November 2026

Don Mills Retirement Residence

Memory Care Household

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Walking Party w/RSAs (MC) 10:00 Ball Toss (MC) 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Balloon Basketball (MC) 2:30 Chef Choice Social (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	**2** 9:30 Morning News w/RSAs (MC) 10:00 Seated Yoga (MC) 10:30 Card Game: Trash Cards (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) 2:30 Chef Choice Social (MC) 2:30 You and Me Time with the Household Team (MC) 2:30 Group Soccer *w/ Pool Noodles* (DDH) 3:30 Armchair Travel: Wonders of Italy - Jordan (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	**3** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	**4** 9:45 Fall Prevention w/ Sepi (MC) 10:00 Evelyn's Baking Corner (MC) **10:30 Music Therapy w/ Arianne (MC)** 1:30 Let's Experiment: Elephant's Toothpaste (MC) 2:00 Freshly Baked Goods Social (MC) 3:30 Go 4 Life Walking (MC) 6:00 Evening Movie (MC) **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)**	**5** 9:45 Finish the Proverb w/ RSAs (MC) 11:00 Card Game: Find the Match (MC) 1:30 Outing: Scenic Drive (OUT) 2:00 Chef Choice Social (MC) 3:00 Artfull Enrichment Crafternoon: Poppy Paper Mache (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**6** 9:45 Ring Toss w/ RSAs (MC) 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 1:30 MOMA Painting (MC) 2:00 Munchies & Mocktails Social (MC) 3:00 Name That Tune Guessing Game (MC) 4:00 Life Skills: Helping w/ Dinner (MC) 5:30 Friday Dance Party! (MC)	**7** 9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) **10:00 Morning Entertainment w/ Marcus (MC)** 10:30 Drum Fit (DDH) 1:30 Meditation & Mandala Colouring (MC) 2:30 Chef Choice Social (MC) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)
8 9:45 Walking Party w/RSAs (MC) 10:00 Ball Toss (MC) 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Balloon Basketball (MC) 2:30 Chef Choice Social (MC) 3:00 Afternoon Classic Movie (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	**9** 9:30 Morning News w/RSAs (MC) 10:00 Seated Yoga (MC) 10:30 What Am I? (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) **1:30 Hearing Clinic w/ Martin * Sign-up at the Front Desk* (SPA)** 2:30 Chef Choice Social (MC) 2:30 Group Soccer *w/ Pool Noodles* (DDH) 2:30 You and Me Time with the Household Team (MC) 3:30 Armchair Travel: Wonders of Norway (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	**10** 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	**11** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 9:45 Fall Prevention w/ Sepi (MC) 10:00 Evelyn's Baking Corner (MC) 10:00 A Remembrance Day Ceremony with Entertainment by John Amato (B/B) 10:30 Daily Chronicles (MC) 10:45 Sing Along w/ Susie Q (MC) 1:30 Guess The Flavour! (MC) 2:00 Freshly Baked Goods Social (MC) 3:30 Go 4 Life Walking (MC) 6:00 Evening Movie (MC) **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)**	**12** 9:45 Finish the Proverb w/ RSAs (MC) 11:00 Card Game: Find the Match (MC) 2:00 Fall High Tea Social w/ Entertainment by Harpist Denise Fung *Wear your best fascinator* (Sign up at the front desk) (DR) 2:00 Chef Choice Social (MC) 3:00 Artfull Enrichment Crafternoon: Peacock Collage Group Project (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**13** 9:45 Ring Toss w/ RSAs (MC) 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 1:30 MOMA Painting (MC) 2:30 Munchies & Mocktails Social (MC) 4:00 Life Skills: Helping w/ Dinner (MC) 4:30 Living, Loving Local Dinner (DR) 6:00 Evening Movie (MC)	**14** 9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) 10:30 Drum Fit (DDH) 11:15 Go 4 Life Walking (MC) 1:30 Meditation & Mandala Colouring (MC) 2:30 Chef Choice Social (MC) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)
15 9:45 Walking Party w/RSAs (MC) 10:00 Ball Toss (MC) 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Balloon Basketball (MC) 2:30 Chef Choice Social (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	**16** 9:30 Morning News w/RSAs (MC) 10:00 Seated Yoga (MC) 10:30 Card Game: Trash Cards (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) 2:30 Chef Choice Social (MC) 2:30 Group Soccer *w/ Pool Noodles* (DDH) 2:30 You and Me Time with the Household Team (MC) 3:30 Armchair Travel: Wonders of India (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	**17** **Foot Care Nurse *Sign Up at the Front Desk* (STS)** 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	**18** 9:45 Fall Prevention w/ Sepi (MC) 10:00 Evelyn's Baking Corner (MC) **10:30 Music Therapy w/ Arianne (MC)** **10:45 Resident Run: Staff Christmas Collection Table (ML)** 1:00 Let's Experiment: Spirit Flame (MC) 2:00 Freshly Baked Goods Social (MC) 3:30 Art Project: Wishing Tree (MC) 3:30 Go 4 Life Walking (MC) 6:00 Evening Movie (MC) **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)**	**19** 9:45 Finish the Proverb w/ RSAs (MC) 11:00 Card Game: Find the Match (MC) 1:30 Outing: Timmies Run and Games (MC) 2:00 Chef Choice Social (MC) 3:00 Artfull Enrichment Crafternoon: Fall Wreaths! (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**20** 9:45 Ring Toss w/ RSAs (MC) 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) 1:30 MOMA Painting (MC) 2:00 Munchies & Mocktails Social (MC) **2:30 Happy Hour and Entertainment w/ Ed Cotton (B/B)** 4:00 Life Skills: Helping w/ Dinner (MC) 5:30 Friday Dance Party! (MC)	**21** 9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) **10:00 Morning Entertainment w/ Marcus (MC)** 10:30 Drum Fit (DDH) 11:15 Go 4 Life Walking (MC) 1:30 Meditation & Mandala Colouring (MC) 2:30 Chef Choice Social (MC) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)

November 2026

Don Mills Retirement Residence

Memory Care Household

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Dental Hygienist *Sign up at the Front Desk* (SPA) 9:45 Walking Party w/RSAs (MC) 10:00 Ball Toss (MC) 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Balloon Basketball (MC) 2:30 Chef Choice Social (MC) 3:00 Afternoon Classic Movie (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	**23** 9:30 Morning News w/RSAs (MC) 10:00 Seated Yoga (MC) 10:30 What Am I? (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) 2:30 Chef Choice Social (MC) 2:30 Group Soccer *w/ Pool Noodles* (DDH) 2:30 You and Me Time with the Household Team (MC) 3:30 Armchair Travel: Wonders of Australia (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	**24** 9:45 Let's Roll It! w/RSAs (MC) 10:00 Streching and Mobility w/ Shanay (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fit Minds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Colouring & Conversations! (MC) 6:00 What Happened This Week (MC)	**25** 9:45 Fall Prevention w/ Sepi (MC) 10:00 Evelyn's Baking Corner (MC) 10:30 Daily Chronicles (MC) 10:45 Sing Along with Susie Q (MC) 1:30 World of Fashion (MC) 2:00 Freshly Baked Goods Social (MC) 3:30 Monthly Birthday Happy Hour ' November Birthdays' w/ Name that Tune Guessing Game (B/B) 3:30 Go 4 Life Walking (MC) 6:00 Evening Movie (MC) **6:00 St. John Ambulance Pet Therapy w/ Pat & Golden Retriever Ruby (DDH)**	**26** 9:45 Finish the Proverb w/ RSAs (MC) 11:00 Card Game: Find the Match (MC) 1:30 Stretching & Mobility Exercise (MC) 2:00 Chef Choice Social (MC) 3:00 Artfull Enrichment Crafternoon: Making Paper Flowers (MC) 4:00 Sing Fit (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**27** 9:45 Ring Toss w/ RSAs (MC) 10:00 Get Moving w/ Seated Zumba (MC) 10:30 Noodle Balloon (MC) **1:00 Resident Run: Staff Christmas Collection Table (ML)** 1:30 MOMA Painting (MC) 2:00 Munchies & Mocktails Social (MC) 3:00 Name That Tune Guessing Game (MC) 4:00 Life Skills: Helping w/ Dinner (MC) 6:00 Evening Movie (MC)	**28** 9:45 Bracelet Beading with Pipe Cleaners w/ RSAs (MC) **10:00 Morning Entertainment with Bryan and Mary Ann (MC)** 11:00 Drum Fit w/ Noor (DDH) 11:15 Go 4 Life Walking (MC) 1:30 Meditation & Mandala Colouring (MC) 2:30 Chef Choice Social (MC) 4:00 Memory Lane Sing Along (MC) 6:00 Magazine Hunt/ RSA (MC)
29 9:45 Walking Party w/RSAs (MC) 10:00 Ball Toss (MC) 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 1:30 Manicures & Hand Massages w/ Music (MC) 2:00 Balloon Basketball (MC) 2:30 Chef Choice Social (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Andre Rieu in Concert (MC)	**30** 9:30 Morning News w/RSAs (MC) 10:00 Seated Yoga (MC) 10:30 Card Game: Trash Cards (MC) 11:00 Walking Party (MC) 1:30 Picture Bingo (MC) 2:30 Chef Choice Social (MC) 2:30 Group Soccer *w/ Pool Noodles* (DDH) 2:30 You and Me Time with the Household Team (MC) 3:00 Christmas Decorating and Special Holiday Drink w/ Life Enrichment *Sign Up at Reception* (MIL) 3:30 Armchair Travel: Wonders of United Kingdom (MC) 6:00 Sing Along Songs: Karaoke - Your Pick w/ RSAs (MC)	 Diwali	 National Family Caregivers Month			


Remembrance Day

Be Celebrated

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program
Highlight
Active Week

Locations Legend

Memory Care (MC)
Decadence Dining Hall (DDH)
Suite-to-Suite (STS)
Don's Bar/Bistro (B/B)
Spa (SPA)
Dining Room (DR)
Mills Lobby (ML)
Outing (OUT)
Meet In Lobby (MIL)