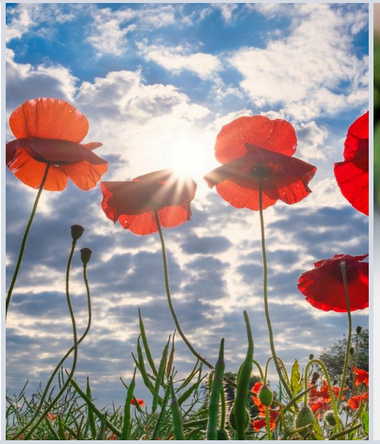
November 2026

Memory Care Household Calendar

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

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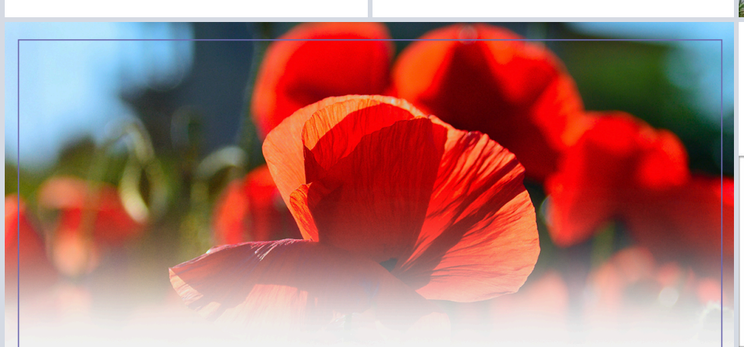




Movember



National Cappuccino Day



Remembrance Day

Be Celebrated

Locations Legend

- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Kitchen (2K)
- 2nd Floor Living Room (2LR)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Hallways (2FH)
- 2nd Floor Patio (2FP)
- Theater (T)
- Pub/Bistro (PB)
- Outing (RSVP)

Calendar Legend

- Outing
- Special Program
- **Theme Day**
- Meet Me at the MOMA
- Living, Loving, Local Signature Program